

Rusty Parka News







NATIONAI Ski <mark>4</mark>94 Patrol

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Summer 2010

Division Director's Report



Jim Woodrum Division Director

summer and it feels like ski season is a long way off, not so rubber duckie. The Fall Central Division Meeting and OEC refreshers start in less than 10 weeks.

Hard to believe we are already gear-

ing up for refreshers and meetings already, but time is moving fast.

The Western Region has a full schedule planned for all those attending the fall meeting. Please see the schedule and plan to attend the meeting to hear about up to date happenings and also very important to honor those of our peers that will be recognized at the Division and National level for outstanding contribution and/or leadership. For those that have an interest we are also planning another motorcycle tour in conjunction with the fall meeting. This trip will be around Lake Superior concluding at the Twin Cities on Thursday night, September 9. If you would like to join the group of iron butts, please drop me an email to reserve a spot on the tour.

The OEC 5th Edition is moving along and should be published sometime in the 1st Quarter of 2011. There have been many many contributors to this book from authorship of chapters, to review of all the chapters, to pulling together the instructor materials to refresher materials. Thanks to all those that have given of their valuable time and support for this publication. The Fall 2010 refresher will use the 4th Edition. The Fall 2011 will be an update on the changes to book and focus on core skills required at your ski area. Then in the Fall 2012 the refresher cycle will begin with the A cycle which will focus on approximately the first third of the book and then continue on as we have previously with the B and C cycles in the next years.

Last winter we began a refresher process for all our Toboggan IT's during the STW's. It worked out very well and our IT's found out they could use a bit of brushing up with the feedback they received from their peers and our instructors. We will continue this process over the next few years until we have all IT's on a three year refresher cycle. This year we will introduce another process for all our Ski Evaluators with the Accredited Senior Evaluator program. We



Parka Picks

Fall Meeting Reg. Form Pq. 7 Fall Meeting Preview Pgs. 8-13 Lake Superior Cycle Tour Pg. 5 Kasten's Korner Pq. 2 MTR Reports and Photos Pg. 5 Pgs. 14-15 Alumni Data Pgs. 17-21 Winter Olympics Ladies Perfect Weekend Pg. 22 FCC Radio Regulations Pg. 23 Pg. 25 Region Reports NSP-C Ski School Grads Pg. 27 **Division Staff** Pgs. 29-32 Tail Rope Pg. 35

Division Directors Report Continued

will be asking all the lead evaluators used in the Senior Evaluation to go through this program for calibration and learning from one another. This will include our level II and III PSIA credentialed team members and our lead ski trainers from the various resorts. This activity is designed to get all the evaluators on the same page using the same terminology and scoring process to make it a calibrated process across the

Division.

Enjoy the rest of your summer and hopefully you will be able to join us in Minneapolis in early September.



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It Takes a Village



Famous words that hold great meaning for me. This past season I was finally successful at achieving my level III PSIA certification. I was on my fourth attempt, and while each unsuccessful trial got me closer to my goal, it was difficult to persist year after year. Something happened between years three and four . I became a "village project". I got tremendous support from all over the Division. There was not one place that I traveled to this year that someone did not grab me and take a few runs with me. It might have been two runs at lunch time in Minnesota or an hour in Marquette between Certified modules. Then there was the dry land center of mass drill delivered in Tom Anderson's kitchen and the "hula hoop" move on Mackinaw Island. The many runs of video analysis throughout the season, the reading of tracks on a fresh groomed carpet, the e-mails with new references and progressions, and even the loaning of different skis made getting through this event a "village" project. I got lectures about keeping

Linda Murphy Jacobs ADD

2

It Takes a Village Continued

my head in the game and not sabotaging my self with self doubt. I worked with our local ski school, and many of the PSIA ed staff offered me clinic time at their areas. My heartfelt thanks to all of you who gave me support and time over the years. I am proud of this achievement but I couldn't have done it without you!!I would urge all of you who are involved in completing a personal goal, whether it is Certified, Sr. ski and toboggan, OEC. or PSIA certification to seek help. Build the "village" by going outside your comfort zone, visiting other areas and by asking for help. Take advantage of the talented and passionate members we have in this organization. Be persistent. Focus on listening and learning. Become a "project".

Quoting Vince Lombardi

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Dan Somalski ADD

quote reads, "To succeed as a group, each person must do his or her job while trusting their team mates to do theirs." Vince Lombardi. Wow! What a concept. The doing your job is the easy part, the trust is the HARD part. The earning of the trust is the even HARDER part. How do you stack up?

Are you trusting of your associate patrollers? Do you trust their judgment? Do you second guess every decision others on your patrol make? Do you question every testing and training result? We are all in this patrolling thing together. We all want the same things. We all have a desire to help the skiing public enjoy the sport we love.

Getting the trust is the most difficult portion of our lives. Do you do what you say you are going to do? Have you failed on a commitment? Have you apologized when this has happened? Do you make promises you cannot or don't intend to keep? Sometimes we all need to work on these items. The term "Stand up guy" comes to mind. We all have a core group of friends or family that we can count on to come to our aid in times of need. These are people who will never question our decisions or judge us. We all have this same group that we afford these same courtesies. All I am asking is to widen that circle a bit. Give each other a brake and trust even though there is little reason to. Good things will happen.

See ya' on the white and slippery stuff.

OEC Update Summer 2010



Karen Hadden Division OEC Supervisor

gency Management courses starting in 2010 will be using the 4th edition. At the current time, roll out of the 5th edition will take place the first quarter 2011. All OEC Instructor Trainers and OEC Instructors will receive 5th edition updates as soon as the educational material is available (first quarter 2011).

The 5th edition meets the needs of the patroller while being appealing to medical professionals. I know you will be

2010, what a year this going is to be! We will be using the 4th edition Outdoor Emergency Care text for the last time. All OEC classes, refreshers and Senior Emer-

impressed with our new text. Thirty to forty authors have been involved in writing the text. The text workbook combination is being written for first time students with outlined objectives in each chapter. These will be the objectives the candidate will need to master to pass the evaluation. The text is a combination of wilderness and urban medicine. There will also be additional information for current patrollers. The last we knew the cost of the 5th edition text/workbook with be \$65 for patrollers. The cost of the instructor manual has not been determined. Instructors will have PowerPoint active links for each chapter as well as access to an interactive web site for patrollers called My NSP Kit.

Your OEC Team is already busy starting OEC classes, planning instructor refreshers, instructor recertifications and patrol refreshers. Last year your team put on 44 Basic OEC Classes, 80 Refreshers and 9 Senior Emergency Management evaluations. By the number of registrations I have seen, 2010 is shaping up to be busier than last year. You will be seeing the Region OEC Administrators and OEC Instructor Trainers traveling throughout the Division to do quality assurance for the OEC program. Please continue to welcome these people when they come to your event. This has been an excellent way for all of us to learn from each other as well as make additions to 'our magic bag of OEC tricks'. Thanks to all our OEC Instructor Trainers and Instructors for sharing their time and talents. They are the backbone of the OEC program.

I found two quotes I feel apply to us for the 2010 season as well as looking forward to the 5th edition in 2011.

"Thewayyougetridofthefearofdoingsomething is to go out and do it" Author Unknown

"To succeed as a group, each person must do his or her job while trusting their team mates to do theirs" Vince Lombardi

As always, any questions/concerns do not hesitate to contact Kathy Glynn or me.

Have	а	great	summer.
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Senior Program: What is in it for You?



Darcy Hanley Division Senior Supervisor

This past season was a very busy one! The tion Scorecards were implemented at each Region test and every event had a QA staff course of the

all three STW's, through all the SES clinics and clinics for all senior evaluators/trainers there was a goal to make sure our senior candidates were receiving the same quality information and demos across the Division. The result of the year long effort is contained in the information below. The Accredited Senior Evaluator program will be implemented in the 2010-2011 season. The information is also in

Accredited Senior Evaluator/Trainer for Skiing/Riding (ASE)

the senior manual and program updates

(All current CD evaluators)

Components:

on the website.

Senior Evaluamember present. During the season through · Must be able to provide evaluation demonstrations of the senior level skills as listed on

the CD Senior scorecard.

- Personally performs effective Ski /board movements at or above the senior level
- Assessment of technical knowledge using current PSIA Technical Manual for ASEA
- Provide information about the senior evaluation and the successful use of the senior
- ski/board scorecard

· Assessment of Skiing/riding movement analysis of video or live demos

 Ability to provide feedback and corrective suggestions in a positive manner

ASE is only awarded upon completion and maintenance of all the requirements. It is not a recognition of attendance or a life long grant. Continuing education requirements must be achieved to retain accreditation.

Budgets:

· Cost for Accredited Senior Evaluator \$30.00 per participant per day for the two day event

Administrative requirements:

 Staff for two day event at each of the three **Division STW's**

 Group size is 8 ASE candidates per two instructors at Division STW's/unscheduled events

- Printing
- Cost for STW/Unscheduled Region events for 2 instructors (\$700)
- Presenting Staff will be PSIA Level III certified, NSP-C ski school members
- Division STW attendance every three vears

Program Participant Recommendations:

- · Highly recommended to be a current member of NSP-C ski school
- PSIA certification recommended
- Completion of NSP Instructor Development

Currently, objectives are being developed for each of the components listed above. The rollout of the ASE will begin during the Division STW's at the start of the 2010-11 season. So please plan accordingly. Make sure that your Region Trainers have the information and can start early to plan for the season and attend the STW events. Region Evaluators have three years to start this process.

It was a pleasure to ski/board with many of you this season and I look forward to what a new season will bring. As always, if I can be of assistance, please let me know. In the meantime enjoy the sun, fun and playing outdoors!

Summer Tans Lines and Deep Thoughts



Don Loerch Division Skills Development Supervisor

still several months away, it must be summer.....

But we all know, even this time of the year, thoughts of the National Ski Patrol and fellow members of the Central Division are

always present. As our collective minds Greetings to all! While I write this wander occasionally to the slippery white it's warm and stuff, please make a point to save a few balmy outside days on your training calendar for one of and I've actuour Division, Region or local alpine edually got tan lines cational events. Remember, it's your indi-(not that anyvidual responsibility as an active patroller one is asking to to not only maintain your on-hill skills but see them). The to also strive for continued improvement. If dog can't seem you haven't registered for a clinic in the last to stay out of several years, you're overdue! Believe it the lake long or not, many of us, including your Division enough to dry out Skills Development Team are already working on future clinic offerings. If you're not and the next college tuition bill is sure if attendance is worthwhile, I'd encourage you to ask any fellow patroller who's attended an alpine event recently. They'll be happy to relate how much fun they had while learning something new and having their skills tuned up. We're also pleased to report that the Division STW road show will



again be making three stops in December at: Trollhaugen(WI), Boyne Highlands(MI) and Cascade Mtn(WI). Please watch the fall RPN for more information, or feel free to contact me or one of my associates directly for more information.

Good luck with your own tan lines, I hope you enjoy the following quotes from some notable individuals......

Warren Miller (stretch pants days)------

Tan Lines and Deep Thoughts Continued

"When I started skiing my pants were baggy and my cheeks were tight-----Now my cheeks are baggy and my pants are tight."

Roger Page, founder of Saddleback Mtn. "If there ain't fish under it...it ain't ice"

"Ski Boyne, we've got the runs", Mike Longfellow-Jones (sorry Mike, I'm from Nubs) "Gravity is love and every turn is a leap of faith." Ex hippie at Alta

"It's not the falling that hurts, it's the stop-

Hay Dar. I

would like to

start out by

thanking Bill

Baer and Mel-

anie Fullman

for hosting

this year's first

Central Divi-

sion Moun-

tain Travel

II / Instructor

Enhancement

ping." Wise Man

"In my day we carved up the mountain. If you want big air, pull my finger." Jim Woodrum (honest!)

"Skiing is the conquest of the useless." Glen Plake"

"Nobody skis there anymore. It's too crowded." Yogi Berra

"Just because I'll sleep with you, doesn't mean I'll ski with you " My Wife

"Exactly one day in your life your kid will

ski as good as you do. The next day, he'll ski better than you." Warren Miller

"Excuse me mister. Why are the buckles on your boots on the outside and my buckles are on the inside?" Rental Patron

"Follow Mees, Bend Zee Knees, Edge Zee Skiis, Watch Zee Trees, that will be twenty five dollars pleeze" ...Old German Ski Instructor's lesson plan.

On skiing...."Most sports require only one ball". Unknown

"Danger! Cliff Area! Open" - Sign at the top of the Palisades at Squaw.

