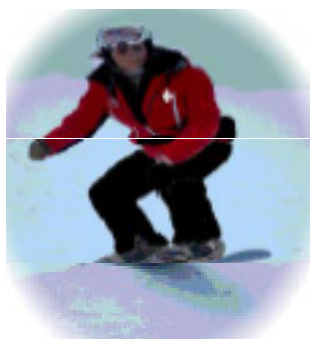




Rusty Parka News



Vol. 58 Issue 1

www.nspcentral.org

Fall 2019

Division Director's Report



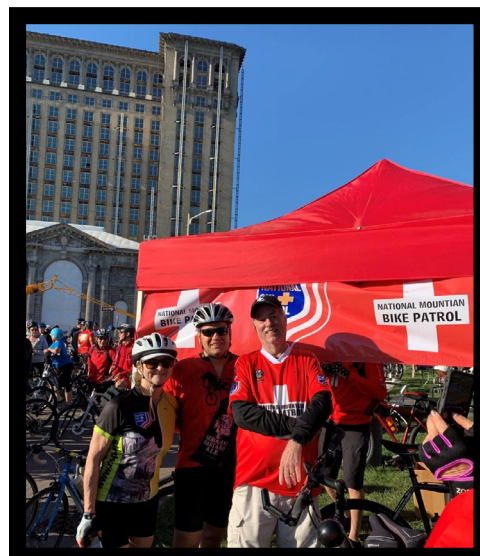
Mike Schons
Division Director

Hard to believe that summer is over and it's time to start putting in motion the plans for the 2019 – 2020 season. We held the Fall Division Meeting in Cleveland and thank you to the Ohio Region for hosting this great event!! We used Facebook Live to broadcast the general meeting and the awards portion of the banquet. I have not received any feedback so if you liked it or have ways we can improve communication to you, please feel free to email me.

I attended the Tour de Troit in Downtown Detroit on September 14th, where the CRAMBA bike patrol provided medic and sweep support for the event. This bicycle ride was amazing with 4000 cyclists leisurely riding 25.6 miles and viewing Detroit's historic sites. This also brought patrollers in from across Michigan. Below are two patrollers from WMR's Timber Ridge.

The refreshers are starting up so please view the Division Calendar for all refresher dates in case you need to attend one of the other patrols. I have been to a couple of refreshers including the Northern Michigan Region Refresher. This was very well organized! I would like to thank John Wiley, Mike Malanga and Dick Jacques for the invitation to attend this great event. I also now have all of my refreshers and requirements completed and I'm ready to come visit and ski with you this season!

From there I attended the Complex Coordinated Full Scale Scenario held in Oakland County, Michigan. The scenario was three different terrorist attacks in three different cities across the county, all at the same time. This full scale action involved hundreds of law enforcement, EMS crews and hospital personnel and of course volunteers. We had 69 ski patrol members at



the location I was at. We were not allowed to photograph during the event or post to social media, however, below is the Lead Coordinator and a picture of the ARD Nancy Trout from the Eastern Michigan Region during our “after action de-briefing.



This was a great opportunity to witness first hand, ICS 100 in a live situation, and how so many other responders are coordinated during a crisis. We did learn in the “after action” that plain language may not be so plain as brought up by the EMS crews. The Ski Patrol offered three opportunities for improvement in triage coding, assisting the blind to safety and communicating with the deaf. I would like to thank Michigan Adaptive Sports for providing the volunteers who added a much higher level of realism than normal. Thanks to all the folks from the Michigan Regions, EMR, NMR and WMR for participating in the event! Finally, I would really like to recognize Larissa Munz from Granite Peaks in Wisconsin for making the seven hour journey to help.

Fundraising ski swaps are also starting up. Remember that ski swaps not only help raise necessary funds for patrol educational needs, they expose the skiing public to us as patrollers and the resorts we represent. Let’s welcome those customers as this is a great opportunity to provide information on how to join us in either ski or bike patrolling.

