

National Ski Patrol Central Division Senior Program

Aid Room Management Practice Scenarios



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Aid Room Management Practice Scenario 1

You are in charge of First Aid Room on a very busy weekend afternoon (2:30 PM) when a patient, transported by toboggan, is transferred to your responsibility for care by the responding Patroller on the hill. The responding Patroller re-packs the toboggan, drops off the patient's rental skis in the First Aid Room, and quickly returns to the hill because of the increasing number of accidents/injuries that need his support/response.

The responding Patroller tells you the following about the patient:

- His name is Tom
- He has had a collision with another un-injured skier who skied down and is now in the First Aid Room.
- Tom has a sprained knee (quick splint) and a bump/contusion on his forehead (no cuts or blood).
- Tom said at the accident scene that he had 2 young daughters that were skiing some where on the mountain that were supposed to meet him at the end of the day in the Rental Shop.

As you start to treat and question patient his level of consciousness (LOC) deteriorates and he is not able to communicate.

WHAT ACTIONS DO YOU TAKE (In order of priority)?

- 1. Will need to backboard the patient, call for extra Patrollers.
- 2. Determine level of responsiveness and prioritize over the knee injury. Treat serious head injury by administering high concentration of O2 (15 liter/min) with a non-re-breathing mask. Keep head elevated.
- **3.** Notify EMS of need for medical emergency transport.
- 4. Collect and document the vitals over time.
- 5. If LOR is stable expose/examine knee injury and place in cardboard splint. Apply cold pack.
- **6.** Question other skier about MOI, if he knows last name of patient, or names of daughters.
- 7. Radio responding Patroller to determine initial vitals, LOC and if he knows last name of patient.
- **8.** Fill out accident report utilizing other skiers and responding Patrollers input. Make sure to process information on rental equipment and return paperwork with skis per area protocol.
- 9. Continue to recheck and record vitals and LOC.

WHAT ACTIONS DO YOU TAKE TO LOCATE DAUGHTERS?

- 1. Search patient's clothes (with witness present) for identification (i.e. ski rental contract, driver's license, etc.).
- **2.** If successful in obtaining last name notify mgt. to utilize PA system and bulletin boards at lifts to instruct daughters to come to First Aid Room.
- **3.** If not successful in finding daughters, have someone wait at Rental Shop to meet daughters when they return equipment. Also notify Patrollers on hill of search.



Aid Room Management Practice Scenario 2

You are in charge of the First Aid Room on a busy, very cold and windy weekend with a full contingent of Patrollers on duty. You hear on the radio that a serious chair lift accident has occurred with many resulting accidents, some with very serious medical emergency injuries, and some with minor injuries. You know that you don't have enough space/beds in the First Aid Room to handle all the patients.

HOW DO YOU ACCOMADATE ALL THE PATIENTS?

1. You request additional enclosed space/facility from management. Mgt. provides the heated Ski School Building, which is on the slopes up hill (skiable) from the First Aid Room but does not have easy access to EMS vehicles.

WHAT IMMEDIATE ACTIONS DO YOU TAKE TO HANDLE MEDICAL EMERGENCY PATIENTS AND PROVIDE RESOURCES TO TEMPORARY FIRST AID FACILITY?

- 1. Notify EMS of need for several medical emergency transports.
- 2. Instruct Patrollers on hill to bring only serious medical emergency cases to Main First Aid Room because of easy access to EMS vehicles.
- **3.** Appoint a Senior/experienced Patroller to be in charge of Temporary First Aid Facility (with radio contact).
- **4.** Assign free Patrollers to help move needed first aid equipment to Temporary First Aid Facility (i.e. O2/masks, rubber gloves, cardboard splints, backboards, accident forms etc.). Since there are no beds/cots in Temporary First Aid Facility, you may have to keep patients in toboggans, unless needed.
- 5. Depending upon response of number/timing of EMS vehicles, you may have to supplement vehicle transport of serious medical emergencies with mgt. vehicles. Ask mgt. to have available
- **6.** Try to minimize the number of patient transfers/transports needed to enter the EMS. (i.e. don't transport patients from Temporary First Aid Facility to Main First Aid Facility and then to EMS vehicles. Try to time transport of patients from Temporary First Aid facility via toboggan or litter directly to EMS vehicles as they arrive.