A Shout from Our MTR Supervisor



John Wachter Division MTR Supervi- and Rescue sor

Seminar. It was held in the rolling hills and incised valleys of the Bessemer Ranger District (Ottawa National Forest) by Indian head M.T Ski Resort. I would also like to thank all of those who participated and helped out, with special thanks to Randy Tufts (North Central Region MTR Adviser), Dave Brandon from Southern Region. Let's hear it for our new MTR instructor from Swiss Valley, Ruth Drake (congrates). This small group has been very supportive in their area and brings a great deal of knowledge to the program.

This course was a joint venture with the Gogebic County Search & Rescue ("GCSAR") unit and the Central Division National Ski Patrol. We began by doing a review of map and compass, search & rescue techniques, and low angle rescue. On Saturday, we awoke to a light mist in the air with fog and temperatures around 40 degrees. Receiving a simulated call we headed to Black River Harbor to meet up with the Gogebic County Search & Rescue unit. After the briefing on the incident, an incident command was set up and the group came up with a plan to carry out the search and rescue. Topo maps were looked at and a perimeter was set up. Each member of the National Ski Patrol was paired up with a member from GCSAR unit. With radios in hand, we set out to find Izzy Lahst, a missing local resident. (Izzy Lahst = is he lost or L-LOCATE A-ACCESS S-STA-BILIZE T – TRANSPORT) After a short time, a member of the team found Izzy and was able to call out the legal description of the location. With medical injuries and being down at the bottom of a ravine, the team reacted quickly in getting him medical attention and rope gear on scene for the low angle rescue. It is ironic how the victim always seems to be at the bottom of a ravine with an injury making him unable to walk!-? Izzy was then hauled to the trail head and a debriefing was held to end our scenario.

I want to say for a group of people who had never met each other before. I was extremely impressed on the professionalism and courtesy that they showed one another in working together. It was a wonderful experience to see this pull together the way it did.

The Harbor a beautiful area, with a second scenario held after lunch. This one ran even smoother then the first. Afterwards, the group was able to take a hike over to Rainbow Falls and enjoy the area and each other's company. Later that evening, a pot luck of sorts was held with every one sitting around talking and sharing the food they had brought. I feel fortunate to be able to meet so many great people as I go through different courses adding yet another place I would like to return to. The scenarios that we do are not meant to trick anyone by seeing how long the victim can stay hidden without getting found. They are set up to emphasize the skills learned during the course with an emphasis on Leadership, Team Work and Communications.

I will hold another MTR II or MTR I/ instructor development course this next season. It can be held almost any time and any place and is open for all to attend (not just instructors). Anyone interested in trying to get one going in there area please let me know. rock ski@hotmail.com

I would like to welcome our new MTR advisors for Southern Region Brad Fox from Wilmot and Derk Renwick from Buck Hill. Brad Fox would like to set up a MTR I class late summer / early fall at Devils Lake or Kettle Moraine Park (both in WI). If anyone is interested or has any ideas please let him know.

Shout from MTR Supervisor Continued

foxer720@yahoo.com.

We will get a chance to speak more with Derk Renwick at the fall Division meeting that will be held by the Mall of America. There will be a Mountain Travel Rescue Fundaments course and a low angle rescue course offered at this event. For more info feel free to contact me or Derk at renwick@umn. edu. Congrates to both. With every one getting in to the cyber world, I thought it was only fitting to set up a Facebook page for the "NSP Central Division Mountain Travel and Rescue" program:

http://www.facebook.com/home.php#!/ pages/NSP-Central-Division-Mountain-Travel-and-Rescue/110146111766

Check it out and post any pictures or questions you may have. Already, there is some great stuff starting to show up.



Gear Nut Heads South

In May I had the

honor of teach-

ing an MTRF

(Mountain

Travel Rescue

Fundamentals)

and a LAR (Low

Angle Rescue)

course at the

gion Banquet.

It is always a

pleasure to put

these courses

on for such a

Re-

Southern



John Wachter Division MTR Supervisor

great group of people. There was quite a range of knowledge from a few wanting to get into camping up to an avid back packer. To me this is the ideal combination of people to have in the course. I believe that there is more than one way of doing something and it shows with the wide range of responses we get to the most basic questions. This makes even the most seasoned veterans reflect upon their own trial and errors they have over come through the years to develop their own style.

I am kind of a gear nut and try to be an UItra light Backpacker (find way to keep the total amount of weight carried to a minimum). I often find myself going through my gear looking at each item and seeing how I can reduce weight by having one piece of gear do multiple things. It can be tricky finding the fine line between being a minimalist and staying comfortable in the great outdoors. One of the guys in my last course asked me what my pack weight was for a three to four day winter camping trip as we looked upon all the gear in front of us. He said that he thought his was close to 60 lbs. The ideal goal that an Ultralight Backpacker strives for is 35 lbs or less. I thought back to one of my first winter back packing trips where I had about 20 extra pounds of food left over after that course was done that I had to carry back out with me. That is not to mention the amount of extra clothing and unneeded gear that I was carrying. One guy even had his pack so full that he had a big

pillow sticking out of the top of it that was a foot over his head. We were very comfortable except for the extra weight that we had to carry around with us. My pack must have weighed 70 pounds on that trip and now I am hovering around that 35 lb mark.

One thing I like to do after every back pack trip is inventory my gear. I start going through everything and put it into piles. One pile is stuff that I feel I must carry no matter if I have used it or not (repair kit, first aid stuff....). Then I start another pile for stuff that has not been used and after one or two trips if I find that I still haven't used it I toss it out of my pack.

The three most important spots for cutting weight are shelter, sleeping bag and backpack. How you handle each one is up to you and depends on where you are going. If you have any tips or ideas that you would like to share please sends them to me at rock_ski@hotmail.com

Thanks to all of you that have attended the MTR courses throughout the year.







2010 CENTRAL DIVISION FALL MEETING BLOOMINGTON, MINNESOTA SEPTEMBER 10 - 12



Patroller	Guest
Address	
City	State Zip
Phone	email
Phone	email

FRIDAY ACTIVITIES	Cost	Quantitiy	Total
Golf - 9 holes (10am - 3pm)	\$28		
golf cart	\$10		
Motorcycle Tour (11am - 3pm)	N/C		
Wine Tour (12:30 - 4:30pm)	\$30		

Central Division Fall Meeting Sept. 10 - 12 Minneapolis, MN

SATURDAY EDUCATIONAL OPPORTUNITIES

At the Hilton Hotel	Cost	Quantitiy	Total
A Day in the Life of a Flight Nurse (1 - 2 pm)	N/C		
Olympic Team Doctor presentation (2:30 - 3:30)	N/C		
Instructor Recertification (12:30 - 4:30pm)	\$10		
Instructor Development	\$10		
(Sat 12:30 - 4:30 and Sun 8:00 - 12:00)			
Yoga for Skiers (12:30 - 1:30 pm)	N/C		
Award Informational Session (1:30 - 2:30 pm)	N/C		

SATURDAY EDUCATIONAL OPPORTUNITIES

At the Hyland Ski and Snowboard Area	Cost	Quantitiy	Total
Level 1 Avalanche for Rescue Personnel	\$25		
(Sat 12:30 - 4:30 and Sun 8:00 - 12:00)			
MTR Awarness: Low Angle Rescue (12:30-4:30)	\$10		
CPR Refresher (1:00 - 4:00 pm)	\$15		
Hyland Boxed lunch (avaliable 11:30 - 1:30)	\$7		

MEALS

Please note any medically indicated dietary restrictions:

	Cost	Quantitiy	Total
Friday breakfast on your own			
Friday lunch on your own			
Friday Night BBQ dinner (6:30 pm)	\$23		
Saturday breakfast on your own			
Saturday lunch on your own			
Saturday Awards Banquet			
Boneless Short Rib	\$50		
Pan Seared Chicken Marsala	\$45		
Vegetarian Option	\$45		
Banquet reservations will NOT be accepted			
after September 4 !			
Sunday breakfast on your own			
Sunday PR/PD Breakfast	N/C		
(for PRs or their designee only)			

MEETING/LOGO WEAR

Ordering deadline is August 15!	Cost	Quantitiy	Total
Long Sleeved Mock Turtleneck			
SM MED LG XL	\$25		
2X	\$28		
3X	\$30		

REGISTRATION FEE			
Early fee (postmarked before 8/14)	\$20		
Late fee (postmarked after 8/14)	\$30		
Please make checks payable to: NSP Western Region		Total due	\$

Mail your registration and payment to: Audrey Freidman 16105 38th Ave. N. Questions?? Contact Jeannine Mogan jmogan@threeriversparkdistrict.org



Register Today Use Registration Form at Left

2010 CENTRAL DIVISION MEETING September 10 - 12



The Western Region would like to invite all of the Central Division patrollers to Bloomington, Minnesota for the 2010 Central Division Meeting! Bloomington is a Minneapolis suburb that sits on the doorstep of the Minneapolis/St. Paul International Airport and is home to the world renowned Mall of America. You can enjoy hiking and biking trails, golf courses, casinos, and light rail transit to downtown Minneapolis.

Hotel Information

We will be staying at the Hilton Minneapolis/Bloomington Hotel 3900 American Blvd. Bloomington, MN 55437 952-830-5230 (Please note that this is **NOT** the Hilton Minneapolis/St. Paul Airport Mall of America hotel.)

The rooms are under Three Rivers Ski Patrol. Rooms are blocked out for Thursday (15 rooms), Friday (50 rooms), and Saturday (50 rooms) nights at a rate of \$89 per room per night. *Higher, prevailing rates go into effect after August 13!*

Our Personal Group web page address is: <u>http://www.hilton.com/en/hi/groups/personalized/</u> MSPBWHF-TRS-20100910/index.jhtml?WT.mc_id=POG

There is a complimentary shuttle that runs from the airport to the hotel.

Registration Information

To register for the meeting and meeting events online, visit the Western Region Website http://www.d.umn.edu/~nspscdwr/

Or link to it through the Central Division website http://www.nspcentral.org/

To register by mail, see the registration form found on page _____.

Meeting Wear

The following clothing items with 2010 meeting logo will be available through advanced order. <u>Ordering deadline is August 15!</u>

Long sleeved, gray mock turtle neck in men sizes. Cost: S – XL \$25, 2X \$28, 3X \$30

Planned Meeting Events

Friday

Motorcycle tour

Three Rivers patroller, Jim Andrews, will take bikers on a ride along the Minnesota River to the southwestern city of Henderson. After a delicious lunch, they will return to the hotel. Time: 11:00 am - 3:00 pm Cost: Bring your own lunch money.

Wine Tasting Tour

Board the shuttle with Sue Hayes and the Welch Village patrollers for a tour of the Cannon River Winery in Cannon Falls and the Alexis Bailly Winery in Hastings. Transportation, wine tasting and light appetizers are included. Sign up early! *There is a limit of 30 people*. Time: 12:30 pm – 4:30 pm Cost: \$30

Golf Outing

Join Kerstin Hammarberg and the Buck Hill patrollers for a day of friends, laughter, and chasing the "illusive dimpled white ball" through the beautiful landscape of central Minnesota! We will play at the Lost Spur Golf Club in Eagan, Minnesota; just 14 miles from the Hilton Hotel. We will play 9 holes of golf and enjoy a boxed lunch. (Scramble format with 40 or more golfers.)

Time: 10:00 am - 3:00 pm

Cost: \$28 for 9 holes and boxed lunch. \$10 for cart.

Minnesota Backyard BBQ

The Three Rivers Patrol is hosting a Minnesota Backyard BBQ dinner, served at the Hyland Ski and Snowboard Area; just 3 miles from the Hilton hotel. A shuttle bus will be available. The driving range, putting green, disc golf and lawn games are complimentary. A cash bar will be available.