Finally, there are several public conference calls planned that gives you, the member, an opportunity to hear from the Candidates for the National Board. I am co-hosting these calls with Eastern Division. We give each candidate two questions. The first question, we give each candidate five minutes to answer, The second question is a free forum question, This is a great opportunity to get to know the candidates platform and how they think about issues facing the organization. You can find the call-in information, dates, times and number on the National website calendar or I have listed it below;

Dates:

October 6, 20, November 3 and 17

Call-in:

ZOOM

<https://zoom.us/j/8437700522>

Phone

+19294362866,,8437700522# US (New York)

As always, if you ever have questions or comments that the staff or I can help you with, please, always feel free to contact us.

Parka Picks

Be the Change	P. 3
Vote	P. 7
Toboggan	P. 8
Instructors Needed	P.11
Are You Social?	P. 14
Opiate Overdoses	P. 16
Awards!	P. 23

Be the Change That Your Patrol Needs You To Be!



Anne Blaedow
ADD

The heart and soul of the NSP is the **everyday patroller**. You make an impact on our skiing public each and every time you are on the chairlift. Recruiting is how we touch the future of our sport and our organization. How does your patrol reach new members? Does your patrol need a candidate class of 20 people next season? Most patrols would answer “YES!!” to that question. The reality is that recruiting doesn’t just happen, it takes a focused effort on the part of patrollers to reach out into the snow sports community to find the future patrollers.

When you joined the patrol, who reached out to you? What made you take the first step into patrolling? **I was the “accidental patrol candidate”**. I had no idea that I was signing up for a ski patrol class. The Red Cross Advanced First Aid class was advertised in the local paper and I was a high school kid who wanted to learn first aid. I showed up at the course and was surprised to see everyone in ski patrol t-shirts and talking about ski patrol. “What is Ski Patrol?” actually came out of my mouth. Who else is the next “accidental candidate” that we have yet to meet?

After talking with several PD’s, I’d like to share some effective Recruiting ideas:

- Does your patrol have a **recruiting team**? If not, get one! Make it a good cross-section of people on your patrol. Create a planned approach to handling potential recruits so that no one slips through the cracks.
- You’ve heard of an “elevator speech”, what do your Patrollers use for their “**Chairlift speech**”? What is the 2-minute “spiel” that you share with the customers that you meet on a lift ride to the top? Write one and train your crews to be on the lookout for the next candidates.
- Harness social media to promote your patrol. **Craft your patrol image** with pictures, promote training sessions, safety days, course information, links to “get more info”, be sure to include the patrols personality as well. Share your **culture of professionalism, meaningful service and fun**. Focus the social media on the positive aspects of your patrol.
- Do your patrollers have “**contact cards**” to collect a prospect’s info? Is there a clear method of collecting names of prospective candidates? Create ski patrol business cards that patrollers can hand out when they encounter interested people. Communication is two way... give info and get info in order for the followup relationship to begin.
- Encourage and “**Everyone Reaches One**” mentality. Every patroller should be looking for a new recruit to bring into the organization. Award your patrol’s top recruiters! Special parking? Traveling trophy? Banquet meal? Bragging rights? Ski Area SWAG?
- Make it VISUAL... Create a “recruiting thermometer” type of visual that shows what your patrol recruiting goal is for the next candidate class. Color it in as you collect new candidates and recognize them on the poster.
- **Every patient and their friends/family** should see that you are looking for new patrollers. They are potential recruits. Invite them to join us and have them leave with an **invitation to a ski along**. We miss out on opportunities to recruit if our grateful patients leave without a way to get more information about joining us.
- Does the team plan a ski along to give them a sense of what patrollers do? Create an agenda/lesson plan for the ski along so that certain things are covered and certain experiences are had while on the ski along session.
- Plan a “**safety day**” event to promote our safety messages and have recruiting info available as well. While sharing the Safety Promotional Materials, share the benefits of our organization and invite them to a ski along.
- Welcome people from **ALL walks of life**. Business people, engineers, medical people, teachers, homemakers, mechanics, plumbers.... All make excellent patrollers!
- Who do we **target our efforts** to? Skiers/boarders/telemarkers, group leaders, youth leaders, park riders who are always there, ski club advisors, ski team parents, patients and family members of patients.

