

ASE Training Program

The ASE training program consists of 8 weeks of a PSIA based curriculum.

Week 1

Welcome overview and introduction to the ase program.

ASE scorecard

Senior standards

Senior score card

Key terms, define each

Week 2

Review terms, quiz with open discussion. Have candidates define.

Intro to the 5 fundamentals

Intro to movement analysis.

Video (1 only) review several times

Week 3

Snowboard

Snowboard 5 fundamentals

Key Terms

Key movement patterns at the senior standard

Ques for what to look for

Videos movement analysis

Relate snowboard movement patterns to skiing movement patterns using the 5 fundamentals

Week 4

Ski 5 fundamentals – review and have the candidates define each

Key terms – review and have the candidates define each

Movement analysis – video (only about 2 videos)

Introduce what the primary cause is for the movement you are seeing

Introduce how to develop a teaching progression

Introduce how to develop a teaching progression to help attain the desired outcome

Week 5

Review scorecard in terms of using the 5 fundamentals

Movement analysis and Lesson progressions (do as many videos as possible)

Week 6 on snow

Do movement analysis in real time (do 3 skiers and 3 snowboarders). Instructor to video to view later

On hill come up with a lesson progression to improve movement patterns of each

Introduce Senior standard for skiing and snowboarding.

Do demos at the senior standard video if possible.

Week 7 on snow

Review the videos from week prior. Both the skiers and snowboarders and demos at standard.

Develop teaching progressions for each video viewed

Move to snow, Movement analysis in real time again.

Develop lesson progression and then teach it on snow (as a group)

Week 8

Mock exam, to be done from beginning to end.

It's the instructors responsibility after week 8 to determine if the ASE candidate is ready to test. Use the score card to help determine the outcome. The candidate should possess the technical and teaching knowledge for all the snow sports disciplines. Also be able to perform demos at the senior standard. Candidates that are ready will be asked to attend the on hill ASE exam. If the candidate is not ready then they will be asked to go back and work on their deficiencies. Those people can still shadow or be an advocate at a senior exam.