Time: Social hour at 5:30 pm. Dinner at 6:30 pm Cost: \$23

Hospitality Suite

Back by popular demand! Lutsen patrollers, Jim Ruzicka and Paul Botnen, will be on hand in the hotel's "Hospitality Suite". Stop by for a beverage or snack or just to see the fun that's being cooked up. Location: Hilton hotel Time: 8:00 pm – 11:30 pm

<u>Saturday</u>

<u>General Session</u> Learn the most up to date information about the National Ski Patrol and the ski industry. Speakers include: Division Director, Jim Woodrum; NSP Executive Director, Tim White (tentative); MSAA President, Chris Stoddard; and MSAA Board member, Fred Seymour. Location: Hilton Hotel Time: 8:00 am - 11:30 am Cost: none

CD Board Meeting

The 16 Central Division board members will meet to implement final planning for the coming season including: advisor reports, season events schedules, and budget review. Audience members are welcome. Location: Hilton Hotel

Location: Hilton Hotel Time: 1:00 pm – 5:00 pm Cost: none

A Day in the Life of a Flight Nurse

A day in the life of a flight nurse is never the same. David Tetley, Three Rivers patroller and flight nurse, will share nursing stories that attest to the fact that the flight nurse occupation provides a level of excitement that is difficult to match within the nursing profession. Location: Hilton Hotel Time: 1:00 pm – 2:00 pm Cost: none

Sports Injuries, an Olympic View

Dr Heather Edwards, a US Olympic Ski Team physician, will present information on the types of injuries that occur and care given to members of the US ski team and at the World Cup Events.

Location: Hilton Hotel Time: 2:30 pm – 3:30 pm Cost: none

Yoga for Skiers

Join Afton Alps patroller and yoga instructor, Alane Lucht, in a yoga session that focuses on the balance, flexibility, and concentration skills needed for skiing. Bring your own yoga mat. (There will be a few available to use.) Location: Hilton Hotel Time: 12:30 pm – 1:30 pm Cost: none

OEC Instructor Recertification

Western Region OEC Administrator, Sue Hayes, is offering an OEC Instructor Recertification. This clinic provides an opportunity for instructors to share teaching ideas and receive the latest updates from the National and Division levels.

Location: Hilton Hotel

Time: 12:30 pm – 4:30 pm Cost: \$10

Schedule Continues on Pages 11 - 13

Mountain Travel and Rescue (MTR-A): Low Angle Rescue

Central Division MTR advisor, John Wachter and Western Region MTR advisor, Derk Renwick will lead a Mountain Travel and Rescue Awareness course covering the general knowledge and skills of winter backcountry travel for search and rescue support. The course will emphasize low angle rescue work including equipment, knot tying, and simple pulley systems. This course does <u>not</u> satisfy the prerequisite requirements for Mountain Travel and Rescue II. Participants will learn about the physics, equipment, and techniques of LAR in a classroom session. A field session will follow and include setting up a working LAR. For additional information, contact Derk <u>renwick@umn.edu</u>

Location: Hyland Ski and Snowboard Area Time: 12:30 pm – 4:30 pm Cost: \$10 \$7 boxed lunch optional

Level 1 Avalanche for Rescue Personnel: Classroom Portion

This class will provide participants with 8 hours of activities focusing on snow science and traveling in avalanche terrain. Completion of this session prepares participants for the second day of the course which is held on the snow. Classroom materials will be sent to you two weeks prior to the course. For additional questions, contact Kristi at <u>live2skimountains@hot-mail.com</u>

Location: Hyland Ski and Snowboard Area Time: Sat. 12:30 pm - 4:30 pm <u>and</u> Sun. 8:00 am - 12:00 pm Cost: \$25.00 \$7 boxed lunch optional

Instructor Development

Western Region Instructor Development Supervisor, Bob Iverson, will offer the class that is the first step in becoming an instructor in any NSP discipline. The class will explore learner types, learning objectives, the six pack plan and necessary paperwork. For additional questions, contact Bob at <u>ivers043@umn.edu</u>

Location: Saturday's session is at the Hilton hotel and Sunday's session is at the Hyland Ski and Snowboard Area.

Time: Sat. 12:30 pm - 4:30 pm *and* Sun 8:00 am-12:00 pm

Cost: \$10 for class enrollment.

Required text book costs \$20 and is available at <u>www.nsp.org</u> or at class.

Award Informational Session

Division Awards Supervisor, Gregg Reese, will give an information presentation on the process of writing NSP award nominations. He will cover award criteria, award forms, and support letters. He will also have CDs of the Central Division's Award Manual.

Location: Hilton Hotel Time: 1:30 – 2:30 Cost: none

Region Treasurers Meeting

Central Division Treasurer, Bev Benzing, will be leading a meeting for all Central Division treasurers or their designees. Location: Hilton Hotel Time: 2:30 pm – 4:00pm Cost: none

CPR Refresher

American Heart Association instructors will lead a CPR refresher. The BLS for the Healthcare Provider CPR course is designed to teach the skills of CPR for adult, child, and infant patients. Skills include one and two person CPR; airway maintenance and adjuncts; use of barrier devices; ventilation with a barrier device, a bag-mask device and oxygen; use of an AED; and relief of foreign-body airway obstruction. Bring your CPR mask! AHA certification card provided. Time: 1:00 pm - 4:00 pm

Location: Hyland Ski and Snowboard Area

Cost: \$15 (includes AHA certification card)

<u>Trade Fair</u>

Check out all the latest gear for patrolling and outdoor sports, as well as, NSP program informational tables! Participants include: Jeannie Thoren's Women's Ski Center, Harper Packs, Pierce Skate & Ski, Senior Ski and Toboggan, and more!

Location: Hilton hotel lobby

Time: 3:00 pm - 6:00 pm

If you would like a table for your NSP program or outdoor related products, contact Jeannine jmogan@threeriversparkdistrict.org

Central Division Awards Banquet

The annual Central Division Awards banquet will be held in the ballroom of the Hilton Hotel. Dinner options are:

- Boneless Short Ribs \$50
- Pan Seared Chicken Marsala \$45
- Vegetarian Option \$45

Time: Social hour 5:00 pm (cash bar) Dinner 6:00pm

Featured Dinner Speaker: Jeannie Thoren!! One of the most influential people in the ski industry and crusader for women skiers.

Please note: Banquet reservations will NOT be accepted after September 4!!

<u>Hospitality Suite</u>

Back by popular demand! Lutsen patrollers, Jim Ruzicka and Paul Botnen, will be on hand in the hotel's "hospitality suite". Stop by for a beverage or snack or just to see the fun that's being cooked up.

Location: Hilton hotel

Time: 9:30 pm – 11:30 pm

<u>Sunday</u>

Patrol Representative Breakfast

Patrol Representatives are invited to join Central Division Director, Jim Woodrum for a complimentary breakfast. Bring your questions and topics for discussion. Location: Hilton Hotel Time: 7:30 am - 9:00 am Cost: free to Central Division PRs or their designee.

Central Division Board Meeting (continued)

The Central Division Board of Directors will continue their meeting. Audience members are welcome. Location: Hilton Hotel Time: 9:00am - 12:00 pm Instructor Development (continued) Location: Hyland Ski and Snowboard Area Time: 8:00 am - 12:00 pm

Avalanche Fundamentals and Rescue (continued) Location: Hyland Ski and Snowboard Area Time: 8:00 am - 12:00 pm

Central Division Fall Meeting 2010



September 10 -12 Minneapolis, MN Register Today! Form on Page 7

Need Patches Placed on Your Parka?

Information from Rob Smith, patroller at Mt. Brighton. "Thrifty Outfitters" in MN is an authorized Gore-Tex® Repair facility. They have the factory seam sealing tape and the factory machine to seal the seams. I sent them my red coat (\$10 for shipping USPS). They opened up the coat, sewed on the back cross, my area Ski Patrol Patch and the National Ski Patrol Patch. They sealed the seams from the backside and closed up the coat. It cost me \$35 (\$25 for work \$10 for shipping). Thrifty Outfitters: 309 Cedar Ave S., Minneapolis, MN 55454, 800–866– 3162 http://www.thriftyoutfitters.com/

Sept 7th Lake Superior Motor Cycle Invite



Jim Woodrum Division **Division Director** Meeting jrwoodrum@centurytel.net we makbe ing a trip

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around Lake Superior ending up in the Twin Cities in time for the meeting.

you We will meet up in St. Ignace, Michigan on Tuesday, September 7, 2010 and moto motor around Lake Superior ending up in Minneapolis on Thursday evening, Septorcycles ya? tember 9, 2010. Our meeting and take have off location is planned for St. Ignace, in Michigan's Upper Peninsula, at the small trip for you. In observation park on the northwest side conjuncof the Mackinaw Bridge close to where US2 and I75 meet. For those that choose with Fall to take the northern route across the Up-Central per Peninsula we will leave the park in St. Ignace at 12:00 noon and meet up at 1:15 PM in Sault Ste. Marie with anyone coming over the northern route of the UP. will

> We will then move on to somewhere on top of Lake Superior for the first night. Then motor on down to the Lutsen area the next night and then onto the Twin Cit

ies for the third night. We will hopefully have several stopping points of interest along the way and enjoy the view of the big lake as we motor all the way around.

If you have an interest in joining the group please drop me an email expressing your interest along with your cell phone and where you plan to join the group for the ride up and around Lake Superior. Once we have a count on those interested in the ride reservations will be made at a hotel where we can all stay.

One more quick note, either passports or enhanced licenses are required for passage into and out of Canada. If you don't have either one you will need to acquire one before we cross the border.

Join Division Director Jim Woodrum **On a Pre-Fall Meeting** Lake Superior Motor Cycle Tour

Central Division Alumni Report



Carrington Beach Day **Division Alumni** Supervisor

more alumni with 735 members. My goal for the coming year is to reach another 103 or more so we can get to 400 for the 2010 season. The Ohio region is doing the best job at this point in time and they are to be congratulated. There has been a new

The Cen-Divitral son alumni represent 14.62% of our registered patrollers which 297 are members of the Divi-Only sion. the Eastern division has

National Alumni advisor appointed and I am awaiting the contact info to proceed.

I have enclosed in this report, the application blank so all will be able to get it out to the regions. In addition I would request that all Region Directors appoint an Alumni Advisor so we could get a better recruiting program as well as uniformity within our Division. I will be pleased to contact the advisors so as to improve the program for us all.

There is going to be a 50th ski patrol reunion for Apple Mtn. in Freeland, Mi and I am planning on attending as that is where I started some 49 years ago. Also the patrol at Holiday Hills is hosting its second alumni Open House and this is a great event with patrollers welcome.

The last item of discussion is to point out the many advantages of being Alumni Patroller.

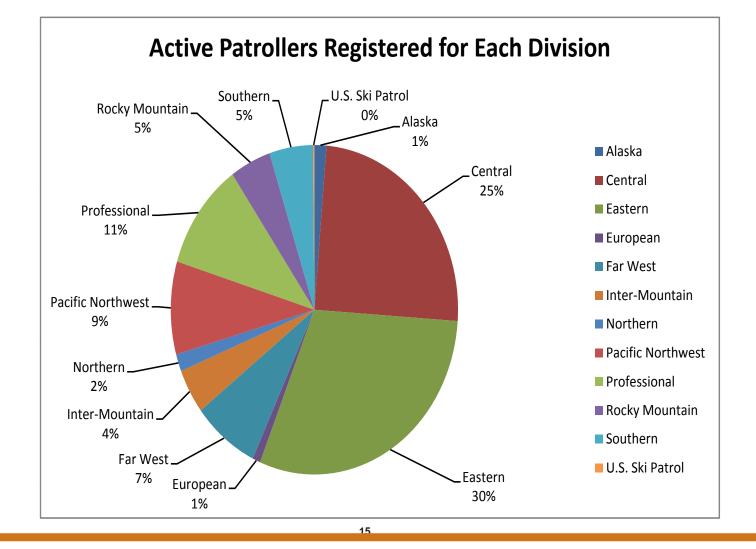
- 1. **Reduced Dues**
- 2. Ski Patrol Magazine
- The Patrol supply catalog 3.
- 4. Deductible dues
- 5. Training and Evaluation participation
- 6. Refresher assistance and support
- 7. Patrol room assistance if OEC current
- 8. Still being part of the best skiing organization in the world

Please get me more region advisors so that we can have more good alumni in the patrol.