- Who has some **training already**? Tap into Local EMTs, nurses, firefighters, Chiropractors, Doctors, etc.
- Ask your **General Managers for support**. Lift tickets for ski along participants, SWAG to promote your patrol to their customers. They want a healthy patrol and will support you!
- **Analyze your root motives** for joining the patrol because they may be the exact reasons that someone else may be looking for something else in their lives. Patrolling will fulfill a person in ways that no other will. Share your "origin story" for patrolling and you may be surprised at how many others are looking to build the connections with our sport and our people.

We are a relationship business and by embracing that, we will attract our next generation of patrollers. Potential candidates are found anywhere you start talking about your patrol. **Be the person that your patrol needs you to be..... Be a recruiter!** You never know who is waiting for the opportunity to join us on the snow. You never know who is **waiting to be invited!!**

WE WANT YOU!

...to join National Ski Patrol!

Present this card at the local patrol room to learn more about NSP and discover how you can get involved!



Like us on Facebook at
www.facebook.com/nationalskipatrol

www.nsp.org



Photo: Scott White

Upcoming Ski Season



**Les Robinson
ADD**

Thanks to Ohio Region for hosting the division meeting and awards. It was a great time honoring many of our great patrollers with Awards. Let's write up as many this coming year as we can and win some Gold Merit Stars next summer.

It's time to consider who to vote for the National board election. We would like to see voter turnout for the division high this fall, the vote starts October 15th and runs through December 2nd. With that said, get online and read the candidates information, check to make sure your information is up to date at national and you will be able to vote. If anyone needs help for getting online; support@nsp.org

I've also heard that this winter could be a cold snowy one, let's hope. That plus it being October now we need to be thinking about our Core Strength, so get a good core workout and work it.

We have many events at the division and region level, please look them up at the division website which has been rebuilt (thanks Kent Anderson). Pick something this year to work on, attend something new and take your patrolling to the next level.

**If you're not having a good time,
You're not going to learn a thing.
People fail because the teacher
didn't make them laugh. – Chad Hy-
mas**



Region Reports

South Central Region



Steve Paladini
South Central
Region Director

The Region's eight Outdoor Emergency Care classes, with 64 candidates, are finishing up bringing on a new class of patrollers. Our fourteen Instructor and Patrol Refreshers are underway. Patrol OEC Instructor's and IOR's along with the Region's Instructor Trainers, have put a lot of time preparing this year's material.

Again, this time of the year, the Region Program Advisers are working on scheduling this seasons programs, classes, clinics and evaluations. I cannot thank the Region Program Advisers and Staff enough, for their help, dedication and hard work.

As many know, Anne Blaedow of the Alpine Valley Ski Patrol took on the role of Assistant Division Director. This left the Region's Senior Administrator position open. I'm pleased to announce that Erik Hudson of Alpine Valley, has taken on this position. Assisting Erik will be: Dani McPherson of Cascade Mountain with the on-hill ski skills, Tony Ortaga of Alpine Valley with the on-hill toboggan and finally, Larry Golding of Alpine Valley, with the Senior OEC module.

The Region had one Patrol Director change. Lynn Thornton stepped down as Cascade Mountain Ski Patrol Director. Filling this position is Branden Wall.

With Erik Hudson taking on a new responsibility, the position of Section Chief, Section I was left open. The Region board took this opportunity to realign the Region's sections. Previously there were four sections in the Region. Now there are three. We combined the patrols in Sections I and III and Matt Poser is now Section Chief, Section I. The Section II patrols remained the same, still led by Stephanie Lent. The Section IV patrols are now in Section III, led by Mike Hare.

Have a safe season!