Alumni Stats NSP MEMBERS REGISTERED FOR 2010

(As of 2-25-10)

<u>Division</u>	Total Patrollers	
Alaska	1.35%	323
Central	24.75%	5933
Eastern	30.08%	7211
European	0.89%	213
Far West	7.47%	1790
Inter-Mountain	4.40%	1054
Northern	1.69%	406
Pacific Northwest	9.11%	2185
Professional	10.60%	2541
Rocky Mountain	4.61%	1104
Southern	4.90%	1174
U.S. Ski Patrol	0.16%	38
	100.00%	23972





133 South Van Gordon Street - Suite 100 - Lakewood, CO - 80228 - Phone 303.988.1111 registrations@nsp.org - www.nsp.org - Fax 303.988.3005

Name	Membership ID
Address	Phone Number
City	State Zip
Email	

NEW ALUMNI MEMBERS PLEASE PROVIDE THE FOLLOWING INFORMATION:

Last NSP Patrol Affiliation		
Region	Division	Last Yr. Registered

□ Alpine □ Nordic Nat'l Appointment Number (If applicable)_____

If you wish to associate with a specific ski patrol, please provide that information here:

Fee: Alumni dues are only \$27 annually - \$17 of which covers administrative costs. The remaining \$10 is returned to the division in which the Alumni Member is affiliated. Please mail your check (made out to: National Ski Patrol Systems, Inc.) with this form to:

NATIONAL SKI PATROL ALUMNI MEMBERSHIP 133 S. Van Gordon Street; Suite 100 Lakewood, CO 80228

Central Division at 2010 Winter Olympics

Editor's Note:

The winter 2010 feature article about Dr. James DeWeerd's participation on the Vancouver Winter Olympics Medical team spurred interest throughout the Division to feature other patrollers who volunteered their time and talent for the 2010 Winter Games. A call went out to Division Patrol Reps for more information. As you can see, Central Division patrollers played an important role.

Continued Winter Olympics Coverage

Scott Garrod of Timber Ridge Ski Patrol made the trek to Vancouver to volunteer for the games. He is pictured at left with U.S. Snowboard team members Louie Vito (left) and Greg Bretz (right). Submitted by Doug Mesara, Timber Ridge PR.



Based on the best of our knowledge, Bittersweet Ski Area, a small midwest ski resort, was able to get more volunteers from their Ski Patrol to participate in the 2010 Olympic Games, held in Vancouver, British Columbia, than any other patrol in the National Ski Patrol system How was this possible?

Bill Cleair, a Bittersweet Ski Patroller, thinks it is a direct result of the interest that was generated by the 4 members that attended the Salt Lake City Olympic Games in 2002. All of the talk about that experience gave the other members a large want. The Bittersweet Ski Patrol has 117 volunteer members and 6 of those members volunteered at the 2010 Olympic Games and 1stayed for the Paralympics also. Several applied for the 2006 Olympic Games, held in Torino, and were not accepted due to the requirement of having your own accommodations during the games.

Bittersweet Ski Area is located in the small mid-western Michigan community of Otsego. Bittersweet has 18 runs and 2 terrain parks served by 6 chair lifts, including 1 high speed Quad, 2 wonder carpets, and 3 tow ropes; all on a 350 foot vertical drop. In the 2009-2010 ski season, Bittersweet sold 90,000 lift tickets, not including season pass holders, and there were 700 accidents that the patrol responded to. Bittersweet's management puts a lot of time and effort back into bettering the ski area. Two new runs opened in 2009. To most people Bittersweet may be a mole hill, but the patrollers love to call it home. The patrollers come from the mid west states of Michigan, Indiana, Illinois, and as far as Texas and Florida. Now you may ask, why would you travel from Texas or Florida to a 350 foot drop ski resort in Otsego, Michigan? Both of the commuters moved out of the area due to job changes. Both of their immediate families are still in the area. They want to remain in the Bittersweet patrol family. Renee Bonds resides in Florida. She is a teacher and comes home to Michigan for holiday break annually and patrols during that time when there is a big need for extra patrollers. Andy Anderson resides in Texas and returns home to Northern Indiana 2 times a month. He patrols on Saturdays during these trips home.

Each of the 6 patrollers want to share with you the highlights of their Olympic experience.



Randy Schmucker, Dan Navis (Patrol Advisor), Andy Anderson, Bill Cleair, Dan Hill, and Jim Mahaney were all part of the 2010 Winter Olympic Games.

> check us out at: www.skibittersweet.com

Article by: Randy Schmucker Bittersweet Ski Patroller



This article was submitted by Randy Schmucker of Bittersweet Ski Patrol and is reprinted with the author's permission. It continues on Pages 18 - 21. Type font clarity degraded upon importation. RPN apologies for this condition. Please enjoy this review of Bittersweet Patrol's Olympic Effort.



Andy Anderson, resides in Austin, Texas Prior experience:

1 Snowboard World Cup & 1 Freestyle World Cup at Cypress Mountain 2009 / 1 NorAm at Craigleith Ski Club in Collingwood, Ontario 2009



How did you find out about volunteering for the Olympics?

Two years ago, I heard the guys on the Ski Patrol discussing the upcoming Olympics and immediately realized that was something that I have always wanted to be involved with. I logged onto the Vancouver 2010 volunteer website and placed my application for consideration. When I got a message from our Patrol Director, Dan Navis, that they were looking for help at the World Cup events in 2009, I responded immediately, knowing that World Cup experience would help my chances of getting my application accepted for the Olympics.

Why did decide to become a part of the volunteer team?

I have enjoyed volunteering for many years at my church, Boy Scouts, and Ski Patrol. When I learned of the opportunity, I knew it was something I was interested in.

What was your job and duties during the 2010 Olympic Games?

My responsibilities were as a Ski Patroller responsible for spectators. We had first aid tents located near north grandstands as well as a trailer stocked with supplies and an additional evaluation and treatment area. We treated individuals with a variety of needs, from seizures to cold, wet feet. We were prepared with a toboggan at the base of the grandstand to transport any patient that needed emergency care and had a 4 wheel drive "Mule". On one occasion, we had a pregnant woman who was a week past her due date. With the long climb up and down the grandstand to get to the restroom, she was starting to have cramps and worried that she may go into labor. As a precaution, we had a patroller ready near the toboggan and discussed transportation with her head downhill and feet uphill. thankfully, our services were not required!

How long were you at the Games?

I was at Cypress Mountain, in Vancouver, for nearly 3 weeks.

Did you go to any other events as a spectator?

The only other event I saw as a spectator was the dress rehearsal for the opening ceremony in Vancouver. The rest of the time was spent at Cypress or resting to recover from out work days.

What was your most memorable moment?

Watching Shawn white win Gold at the Half Pipe while sitting near Tony Hawk. After the event, I had my photo taken with Tony. I called my 17 year old son and Tony said a few words to him, making his day!

Why do you think that a small ski area like Bittersweet was able to get so many of its patrollers qualified to be volunteers? The spirit of volunteering that is necessary for a patroller made us interested in working at the Olympics. In addition, when a few guys talked about the wonderful experiences that they had in Salt Lake City in 2002, the interest became infectious.



Bill Cleair, resides in Holland, Michigan Prior experience:

40 Alpine World Cups (2001-2008) / Snowbasin, Utah / Birds of Prey at Beaver Creek, Colorado / Telus World Cup at Whistler BC / Salt Lake City Olympics 2002

How did you find out about volunteering for the Olympics?

I volunteered for the 2002 Winter Games in Salt Lake City. 3 years prior to the 2002 games, I applied. After completing my application, I heard that you could greatly increase your chances of getting accepted by volunteering to work at the Pre-Olympic World Cup events. I

traveled to Snowbasin, in Utah in February 2000 and February 2001.

Why did you decide to become a part of the volunteer team?

The experiences inspired me to continue to volunteer.

What was your job and duties during the 2010 Olympic Games?

Womens course crew. As a member of the course crew, we did just about anything and

everything. We prepared the course for the races, set and reset the B fence, shoveled snow off the course, side stepped the course to pack the snow, and anything else the course needed.

How long were you at the games?

I was in Whistler, north of Vancouver, for about 2 weeks.

Bill Cleair, continued...

Did you go to any other events as a spectator?

No, my work schedule did not allow for it.

What was your most memorable moment?

One thing that sticks out in my mind the most is getting up at 2:00 am and taking the gondola up the hill at 3:00 am. Our team then had to ski down the course in the dark with only head lamps for light. We did this on race days. The first day we arrived in our area we had the work completed in 40 minutes! There was not much to do between 4 am and 10:00 race time except get cold! This happened several times.

Why do you think that a small ski area like Bittersweet was able to get so many of its patrollers qualified to be volunteers? I believe that this is a direct result of the interest that was generated by the members who attended the 2002 Salt Lake City Games. This many members attending the Olympics in 2010 received significant local attention. Everyone was interviewed by the local television station 5 different times. The local newspapers did stories on their local volunteers.



Dan Hill, resides in Delton, Michigan Prior experience:

1 Alpine World Cup at Whistler BC 2008 / 1 NorAm at Craigleith Ski Club in Collingwood, Ontario 2008 / 1 Canadian National Championship at Whistler 2008 1 World Junior Championship at Whistler 2008

How did you find out about volunteering for the Olympics? I have worked at several other race venues as a volunteer. I also found out about the Olympics from fellow patrollers. Why did you decide to become a part of the volunteer team?

The experiences I have had in the past at World Cup events I took part in.

What was your job and your duties during the games?

I was a Gate Judge. We were responsible for watching the gates during the race to make sure that

the skiers correctly went around the gates. If not, we marked it on our scorecards and they could possibly get disqualified. How long were you at the games?

3 weeks

Did you go to any other events as a spectator?

Luge event, Bobsled event, Womens Downhill Skiing, Womens Snowboard Slalom, Mens Aerials, and 5 Medals Ceremonies.

What was your most memorable moment?

Standing next to Lindsey Vonn's family when she won the Gold Medal and was able to watch her hug her family and husband as the tears began to flow, and her husband hugging her as she cried on his shoulder. All the pressure she had for years preparing for this was being released and I was able to be within feet of her when this happened. Also, Randy and I were able to be at the Medals Ceremony when Julia Mancuso and Lindsey Vonn took Silver and Gold. We were in a crowd of people from all over the world and facing the US flag as it rose and we sang loudly with incredible pride the National Anthem. The friends you make are incredibly valuable. Both the volunteers and the great host families Randy and I had. Steve & Rena Jansen and Gord & Carlene Leidal.

Why do you think that a small ski area like Bittersweet was able to get so many of its patrollers qualified to be volunteers?

I have to say that Bill Cleair's efforts on constantly encouraging us to get involved. I think that is why we have had such a large contingency from such a small resort. Special thanks has to be given to Randy Schmucker as well for taking on such a huge role in writing this article.



Jim Mahaney, resides in Holland, Michigan Prior experience: 1 Alpine World Cup 2008 at Whistler BC

How did you find out about volunteering for the Olympics?

I found out that you could volunteer to work the Olympics through others on the ski patrol who had participated in the past.

Why did you decide to become a part of the volunteer team?

I thought it would be exciting to be a part of this world event. Being in the middle of it all and feeling the excitement and energy.

Jim Mahaney, cont'd

What was your job and your duties during the games?

I was the assistant crew chief of the course crew for the womens ski races. My job was to maintain the course and fencing, doing whatever needed to be done. Most of my time was spent making sure the needed fences were up and set correctly. Due to snow and warm temperatures, the fences needed to be moved up and down so the break off point on the poles was at the right place.

How long were you at the games?

I was in Whistler 2 weeks. I started the week before the games helping to get the womens race course ready.

Did you go to any other events as a spectator?

I did not attend any other events.

What was your most memorable moment?

I would have to say that my most memorable event was the thanks you receive. After a race, the coaches and FIS personnel would come down the course. They would stop to shake your hand and thank you for all your hard work. Also a couple times an athlete would come and speak at the Weasel house. Always, they mentioned that the athletes knew how hard we were working with the conditions that were thrown at us and all appreciated the hard work to give them a safe course to race on.

Why do you think that a small ski area like Bittersweet was able to get so many of its ski patrollers qualified to be volunteers? I really think that any ski area could send as many as Bittersweet or more. We just had more interested in volunteering.



Dan Navis, resides in Wyoming, Michigan Prior experience:

1 Alpine World Cup 2001 at Snowbasin, Utah & 1 Snowboard World Cup 2009 at Cypress Mountain / 1 NorAm 2009 at Craigleith Ski Club in Collingwood, Ontario / Salt Lake City Olympics 2002

How did you find out about volunteering for the Olympics?

I found out about them through a NSP publication before the 2002 Olympics, which I also volunteered at. I just kept looking for information on the Vancouver Olympics using the website.

Why did you decide to become a part of the volunteer team?

I had such a wonderful once in a lifetime experience in 2002, I wanted to make it twice in a lifetime!

What was your job and your duties during the games?

I was a ski patroller, spectator care, at Cypress Mountain. There were many people who did not dress for the weather we experienced. We spent time drying/wrapping cold, wet feet. A former Olympic skater, now a bus driver, who stepped off the bus and possibly broke her ankle was one of the accidents. I placed a splint on her ankle and transported.

How long were you at the games?

19 days.

Did you go to any other events as a spectator?

I went to the dress rehearsal for the opening ceremonies.

What was your most memorable moment?

Being front and center in the grandstands, near Tony Hawk, watching Shawn White win the Gold Medal in the half pipe event. One of the most exciting things was experiencing history take place when Canada won their first Gold Medal on home soil. The spectators went crazy! This was won in the men's mogul event. About a year ago, myself and a couple other patrollers attended a World Cup event at Cypress Mountain, and we met a woman who was willing to move in with her parents so that we could rent her duplex during the Olympic Games. This was a 45 minute bus ride to the mountain everyday. One day, the Prime Minister of Canada walked in front of me and sat right behind me in the grandstands.. Why do you think that a small ski area like Bittersweet was able to get so many of its patrollers qualified to be volunteers? I think it was because there were 4 that volunteered in 2002 and they came back with great stories and this inspired others to go in 2010.

Randy Schmucker, resides in Warsaw, Indiana

Prior experience:

1 Alpine World Cup 2008 at Whistler BC / 1 Freestyle World Cup 2009 at Cypress Mountain / 1 Snowboard World Cup 2009 at Cypress Mountain / 1 International Paralympic Committee Alpine World Cup Finals 2009 at Whistler / 2 NorAm 2008 & 2009 at Craigleith Ski Club, Collingwood, Ontario / 2 Canadian National Championships 2008 & 2009 at Whistler / 1 World Junior Championship 2008 at Whistler



OLYMPICS

How did you find out about volunteering for the Olympics?

My friend, Dan Navis, shared his experiences with me from the 2002 Olympics during all the time we spent together on the chairlifts!

Why did you decide to become a part of the volunteer team?

Participating in the Winter Olympics in some capacity has always been a dream of mine. What was your job and your duties during the games?

Gate Judge for Mens Alpine events in Whistler. We has to see that the athletes went through the gates properly during the race. After the races, we collected the panels off the gates. Thanks to Dan Navis and Andy Anderson, Dan Hill and I were able to spend a couple of our days off at Cypress Mountain as part of the Medical Services Team for spectators for Mens Aerials and Womens Snowboard Parallel Giant Slalom. **How long were you at the games?**

February 5 - February 28.

Did you go to any other events as a spectator?

Mens 2 man Luge finals, Mens 2 man Bobsled finals, 5 Medals Ceremonies, and Womens Alpine Skiing Events.

What was your most memorable moment?

There were so many. The first would be my homestay host family. Steve & Rena Jansen, from the Seattle area, took me into their vacation home in Whistler during my time at the games, and were the most gracious hosts. We became great friends. Also, seeing friends from past World Cups and making new ones! And watching Bode Miller redeem himself with a complete set of medals.

Why do you think that a small ski area like Bittersweet was able to get so many of its patrollers qualified to be volunteers?

Team work and great leadership within our patrol. Those who attended the 2002 Games, shared their experiences with others and got us inspired to want to go. the close friendship we all have gave us the ability to work together and help each other.

PARALYMPICS

How did you find out about volunteering for the Paralympics?

I attended a World Cup in 2008, in Whistler. My section chief, John Lambert, whom I had a lot of respect for, told me about the International Paralympic Committee World cup Finals to be held in March 2009.

Why did you decide to become a part of the volunteer team?

I attended the IPC Finals and was inspired by the athletes and knew right then that I had to attend the Paralympics. The events were short handed of volunteers during the games. Volunteering for IPC events would be an easy way for someone to work on getting qualified for top level ski racing.

What was your job and your duties during the games?

Gate Judge for all Alpine skiing events and Assistant Crew chief for the panel set crew. We loaded early and paneled the gates that the course crew has placed for the race event each day.

How long were you at the games?

March 5 - March 21. When the Olympics were completed, I did not return home to Indiana. I only had 5 days before the Paralympics, so my wife flew out to Seattle, Washington and we spent that week with a friend from high school, who resides in Issaquah.

Did you go to any other events as a spectator?

As I stated earlier, we were short handed, which meant we had no days off and no time to watch other events.

What was your most memorable moment?

It was amazing the way that every athlete and coach thanked everyone on the venue EVERYDAY. Lots of athletes came to the Weasel House to thank us. I would also have to say that watching the visually impaired and physically challenged athletes ski down at high rates of speed was extremely moving. Another memorable moment was that I was supposed to move into another homestay for the Paralympics, and Rena Jansen went to the homestay program coordinator and told them that her & Steve wanted me to stay with them during the Paralympic Games. This was great news for me! Getting to watch the sunrise from the mountain each morning.

Patroller 101 Introduction to Patrolling



Jeannine Mogan Division Patroller for the Introduction to 101 Supervisor

my patrol runs each year. I ensure that there are instructors for each of the modules and that the instructors have the necessary equipment and support they need. An Introduction to Patrolling course helps new patrollers learn about all of the aspects of patrolling, and it gets them off to a great start!

As a Patrol Represen- •

ning for next winter's •

tative, I spend part of

each summer plan-

patrolling programs.

It's natural to think

about planning for

OEC, CPR, ski and

toboggan training. I

am also sure to plan

Patrolling course that

Introduction to Patrolling Modules

- **Risk Management**
- Adapting to the Outdoor Environment
- **Toboggan Handling**

Scene Management / Incident **Command System**

- Rope and Belay Skills The National Ski Patrol, Ski Area Management, and the Role of the Volunteer Patroller.
- Guest Services Spotlight on: Rope and Belay Skills This module teaches new patrollers about the types, storage, care, inspection, and uses of ropes and webbing.

Educational activities that can be used to help new patrollers master this module include:

- Rope tying races
- Chair lift evacuation training based on local protocol
- Webbing and harness "fashion show": Patrollers demonstrate how to apply the webbing or harness and describe its use and features.
 - Rope inspection training

Static Belay skill training and scenarios

Resources for this module include:

- Mountain Travel and Rescue manual
- Lift Evacuation manual
- Transportation manual
- Nordic Training manual
- Area Operations manual

Upcoming Rope and Beeducational opportunity lav Central Division Mountain Travel and Rescue Supervisor, John Wachter and Western Region MTR Supervisor, Derk Renwick, will be conducting a Low Angle Rescue educational session on September 11 at the 2010 Central Division Fall Meeting. Visit http://www.d.umn.edu/~nspscdwr/ to register and learn more about the meeting.

Questions/comments-EmailJeannineMogan jmogan@threeriversparkdistrict.org

Ladies, it was the Perfect Weekend



Sandi Hammons Women's Seminar Supervisor

The Central Division Women's Clinic was held at Perfect North Slopes on Janu-30th and ary 31st, 2010. We spent two wonderful days together with great skiing and riding conditions.

The clear and sunny

skies made it extremely pleasant. Saturday we ran both a Toboggan Enhancement Seminar and Skiing and Riding Seminar, on Sunday we ran a Skiing and Riding Seminar per our ladies request.

Everyone got the training and guided practice that they were looking for during the weekend. Darcy Hanley had well received sessions working with the shorty skies. We can't thank Linda Barthel enough for all of the video she took while walking up and

down the hills while recovering from her knee injury. It is amazing what you can learn from watching your video. Everyone that wished to be videoed was and each received a copy of their skiing or riding.

Ladies came from four different regions of which seven different patrols were represented. We had the whole spectrum of lady patrollers, candidates, auxiliary, alpine, senior alpine and certified patrollers. It was a great time sharing experiences, learning new skills and enjoy everyone's company.

Saturday night's dinner was another fun evening. We were delighted to have Janet Glaeser a National Board Member and Linda Barthel the National Women's Program Director share their insights and field questions of interests and concerns to our group.



2010 Central Division Women's Seminar Perfect North Slopes, Lawrenceburg, IN **10 Years of Empowering Women**

We are already planning the next Women's Clinic. It will be held at Boyne Highlands on January 29th and 30th, 2011. Ladies you really do not want to miss this event. Be watching for more details to come in the next Rusty Parka Newsletter or on the Central Division website.

Instructor Development Summer Update



Virginia Rodeman **Division Instructor Development Supervisor**

OEC class and /or refresher as well as the skiing season. There are a number of

Here it is classes currently scheduled. In addiagain, the tion to the classes being held, there are off season new developments under foot. We are in the process of searching for a new Instructor De-ID leader at National. Hopefully when velopment you read this, he or she will be in place. to

> There are some other developments coming, too. One is that the ID book will be updated and improved. It is the first step in becoming an instructor with NSP and the materials can be references through your instructing career. If you haven't taken an ID class; try it.



Calling All Nordics

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By:PeterWollan, DivisionNordicSupervisor

There are many Nordic patrols, and many Nordic patrollers, but is there a Central Division Nordic Program? Communication has completely broken down between the Division level and most of the Regions. This is a time of increased activity and interest in Nordic skiing and patrolling, with a new National Nordic Advisor coming. We want to have an active pro-



gram at the Division level as well as locally, with effective links among the MTR, Avalanche, and Telemark programs, and regular Ski Enhancement Seminars near enough to you that you can actually get to them ... but we need to hear from you!

Please, send me a note and let me know what Nordic Patrolling is going on in your area. My email is peter. wollan@gmail.com.

Radio Communications

By: Tom Hynes – North Central Region **OEC** Administrator

RADIO COMMUNICATIONS... Means Better Customer Service...Better Patient Care

Radio Narrow Banding, what's that? In 2004 the FCC [Federal Communications Commission] mandated...

1) That all non-Federal public safety licensees using 25 kHz radio systems migrate to narrowband 12.5 kHz channels by January 1, 2013 [That is December 2012... you don't have all of 2013.]

2) The first important deadline is

January 1, 2011, after which:

- a. The FCC will not grant applications for new voice operations or applications to expand the authorized contour of existing stations that use 25 kHz channels. Only narrowband authorizations will be granted.
- b. The FCC will prohibit manufacture or importation of new equipment that operates on 25 kHz channels. This will reduce the availability of new equipment for legacy radio systems and will affect how agencies maintain and upgrade

older systems.

- 3) Narrow Banding is the reconfiguration of the usable radio spectrums as determined by the FCC.
- 4) Prior to 2004 all non-Federal public safety licensees were operating in the 25 kHz radio spectrums.
- 5) It is a migration of band width... NOT to digital! Analog and digital can operate wide or narrow band.

What's mean to me?

1) It means that whatever radio system I'm using at my area, and more importantly the one I use to talk to my ambulance/rescue service will be changing and I'll loose range and audio quality when communicating with them.

23

Radio Communications Continued

- 2) It means that who ever holds the FCC license for operating the radio system will have to have the FCC modify the license providing new narrow band frequencies.
- 3) Evaluate and inventory the equipment. All hand helds, mobiles, base and repeater units need to be checked to see if they will operate in narrow band. Many older units only operate in the wide band.
- 4) Replace non-compliant equipment.
- 5) Re-program all units when local area migration occurs. Check with your local radio vendors and emergency government for dates. Coordinate with the area management as to their plan to migrate.

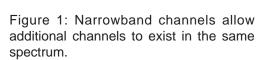
How much is going to cost? Contact your local radio vendor for local pricing and FCC coordination fees.

- 1) How many radio units need to be replaced?
- 2) How many units need to be reprogrammed?
- Does the patrol hold the local FCC 3) license?

See attached article... "Critical Missions" magazine ... there's a picture for you patroller ID people.

Key Points about FCC Narrow Banding Requirements

- Most current public safety radio systems use 25 kHz-wide channels.
- The Federal Communications • Commission (FCC) has mandated that all non-Federal public safety licensees using 25 kHz radio systems migrate to narrowband 12.5 kHz channels by January 1, 2013.
- Agencies that do not meet the deadline face the loss of communication capabilities.
- Agencies need to start planning now to migrate to narrowband systems by assessing their current radio equipment and applying for new or modified licenses.



Private land mobile radio (LMR) systemsincluding municipal government and State and local public safety systems-use blocks of radio spectrum called channels. (See Radio Spectrum9766.) Historically, LMR systems have used 25 kHz-wide channels. In December 2004, the Federal Communications Commission mandated that all private LMR users operating below 512 MHz move to 12.5 kHz narrowband voice channels and highly efficient data channel operations by January 1, 2013. [1] This migration complements a National Telecommunications and Information Administration mandate for more rapid Federal agency migration to 12.5 kHz narrowband operation by January 1, 2008. The earlier Federal deadline affects State and local FCC licensees that interface or share frequencies with Federal radio systems. [2]

Using narrowband channels will ensure that agencies take advantage of more efficient technology and, by reducing channel width, will allow additional channels to exist within the same spectrum space, as illustrated in figure 1.