Eastern Michigan Region



LJ LaVene
Eastern MI
Region Director

Eastern Michigan Region is looking forward to the upcoming season. We recently gathered for our Annual Fall Meeting. We finalized many of our upcoming events and courses. The information is being loaded to our website at www.nspemr.org

Many of our patrols have completed their refreshers. If you have missed your refresher, please check the calendar for availability. Pine Knob annually hosts a final make-up refresher the weekend before Thanksgiving. Course information as well as contact is available on the website.

Thank you to all the patrollers who volunteered your time for the Oakland County Disaster Exercise. Those patrollers reported of the great experience the opportunity provided.

I am anticipating a great season doing what we enjoy! I am looking forward to seeing you on the hill soon.

Western Michigan Region



John Donnelly
Western MI
Region Director

For some reason, it seems like the summer flew by and the fall is picking up steam as we prepare for the upcoming season. As I write this, we are in the thick of our refreshers in Western Michigan. Most patrols in our region have held their instructor refreshers and the next few weeks will see all the scheduled refreshers completed.

In addition to the focus on refreshers, our OEC teams have several basic OEC classes underway in various stages. One class was completed in late summer and at least three more are in session with plans to wrap up before calendar year end. At least one patrol is planning a Basic OEC class for the winter if enough candidates are interested. Our hill training teams are working on their calendars and finalizing plans for various SES, TES and Region workshops along with plan for the ASDW in early December. Our patrols and Region leadership are also focused on working to have our member's FEMA ICS-100 requirements met by the end of the year.

During the late spring and summer, patrols and patrollers in our region supported a number of non-skiing/riding events. This support ranged from formal patrol/first aid for events sponsored by resorts to less formal activities at various adventure races and cultural events. We expect to see these events and our participation growing over the next few years.

Over the summer, Western Michigan Region welcomed several new Region advisors. Chris Hopper is the Region toboggan advisor (OET). Chris takes over the toboggan/OET role from Shawn Rhoda who has worked for many years in various roles on alpine and senior hill training teams. Jess McCallum is our new Young Adult Patroller (YAP) advisor. Jess takes over for Maddie Dodson-Garrett who transferred to another Region last season. Jacob Clemons is now our region's Awards advisor after working with Rog Brands last year for this transition. Mark Johnson formally took over as Section Chief in our Section Two effective July 1. Our region extends our thanks to Shawn, Maddie, Rog and Kevin for their dedication and support of our program. We recognize the effort and time required to fulfill these roles and are grateful for their contributions.

I know everyone is looking forward to a great season and is hopeful that our areas can get an early start on the season.

Southern Region



Mike Vaerewyck
Southern Region
Director

Here in the Southern Region we just wrapped up another Windy City Ski Show. It was a great time seeing old friends while helping civilians find ski gear and raising money to support our program. Thank you to everyone who took time to volunteer and make this a successful event.

Michiana Bike Patrol is in full swing but will soon be coming to the tail end of their season. This means it is time for everyone to dust off their patrol packs and vest and start to refresh on their OEC skills. Before you know it we will be on the snow putting those skills to good use.

Start marking your calendars for the below dates and we will see you when the snow flies!

STW Jan 4th-5th at Wilmot
Senior Application due Jan 1st
SES/TES Feb 1st-2nd at Chestnut
Senior Hill Test Feb 22nd at Chestnut
Senior OEC Feb 29th at Villa Olivia

Ohio Region



Chris Raudabaugh
Ohio Region Director

First, I want to thank all of those that attended the 2019 Central Division Fall meeting and events. There were many fun events, good food, and good music. Thanks to Guy Day and his team of meeting helpers for all of their hard work.

Ohio Region ski patrols are busy refreshing and running fall fests and ski swaps. Most of these events are outlined at ohionsp.org. The big change that is occurring in our Region is the latest purchase of ski areas by Vail. Of the 17 ski resorts that have been acquired, 5 of those are in the Ohio Region (Mad River Mtn, Paoli Peaks, Brandywine, Boston Mills, and Alpine Valley). The acquisition has just completed, so I'm sure there are upcoming changes, and it will happen over time and into the ski season.