Deadlines

To phase in the migration deadline of January 1, 2013, the FCC has established interim deadlines. The first important 24

applications for new voice operations or applications to expand the authorized contour of existing stations that use 25 kHz channels. Only narrowband authorizations will be granted.

Narrowband

6.25KHz

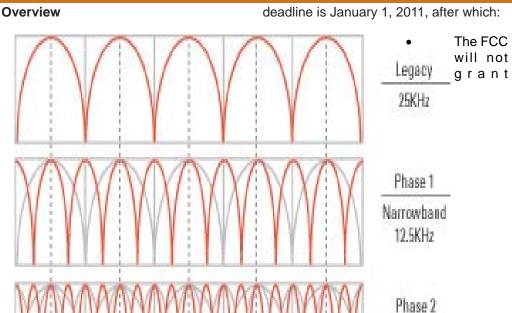
The FCC will prohibit manufacture or importation of new equipment that operates on 25 kHz channels. This will reduce the availability of new equipment for legacy radio systems and will affect how agencies maintain and upgrade older systems.

Obtain new or modified licenses.

To move to narrowband operations, agencies must apply for new frequencies or modify existing licenses. An agency that is licensed for a 25 kHz-wide channel is not guaranteed two 12.5 kHz channels. Licensees will have to justify to the FCC why they need additional channels. Consideration of applications for new narrowband licenses will follow the same process as a new license application. As agencies migrate to narrowband operation, however, the pool of available frequencies will increase.

This does not constitute an offer to sell, provide radio equipment, services or FCC coordination license services.

For clarification please call 1-800-526-1138 or cell 715-573-0441 [daytime] 715-848-4164 [evening] tom@hynesfamily.org Or tom@northwaycom.com



Region Reports



Bill Currier Ohio Region Director

The season started off on high note а in December with the announcement that Janet Glaeser, Boston Mills/ Brandwine (BMBW)Patrol, had been elected

to the NSP Board of Directors. Unfortunately, the season ended on a sad note with the passing of two BMBW Patrollers, Beth Tyson-Fitzhugh and Amy Paul following lengthy illnesses.

Most Ohio Region ski areas enjoyed plenty of cold weather and lot's of snow from mid-December until early March with much of the season's total falling during February. We had some great powder days – a rare pleasure for Ohio! Also, season ending events and carnivals were held at several areas. Ample snow on the slopes and warm, Spring conditions provided for lots of fun and games.

New faces on the Region Staff roster include Frank Cleary, Perfect North Slopes, as the new Ohio ARD Proficiency, replacing John McGoff who will be heading up the Fall 2011 Division Meeting and Banquet Committee; Dave Baumlein, Snow Trails, as the new Ohio OEC Administrator, Greg Schmidt, Perfect North Slopes, O-1 Section Chief; and Jim Burns, BMBW, O-2 Section Chief. Please join me in welcoming Frank, Dave, Greg and Jim to their new roles.

A large number of patrollers and staff participated in our programs this season. As I traveled around the Region visiting the areas and resorts, I received many compliments and constructive comments from all who participated. Here are a few highlights:

All areas completed OEC refreshers and OEC classes
Two SEM's, one in the North in December and one in the South in March.
Two MTR classes and field sessions, one in the South in November and one in the Spring in the North.

850 patrollers were successfully registered via the new NSP electronic registration process. 24 candidates participated in SEM and Senior Alpine tests this season. 6 of them attained full Alpine Senior status and 1 achieved Senior Auxiliary status. About 20 Ohio Region Patrollers

participated in the Division S&T Clinic at Boyne Highlands in December. Region STW's were held at BMBW and PNS in January. SES's and TES's were held at all areas this season. Also, two PSIA-focused STW's were held as well as a telemark SES that was held at Holimont in NY.

Other S&T events that were held included a Division Women's Clinic and a Region Certified Prequalification/recertification clinic at PNS in January and an SES that was conducted by the PSIA Alpine Demo Team (D-Team) at BMBW in February. Region's NSP-C The Ski School, the largest in the Division, registered 19 events in which more than 60 patrollers participated during the season. 7 members achieved either PSIA Level I or Level II certification.

Region and National award nominations have been reviewed and winners selected by their respective awards teams. Plaques and certificates were presented to the winners, including one Distinguished Service Award and two National Appointments, at the Spring Awards Banquet in April. 2009-2010 Central Division outstanding award winners include two from the Ohio Region as well as two first runners-up. The winners will be recognized at the Fall Division Meeting.

I am pleased to announce that the 2011 Fall Division Meeting and Awards Banquet will be held on Sept. 9-11 at the Cincinnati Marriott at RiverCenter hotel in Cincinnati Ohio. While more than a year away, planning for this event has already begun.

As you can tell it has been a very busy season. In addition to participating in many of the above events, I managed to log about 200 hours of duty at BMBW. All of you and I as well should be looking forward to a well-deserved break over the Spring and Summer months.

North Central

Region



David Dahl nosted by Indianhead Ski Area and patrol. Director We had great

Greetings and happy summer. It's been a beautiful spring/summer so far, and we're finally getting a little muchneeded rain.

Our Senior event in February was hosted by Indianhead Ski Area and patrol. We had great skiing condi-

tions and the patrol went out of their way to make us welcome. Congratulations to our new Senior Patrollers.

The Spring Meeting and Awards Banquet was held April 17 & 18 at the Waters. It was well-attended and I'd like to thank Martin Olson and Section 3 for planning a very enjoyable event, and to Marcia Locher for coordinating the awards and making sure the distribution ran smoothly. Thank you to the instructors who put together the classes held at the meeting. All were outstanding and are a big reason our spring meeting is so well-attended. Jim Woodrum, the Division Director, attended our event again this year and was impressed with the educational opportunities we offer.

Next year's spring meeting will be held on April 15-17, NOT April 22-24 as originally planned. Afterourmeeting we found out that we had it scheduled for Easter weekend.

Welcome to Dave Conger, who is coming back on board as an ARD.

We have a lot of opportunities for training and continuing education coming up this year. Please be sure to check out the complete calendar of events inside the Powderlines.

A reminder to all Patrol Reps to get their financial reports to their Section Chief, and that Section reports are due to Sarah Hull NO LATER than July 31.

Don't forget the Fall Division Meeting – September 9-12, 2010, Western Region, Hilton Minneapolis/Bloomington. Check

NC Region Report Continued

your Rusty Parka News for more details. The meeting is open to any Central Division patroller and it's a great chance to meet patrollers from other regions and has great educational opportunities as well. I'd like to ask all patrollers to visit the National website at www.nsp.org and verify your email address. This is the master list used for all Division, Region and Section officers and we want to make sure we get information out to everyone,

I want to take this opportunity to thank all of the patrols and individual patrol-

lers for their support over this past season, especially the section chiefs, patrol reps, testers, trainers, and staff members who have put in countless hours and have been so very helpful over the past several years. I look forward to working with you again this coming season.

Have A Great Summer.

Closet Snowboarder Wanna' Be?



<u>Rent, Borrow,</u> <u>or Purchase a</u> <u>Snowboard this</u> <u>December!</u>

By: Jay Zedak NSP-Central Ski School Supervisor

Come One! Come All!.... NSP Central Division STW's will be coming sooner than you think. This year we will be offering all the great instruction from previous years along with something new...if you are a Patroller who skis we have an opportunity for you to consider. The NSP-C Ski and Board School is offering Break-Out Sessions for anyone wishing to try Snowboarding. Yes, from the never-evers to experienced riders, AASI - Certified Instructors from within the NSP-C Ski and Board School will be instructing riding lessons. This concept is relatively simple: rent, borrow, or purchase a board. Bring friends or come alone and be ready to play, learn, and have an absolute blast getting exposed to riding a snowboard with patrollers from all over the division. Who knows, with a little luck and plenty of smiles, you might just decide it is something you want to continue....if not, you have had some laughs with good friends and a little bit better idea of the snowboard experience.

See You at the Top! JZ



Fresh From the NSP-Ski School Presses



The members of your NSP-C Division Ski and Board School are working hard to reach goals and make the skiing/riding journey easier for everyone.

Jay Zedak Division Snow Sports Looking at some of the accomplishments from the

past season.

....Way to go Catlin Barbu, Don Loerch and Linda Murphy for Passing the very challenging PSIA Level 3 exam last season at Marquette.

...thank you to Chris Raudabaugh for main-

taining the now National, <u>www.nspskischool.com</u> web site. Chris is in the process of establishing a "MY Journey" type of tool for fellow patrollers and candidates alike to communicate with PSIA and AASI Certified Instructors all across the Central Division. This medium will allow distance learning to continue thru the electronic exchange of information and ideas.

...Another set of props needs to be shared for the excellent effort of Brian Cobble, Chuck Martschinke, Darcy Hanley, and Linda Barthel whom all have worked hard to complete the specialized "Instructor Trainer" accredited Program thru PSIA.

....Other Divisions are now asking for our Certified Instructors to cross Division lines and come lead SES's and STW's for them again this coming season. We will be instructing at Beech Mountain in North Carolina and Snowshoe Ski Area in West Virginia

....The V1 Movement Analysis Software that has been being used in Central Division for years is now being offered Nationally thru the NSP Catalog

Thanks also goes out to the 172 members whom have been working hard to improve so that the journey of others can be made easier for the membership of our NSP family.

Proudly, Jay Zedak, NSP - Ski & Board Director

Trainer Accreditation Pins Awarded at Welsh

By: Chuck Martschinke

At the PSIA Central Division weekend clinic at Welsh Village March the 7th, three more members of the NSP-C Snow Sports School received their Trainer Accreditation pins from Doug Berg, PISA Central President.

Pictured, after receiving their accreditation pins are: Brian Cobble, Southern Region, Darcy Hanley, Ohio Region and Chuck Martschinke, Southern Region with their evaluator/clinicians Sherry McCabe, Sunburst and John Keating, Marquette Mountain.

Also receiving Trainer Accreditation at the Boyne Highlands event earlier this year was Linda Barthel, Eastern Michigan Region.



NSP-C Ski and Board School Statistics

2007-08

Membership: Certifications Level 3's Level 2's Level 1's 126 members 104 members 22 Level 3's 34 Level 2's 48 Level 1's

2008-09

140 members 113 members now now now

2009-10

174 members 126 members 24 Level 3's 56 Level 2's 46 Level 1's

Current



L1/A1

L1 L3 L2 L3 L3

L3

L3 L2 L2 L1 L2 L1

L2 L3

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Roster

Western Region

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126436	Anderson	
168264	Hanley	
201110	Loerch	
124788	Martschinke	
128488	Woodrum	
127679	Worley	
169360	Zedak	
166289	Abramowski	
215918	Barbu	
165187	Barthel	
209827	Carpenter	
127908	Casaceli	
	Cogswell	
127707	Davis	
	Egner	
000007		
223297	Fuller	
153245	Gaffney	
129643	Gaudiello	
127852	Hanczaryk	
200886	Hendrick	
127502	Henry	
211951	Hope	
127868	Knox	
198109	Lavene	
204719	O'Connell	
127677	Palmer	
126378	Radke	
192011	Schons	
198112	Sellenraad	
	Sutton	
124987		
124997	Sutton	
130263	Taylor	
182388	Werner	
206727	Engelman	
195561	Fournier	
166604	Grundstrom	
215079	Hanson	
212365	Holdridge	
127597	Jensen	
126451	Keating	
192089	Macco	
209267	Matuszak	
124771	Meyers	Robert
194237	Robinson	Keith
194236	Robinson	Leslie
125827	Salonen	Robert
173543	Cornell	Michael
128087	Herlick	Hank
126221	Herlick	Chris
127699	Longfellow-Jo	
183190	Moreen	Mike
129039	Murphy-Jaco	
128102	Somalski	Daniel
168382	Taylor	Michael
	Allen	
195318		George
176474	Arnold	Amy
180089	Benzing	Bev
217888	Bichl	James
206718	Brown	Doug
198769	Burns	Jim
128956	Busich	David
128529	Cleary	Frank
128869	Cole	John
185575		
	Collins	Marty
128822	Crowl	Jim
125691	Currier	Bill
125692	Currier	Carol
202878	Dillon	Greg
209925	Dyer	Chris
210193	Fogt	Mark
220614	French	Andrew
209785		
	French	lonathan
199555	French	Jonathan
126831	French Gerdes	Jonathan Ron
	Gerdes	Ron
	Gerdes Glaeser	Ron Janet
125616	Gerdes Glaeser Gommel	Ron Janet Rae
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Howard	Eastern Division
Tom	Central Division
Darcy	Central Division
Donald	Central Division
Charles	Central Division
Jim	Central Division
Tom	Central Division Central Division
Jay Larry	Eastern Michigan
Catalin	Eastern Michigan
Linda	Eastern Michigan
Robert	Eastern Michigan
Michael	Eastern Michigan
Sandra	Eastern Michigan
Robert	Eastern Michigan
Mark	Eastern Michigan
Steven	Eastern Michigan
Tim	Eastern Michigan
Mike	Eastern Michigan
Janice	Eastern Michigan
Sarah Diane	Eastern Michigan Eastern Michigan
Scott	Eastern Michigan
Robert	Eastern Michigan
Leon	Eastern Michigan
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Ron	Eastern Michigan
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Pat	Eastern Michigan
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Chris	Eastern Michigan
Glen	Eastern Michigan
Derek	Eastern Michigan
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221024			Michael
125695			Ernie
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221536			Tammy
184010 175131			Vlad Jim
206197			John
216807			Marie
191282 151856			Phil Tony
125243	B Fu	uchs	Paul
200597			John
175666 209340			Eric Stephen
125152	2 OI	rtega	Tony
127237 129732			Catherine
131052			Timothy William
124783			Erik
125393 129658			Jodie Brian
185202	-		Noel
167647			Billy
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Ohio Region	L2
Ohio Region	L3
Ohio Region	L1
Ohio Region	
Ohio Region	L2
Ohio Region	A1
Ohio Region Ohio Region	L3 L2/A2
Ohio Region	L2/72
Ohio Region	L2/A2
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Ohio Region	L1
Ohio Region	L2
Ohio Region	L2
Ohio Region	
Ohio Region	L2
Ohio Region	L2/A2
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Ohio Region	L2 L1
Ohio Region	
Ohio Region	A3
Ohio Region	L1
Ohio Region	L1
Ohio Region	L1
Ohio Region	L1
Ohio Region	L2
Ohio Region	
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VanNurden Wes



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Central Division Staff Roster Administrative Staff



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Kevin McQuillan 916 Spindletree Avenue Naperville, IL 60565 H) 630-357-6979 W) 630-960-1242 kmcquillanusa@hotmail.



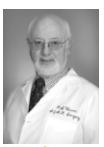
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7472 Stonefield Trail Schofield, WI 54476 H) 715-298-9070 W) 715-536-7176 tzimmerman@ mitchellmetalproducts.com

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Region Directors Continued



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SC REGION DIRECTOR Tony Ortega



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PSIA LIAISON Tom Anderson 112 Pineview Drive Marquette, MI 49855 H) 906-228-6126 W) 906-475-7640 tpanderson@charter.net



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rock_ski@hotmail.com

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No Photo Available

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OEC Karen Hadden 15805 Kane Rd Plainwell, MI 49080 H) 269-664-4753 W) 269-341-8336 haddenk@bronsonhg.org No Photo Available

OEC Kathy Glynn 728 Castleton Court Eagan, MN 55123 H) 952-686-0001

angelw499@aol.com



ADD

Linda Murphy Jacobs PO Box 242 Omena, MI 49674 H 231-386-9080 C 231-632-4289 murph4@ charterinternet.com



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r.dejarnette@gmail.com



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WOMEN'S SEMINAR Sandi Hammons 5517 Regal Ridge Drive Burlington, KY 41005 (h)(859) 586-8090 (c)(859)466-8496 hammons@insightbb.com



SKILLS DEVELOPMENT Don Loerch 889 Central Drive Lake Orion, MI 48362 C) 248-778-7658

dloerch@sbcglobal.net



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6050 Winnetka Drive Cincinnati, OH 45236 C) 513-479-3709 darcy@zoomtown.com

CENTRAL DIVISION STAFF ROSTER

NATIONAL

The official newspaper for the National Ski Patrol[®], Inc. Central Division

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Editor Tim Zimmerman 7472 Stonefield Trail Schofield, WI 54476

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Letters to the Editor

Letters to the Editor must be submitted electronically to tzimmerman@mitchellmetalproducts.com. The RPN reserves the right to publish and withhold letters based on content and length. Letters in excess of 250 words may be edited due to space limitations.

ADDRESS CHANGES

Changes to addess should be updated on the NSP National Web Site. Please log on to www. nsp.org and access your NSP Member Page to update your personal information. The Rusty Parka e-mail list is downloaded from the National database. All address changes and corrections must be made on the National site.

CENTRAL DIVISION CALENDAR

Start Date 2010-07-25	End Date 2010-07-26	Type OTHER EVENTS	Region NC	Location Wausau, WI	Event Nine Mile 24 Hour Bike Race	Contact Steve Konkel 1 715 675 9263
2010-07-27		OEC	NC		Ski Brule OEC Class Begins	steven.konkel@gte.net Joe Matuszak jmtooz@aol.com 920 _T 865-7608
2010-08-01	2010-08-01	DEADLINES	NC		Fiscal reports due from Patrol Representatives to Sarah Hull Cc: Section Chief, RD	Sarah Hull sg.hull@verizon.net 715- 848-2571
2010-08-10	2010-08-11	MEETING	Ohio	Shanty Creek Resort, Belaire, MI	MSAA Annual Meeting	Ken Meldahl, Central Div. Rep
2010-08-10	2010-08-11	MEETING	Ohio	Shanty Creek Resort, Belaire, MI	MSSA Meeting	Ken Mendahl, Central Div. Rep.
2010-08-13 2010-08-13	2010-08-14 2010-08-14	MEETING MEETING	Ohio Ohio	Columbus, OH Columbus, OH	PR Retreat Ohio Region-Patrol Representative's Retreat	Jim Vickroy Tom Ciranna, tciranna@aol.com Jay Zedak, bbuster@concentric.net
2010-08-22	2010-08-22	OEC	Ohio	Snow Trails	OEC Instructor Re- certification Clinic - 9AM to 12 Noon	Sharon Pinka sharonpinka@yahoo.com Alida Moonen Alidamoonen@gmail.com
2010-08-28	2010-08-28	REFRESHERS	NC		Bruce Mound OEC Refresher	Scott Loveland 715-333- 2204
2010-08-28	2010-08-28	REFRESHERS	NC		OEC Refresher Ski Brule	Joe Matsuzak 920⊤865- 7608 jmtooz@aol.com
2010-08-28	2010-08-28	REFRESHERS	NC		Big Powder Horn Refresher	Earl Halverson 906 ₇ 932 ₇ 0110
2010-08-31	2010-08-31	DEADLINES	NC		Consolidation of Section fiscal reports into Region report	Sarah Hull sg.hull@verizon.net 715- 848-2571
2010-09-10	2010-09-12	MEETING	NC	Minneapolis	Division Fall Meeting	David Dahl david.dahl@greenheck.co m 715-536-4705
2010-09-10	2010-09-10	DEADLINES	NC		Consolidated Region fiscal report to RD for review	Sarah Hull sg.hull@verizon.net 715- 848-2571
2010-09-10	2010-09-12	MEETING	Ohio	Minneapolis, MN	Central Division Fall Meeting and Awards Banquet	Jim Woodrum
2010-09-10	2010-09-12	MEETING	Western	Minneapolis, MN	Central Division Board Meeting and Awards Banquet	Jeannine Moganjmogan@threeriver sparkdistrict.org
2010-09-11	2010-09-11	REFRESHERS	NC		Indianhad OEC Refresher	Walt Hess threetrack@chartermi.net 906-932-4670
2010-09-18	2010-09-18	REFRESHERS	NC		Black Jack OEC Refresher	Jerry Linn bjlinn@charter.net 906⊤885-5139
2010-09-19	2010-09-19	TESTING/TRAINING	NC	Granite Peak	Instructor Development Section 4	Les Robinson Ilrobins@wctc.net 715-325- 3025
2010-09-19		MEETING	Ohio		Region Fall Meeting - Alternate date 9-26	Bill Currier
2010-09-19	2010-09-19	REFRESHERS	Ohio	Alpine Valley Ski Area	OEC Instructor Refresher 8 AM	Pat Acquila, PR, Izpaq@roadrunner.com
2010-09-19	2010-09-19	MEETING	Ohio	Liberty Twp Hall	Ohio Region 2010 Fall Board Meeting	Bill Currier, RD, curriewd@aol.com
2010-09-21	2010-09-21	OEC	Ohio	PNS	OEC Instructor recertification 4PM	Rose deJanette, rad4@comcast.net
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Start Date	End Date	Туре	Region	Location	Event	Contact
2010-09-22	2010-09-22	TESTING/TRAINING	NC	Marquette Mountain	Instructor Update	Lolita Barry 906-486-8152
2010-09-22	2010-09-22	TESTING/TRAINING	NC		Instructor Development Section 4	Les Robinson Ilrobins@wctc.net 715-325- 3025
2010-09-25	2010-09-25	REFRESHERS	EM	Mont Ripley	Mont Ripley/Mount Bohemia Refresher 8 AM	Patty Asselin paass@mtu.edu 906-289- 4956
2010-09-25	2010-09-25	REFRESHERS	NC		Pine Mountain OEC Refresher	Russ Reynolds rreynolds@new.rr.com920 ⊤465⊤0283
2010-09-25	2010-09-25	REFRESHERS	Ohio	TBD	OEC Refresher BMBW 8 AM	Janet Glaeser, janet7409@cox.net Freddie Shima, freddie2042@sbcglobal.n et
2010-09-26	2010-09-26	REFRESHERS	Ohio	Snow Trails	OEC Instructor Refresher - 8 AM	Sue Cline
2010-09-27	2010-09-27	DEADLINES	Ohio		Input deadline for DOWNHILL Fall edition v 38.1 - the issue that starts primary electronic distribution	Max Davis, editor, DOWNHILL@woh.rr.com
2010-10-01	2010-10-01	DEADLINES	EM		RPN Fall Deadline	Tim Zimmerman tzimmerman@mitchellmet alproducts.com
2010-10-01	2010-10-01	DEADLINES	NC		Consolidated Region fiscal report to Division Director	Sarah Hull sg.hull@verizon.net 715- 848-2571
2010-10-03	2010-10-03	REFRESHERS	Ohio	TBD	OEC Refresher BMBW 8 AM	Janet Glaeser, janet7409@cox.net Freddie Shima, freddie2042@sbcglobal.n et
2010-10-03	2010-10-03	REFRESHERS	Ohio	Mad River Mounain	OEC Refresher 8 AM	Kim Hiser, PR patrolchick@gmail.com
2010-10-03 2010-10-03	2010-10-03 2010-10-03	REFRESHERS REFRESHERS	Ohio Ohio	Snow Trails Alpine Valley	OEC Refresher 8 AM OEC Refresher 8 AM	Sue Cline Pat Acquila, PR,
2010-10-03	2010-10-03	REFRESHERS	Ohio	PNS	OEC Instructor Refresher - 8:00 AM	Izpaq@roadrunner.com Sandi Hammons, PR hammons@insightbb.com
2010-10-09	2010-10-09	REFRESHERS	NC	NC Technical College	Section 4 OEC refresher (GPSP meeting during lunch)	Keith Robinson krobins@live.com 715- 459-3831
2010-10-09	2010-10-09	REFRESHERS	NC		Marquette Mountain OEC Refresher	Jim Grundstrom jimgrundstrom@freichevy. com 906-475-7877
2010-10-10	2010-10-10	REFRESHERS	NC	Granite Peak	Granite Peak chair evacuation and GPSP meeting	Les Robinson Ilrobins@wctc.net 715-325 3025
2010-10-10	2010-10-10	REFRESHERS	Ohio	PNS	OEC Refresher 8 AM	Sandi Hammons, PR hammons@insightbb.com
2010-10-14	2010-10-17	OTHER EVENTS	Ohio	BMBW	Ski Swap	Layton Ives, layton.ives@LFG.com
2010-10-16	2010-10-16	MEETING	NC	Ski Brule	Fall NC Region Board Meeting	David Dahl david.dahl@greenheck.co m 715-536-4705
2010-10-16	2010-10-16	REFRESHERS	Ohio	Paoli Peaks	OEC Refresher 8 AM	Bruce Heichelbrech, PR, heicheldog@insightbb.co m