Everyone have a great Fall, and look forward to seeing everyone on the slopes.

North Central Region



James Hughes
NC Region Director

It's another beautiful fall time of the year and new candidate Outdoor Emergency Care (OEC) classes are wrapping up and retuning. NSP NCR members have begun OEC refreshers. As we all look forward to another season we need to keep in mind why we refresh our skills and attend training events. We all need to be ready to act when we are called upon. A first responders obligation is one of the most important in the chain of critical care. Last year we had several events where members of the NSP NCR went into action and made a positive difference. Many of us heard some of these stories at our annual awards banquet. All our members should be proud of their education in emergency care and their skills in the care and transportation of the injured.

This brings me to asking all NCR members to look at the other training events going on each year within our region. Please take the time to attend a training event you have not attended in the past and I can assure you there is something new to learn. I think you will find these events are fun while at the same time sharpening your knowl-

edge and skills. We are fortunate to have some of the very best instructors located in the NCR and they are dedicated to helping you succeed. You can find these events on our new website calendar "NSPNCR.ORG". If you're planning an event, please send a note from the website to Daren and he will get it on the NCR calendar. There is also a list of the region leadership team contact information if you have questions.

Most importantly, your region leadership team understands the commitment you all have made. In advance, we want to thank you for all you do.

Central Division Candidates!

Howard Bates, Central Division

Jay Zedak, Central Division

Toboggan Supervisor Update



Tracy Buchanan
Toboggan
Supervisor

You know it is nearing ski season as the OEC Refreshers are wrapping up and we are starting to hear word of snowfall to our West!

Your Division skills development team has been hard at work gearing up for this years' ASDW's, which will be held at Boyne Highlands, December 7-8 and at Big Snow, December 14-15. This year our theme is "Thinking towards Tomorrow" and in keeping with this theme, I have added a new course to the already existing Toboggan courses. The new course is for up and coming Toboggan Trainers or IT mentees who would benefit from coming to our Division event for a prep clinic. This toboggan clinic will focus on Movement analysis, how the Five fundamentals are incorporated into toboggan handling, teaching progressions and giving effective feedback while working with a member of our Division Staff. This course is directly related to the feedback we have received from attendees of prior ASDW's and we appreciate your input!

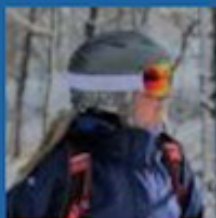
I would encourage everyone to invest some time this season to work on your own ski and toboggan handling skills. Check in with your Region OET advisors, their contact information is listed below, and see what TES's or SES's are scheduled in your region! We are very lucky in Central Division to have the caliber of trainers that we do and why not take advantage of it!

I hope that you all have a fun and snowy season!

Eastern Michigan	Jamie Roell	jvroell@comcast.net
North Central	Steve Bell	nspsteveb@gmail.com
Northern Michigan	Dan Dryden	drphoton@yahoo.com
Ohio	Troy Southwick	troy.southwick@gmail.com
South Central	Jeremy McPherson	jeremymcp123@gmail.com
Southern	Jon Malhoit	jdmalhoit@gmail.com
Western	Jake Meyer	jacobbmeyer@gmail.com



SOL ALPINE



Founded by a Ski Patroller with the mission to support Patrols, Sol Alpine makes practical, rugged, innovative snow goggles. We partner with on-mountain shops to support their Ski & Bike Patrols by giving 1% of our sales to the Patrols where Sol Alpine goggles are sold. We'd love to support your Patrol.

Pro pricing offered to NSP members. Contact us at SolAlpine.com



OEC Update



Kim Zambole
OEC Supervisor

I admit it. I love being a ski patroller. Do you? Great skills...great friends...it's all fun! We are all warming up for our busiest time – winter. Busting out our patrol packs getting them set for OEC refreshers. Revisiting our winter gear and starting the tuning process. Some are even starting their 'couch to slope' exercise/training programs. All of this, because we love patrolling.