Start Date	End Date	Туре	Region	Location	Event	Contact
2010-10-24	2010-10-24	MTR	Ohio	ТВА	MTR Instructor retreat, date tentative - check with Dave Zeager	Dave Zeager -
2010-10-29	2010-10-31	OTHER EVENTS	Ohio	Snow Trails	Ski Swap	Bob Wilson Kal Dworkin, PR,
						kdworkin@columbus.rr.co m
2010-11-05	2010-11-07	OTHER EVENTS	Ohio	PNS	Ski Swap	Sandi Hammons, PR hammons@insightbb.com
2010-11-06	2010-11-06	OTHER EVENTS	NC		Marquette Mountain Race Team Ski Swap	Jim Grundstrom jimgrundstrom@freichevy. com 906-475-7877
2010-11-06	2010-11-07	OEC	Ohio	BMBW	Basic OEC Course Test	Jim Bichl, jamesbichl@netscape.net Mike Spector, mspector@chmca.org
2010-11-07	2010-11-07	REFRESHERS	NC		Minocqua Winter Park OEC refresher 9:00 AM	Betty Adams mbadams@newnorth.net 715⊤588⊤7731
2010-11-13	2010-11-14	OTHER EVENTS	NC	Green Bay YMCA	Green Bay YMCA Ski and Sport Sale	Joe Matsuzak jmtooz@aol.com 920⊤865-7608
2010-11-13	2010-11-13	OEC	Ohio	Snow Trails	SEM Calibration Clinic for SEM Evaluators - 1 PM to 4 PM	
2010-11-13	2010-11-13	SENIOR	Ohio	ST or MRM	SEM Calibration Clinic	Dave Baumlein dbaumlei@insight.rr.com
2010-11-13	2010-11-13	OEC	Ohio	Snow Trails	OEC Instructor Re- certification Clinic - 9 AM to 12 Noon	Dave Baumlein dbaumlei@insight.rr.com
2010-11-20	2010-11-21	TESTING/TRAINING	NC	Ski Brule	Ski Brule SES	Joe Matuszak jmtooz@aol.com 920⊤865-7608
2010-12-01	2010-12-01	DEADLINES	NC		Senior Applications Due	Les Robinson Ilrobins@wctc.net 715-325- 3025
2010-12-03	2010-12-03	MEETING	NC	Trollhaugen	Patrol Rep Meeting w/Division	Jim Woodrum
2010-12-04	2010-12-05	REFRESHERS	NC		Ski Brule On-Hill Refresher	Joe Matuszak jmtooz@aol.com 920⊤865-7608
2010-12-04	2010-12-05	TESTING/TRAINING	NC	Trollhaugen	Division STW	Don Loerch dloerch@sbcglobal.net
2010-12-10	2010-12-10	MEETING	NC	Boyne Highlands	Patrol Rep Meeting w/Division	Jim Woodrum
2010-12-11	2010-12-12	TESTING/TRAINING	EM	Boyne Highlands	Division STW	Don Loerch,
2010-12-11	2010-12-12	REFRESHERS	NC		Ski Brule On-Hill	dloerch@sbcglobal.net Joe Matuszak 920⊤865-
2010-12-11	2010-12-11	OTHER EVENTS	NC	Ski Brule	Refresher Ski Brule Ski Swap	7608jmtooz@aol.com Joe Matuszak 920⊤865-
2010-12-17	2010-12-17	AVALANCHE	NC	Cascade Mountain	Division Patrol Rep	7608 jmtooz@aol.com Don Loerch,
2010-12-18	2010-12-19	TESTING/TRAINING	NC	Cascade Mountain	Division Update Division STW	dloerch@sbcglobal.net Don Loerch,
2010-12-21	2010-12-21	DEADLINES	Ohio		Input deadline for DOWNHILL Fall edition v	dloerch@sbcglobal.net Max Davis, editor, DOWNHILL@woh.rr.com
2011-01-07	2011-01-07	DEADLINES	EM		38.2 RPN Winter Deadline	Tim Zimmerman tzimmerman@mitchellmet alproducts.com

Start Date	End Date	Туре	Region	Location	Event	Contact
2011-01-08	2011-01-09	TESTING/TRAINING	NC	Minocqua Winter Park	Central Division Nordic Clinic 9:00 AM	Betty Adams mbadams@newnorth.net 715⊤588⊤7731
2011-01-08	2011-01-08	TESTING/TRAINING	NC		Bruce Mound S&T	Scott Loveland 715-333- 2204
2011-01-08	2011-01-09	REFRESHERS	NC		GPSP On Hill Refreshers	Les Robinson Ilrobins@wctc.net 715-325- 3025
2011-01-08	2011-01-09	CERTIFIED	Ohio	PNS	Certified Pre-Qualification starts 4PM on Jan 8th	Dan Moss, Certified Advisor, dan@mossremodeling.co m
2011-01-08	2011-01-09	TESTING/TRAINING	Ohio	PNS	STW - S&T Workshop - 8:30 AM	Amy Arnold, luciawave@mac.com Troy Southwick, TSouthwick@Limitedbran ds.com
2011-01-10	2011-01-10	TESTING/TRAINING	NC	Indianhead	Division Nordic Clinic 9:00 AM	Peter Wollan peter.wollan@gmail.com
2011-01-15	2011-01-15	DEADLINES	NC		Powder Lines deadline	Tim Zimmerman tzimmerman@mitchellmet alproducts.com
2011-01-15	2011-01-16	TESTING/TRAINING	Ohio	Boston Mills	STW - S&T Workshop - 8:30 AM	Amy Arnold, luciawave@mac.com Troy Southwick, TSouthwick@Limitedbran ds.com
2011-01-22	2011-01-22	TESTING/TRAINING	NC	Ski Brule	S & T Clinic 8:00 AM	Jim Grundstrom, jimgrundstrom@freichevy. com
2011-01-22	2011-01-22	TESTING/TRAINING	Ohio	PNS	TES - 8:30 AM	Troy Southwick, TSouthwick@Limitedbran ds.com
2011-01-22	2011-01-22	TESTING/TRAINING	Ohio	Mad River Mounain	SES/SNES 8:30 AM	Kent Oliver/Amy Arnold, luciawave@mac.com
2011-01-23	2011-01-23	SENIOR	NC	Ski Brule	Mandatory SEM Clinic	Joe Matuszak jmtooz@aol.com 920⊤865-7608
2011-01-23	2011-01-23	TESTING/TRAINING	Ohio	Snow Trails	SES/SNES 8:30 AM	Bryan Loveless/Amy Arnold, luciawave@mac.com
2011-01-23	2011-01-23	TESTING/TRAINING	Ohio	Paoli Peaks	TES - 8:30 AM	Troy Southwick, TSouthwick@Limitedbran ds.com
2011-01-29	2011-01-29	OTHER EVENTS	NC		Noquemanon Ski Race	Jim Grundstrom jimgrundstrom@freichevy. com 906⊤475-7877
2011-01-29	2011-01-29	TESTING/TRAINING	Ohio	Big Creek	SES/SNES 8:30 AM	Amy Arnold, luciawave@mac.com
2011-01-30	2011-01-30	TESTING/TRAINING	Ohio	Boston Mills	SES/SNES 8:30 AM	Amy Arnold, luciawave@mac.com Layton Ives, layton.ives@LFG.com
2011-02-05	2011-02-05	TESTING/TRAINING	Ohio	Snow Trails	TES - 8:30 AM	Troy Southwick, TSouthwick@Limitedbran ds.com

Start Date 2011-02-05	End Date 2011-02-05	Type TESTING/TRAINING	Region Ohio	Location Paoli Peaks	Event SES/SNES 8:30 AM	Contact Amy Arnold, luciawave@mac.com Bruce Heichelbrech, PR, heicheldog@insightbb.co m
2011-02-06	2011-02-06	TESTING/TRAINING	Ohio	PNS	SES/SNES 8:30 AM	Jon French,
2011-02-06	2011-02-06	TESTING/TRAINING	Ohio	Mad River Mounain	TES - 8:30 AM	frenchje@gmail.com Troy Southwick, TSouthwick@Limitedbran ds.com
2011-02-12	2011-02-13	SENIOR	NC	Mont Ripley	Region Senior Evaluation	Les Robinson Ilrobins@wctc.net 715⊤325-3025
2011-02-12	2011-02-12	TESTING/TRAINING	Ohio	Alpine Valley	TES - 8:30 AM	Troy Southwick, TSouthwick@Limitedbran ds.com
2011-02-13	2011-02-13	TESTING/TRAINING	Ohio	Boston Mills	TES - 8:30 AM	Troy Southwick, TSouthwick@Limitedbran ds.com
2011-02-24	2011-02-27	CERTIFIED	NC	Lutsen	Certified Weekend	Greg Kerwin gkerwin@juno.com 906⊤226⊤2431
2011-02-26	2011-02-26	TESTING/TRAINING	NC	Ski Brule	Brule Candidate Evaluation	Joe Matuszak jmtooz@aol.com 920⊤865-7608
2011-02-26	2011-02-26	NORDIC	NC	Hayward, WI	American Birkebeiner	Barbara Wheeler bawheelerski@msn.com bawheelerski@msn.com
2011-02-26	2011-02-26	SENIOR	Ohio	Boston Mills	Senior Alpine Toboggan Clinic - 8:30 AM	Amy Arnold, luciawave@mac.com Troy Southwick, TSouthwick@Limitedbran ds.com
2011-02-27	2011-02-27	TESTING/TRAINING	Ohio	Boston Mills	Senior Alpine Exam - all day	Tom Tavenner, tom@tavgroup.net
2011-03-03	2011-03-05	CERTIFIED	Ohio	Lutsen MN	Certified Test - Thursday - Saturday	
2011-03-05	2011-03-05	OTHER EVENTS	NC	Minocqua Winter Park	Lakeland Loppet Ski Race	
2011-03-12	2011-03-12	OTHER EVENTS	NC	Calumet, MI	Great Bear Chase Ski Race	Barbara Wheeler bawheelerski@msn.com 906⊤487⊤9695
2011-03-12	2011-03-12	OEC	Ohio	Mad River Mounain	SEM Calibration Clinic for SEM Evaluators - held the evening before the SEM	Dave Baumlein
2011-03-12	2011-03-12	OEC	Ohio	Mad River Mounain	SEM Calibration Clinic for SEM Evaluators - held the evening before the SEM	
2011-03-13	2011-03-13	SENIOR	Ohio	Mad River Mounain	SEM 8AM to 4PM	Dave Baumlein dbaumlei@insight.rr.com
2011-03-21	2011-03-21	INSTRUCTOR DEVELOPMENT	Ohio	Boston Mills	Instructor Development Class, session 1, 7-10 pm	Janet Glaeser, janet7409@cox.net Freddie Shima, freddie2042@sbcglobal.n

et

Start Date 2011-03-23	End Date 2011-03-23	Type INSTRUCTOR DEVELOPMENT	Region Ohio	Location Boston Mills	Event 2nd session, Instructor Development Class, 7-10 pm	Contact Janet Glaeser, janet7409@cox.net Freddie Shima, freddie2042@sbcglobal.n et
2011-04-08	2011-04-10	MEETING	NC	Chicago	Central Division Ski Board Meeting	Jim Woodrum
2011-04-15	2011-04-17	MEETING	NC	Waters of Minocqua	NC Region Awards Banquet	
2011-04-30	2011-04-30	MEETING	Ohio	BMBW	Ohio Region 2011 Spring Meeting and Awards Banquet	Bill Currier, curriewd@aol.com
2011-09-09	2011-09-11	MEETING	Ohio	Ohio	Central Division Fall Meeting and Awards Banquet	Jim Woodrum
2011-09-09	2011-09-11	MEETING	Ohio	Marriott at River Center, Cincinnati, OH	Central Division Meeting, Banquet and Awards Ceremony hosted by Ohio Region	Bill Currier, curriewd@aol.com John McGoff, Jjmcgoff@aol.com



September 10 -12 Minneapolis, MN Register Today! Form on Page 7

Tail Rope

Always Remember to Look Back



This issue's Tail Rope photo comes courtesy of Central Division MTR Supervisor John Wachter. Two unnamed volunteers demonstrate proper "victim placement" for search and rescue training.

To submit one of your favorite photos from the past, send a digital file to the RPN editor at tzimmerman@mitchellmetalproducts.com or send a hard copy photo to:Tim Zimmerman, 7472 Stonefield Trail, Schofield, WI 54476.