Some thoughts about what we need to prepare for the season of patrolling – OEC refresher. It is the one constant that we all must successfully complete to do the work that we love – ski patrol. The OEC Instructors and Instructor Trainers are critical players in providing quality events. They start planning as early as August to be sure that the patrollers in their local areas, sections, and regions have an event that meets the criteria of certification. Without their attention to detail and their thoughtfulness, we would not have the refresher events that we have each fall. Without quality OEC refreshers, we cannot be patrollers.

If you like being a patroller even half as much as I do, please take some time to thank the instructors who work hard to be sure we all can meet the requirements to be a patroller. How can you thank them? Acknowledge they put in many more hours than they get credit for in planning/practice. When at your OEC refresher, thank them for putting their skills and talent into action for the patrollers. When you have suggestions for enhancing the refresher, be sure to put it in writing on the evaluation form. Remember that they didn't write the refresher objectives but are responsible for helping you meet them so you can continue being a ski patroller.

See you on the slopes!!



426 Fund

Otherwise known as the Dan Somalski Memorial Fund, this trust was set up to honor a very special friend, patroller and mentor, the late Dan Somalski. Dan, as many of us know, dedicated much of his 25 year patrol career to helping others attain their goals both on and off of the mountain. As a long time Certified (#426) and PSIA level 3 he was legendary both inside and outside of the handles. It is in memory of Dan's example that the trust was created to ease the burden of a patroller's credentialing costs, while encouraging advancement.



The fund committee is currently seeking applications from interested patrollers that could use financial assistance in their quest for further credentialing advancement.

Application forms are available online. www.nspcentral.org (Look for Dan's picture.)

The completed application form should be sent by email or fax to Assistant Division Director Tom Anderson.

E: tpanderson@charter.net

P: 906-361-7609

Central Division Certified Program Update



Ron Gerdes
Certified

Years ago, I started to refer to ski patrol as, "my winter family". This seemed to be a fitting description since we would spend 6 months together patrolling, teaching, learning, growing... drinking... Then come spring, we said our goodbyes and then, like clockwork, the leaves would change colors and without missing a beat, we would pick up where we left off. I have started to notice a change. The winter family is slowly growing into just, family... It seems, our relationships are outgrowing seasonal borders and poring over into hot and sunny days at the lake, the golf course, on the bike, or at the ball game. This is a pretty cool thing! This is a testament to the type of personality that our program attracts. We celebrate like family, we bicker like family, we shed tears together like family... We are there for one another... just like family. I for one am humbled to be a part of such a great organization!

New Certified Staff

Congratulations to all of our new Certified staff members. These fine patrollers completed their requirements and were presented with their certified numbers during the certified evaluation at Boyne Highlands/Nubs Nob back in March.

#824 John Mehl

#826 Mark Branham

#827 Erik Rambo

#828 Les Robinson

#829 Tracy Buchanan

#830 Marty Blazkowski

2020 Evaluation Dates

Mark your calendars! We will officially be having our 2020 certified evaluation at Marquette Mountain, the week of February 27 - 29, 2020. Thanks to Tom Anderson for working with the new management at Marquette Mountain and making this happen!

Assistant Division Program Advisors

Daren Lukes has officially accepted the position of Assistant Advisor. He will join Carl Woodcock as my babysitter-in-chief to ensure I don't make a mess of things.

Recertification/Qualification Dates

If you are interested in participating in any facet of the program, do not hesitate to reach out to me, or your region certified program advisor. We can get you going in the right direction. We are always looking for participants, not just in the capacity of a testing candidate, but as helpers, administration, and many other roles.

Central Division Certified Region Administrators:

Eastern Michigan Region Advisor

Jamie Roell 5jvroell@comcast.net

Ohio Region Advisor

David McKinley davemckinley4@yahoo.com

North Central Region Advisor

Tom Anderson tpanderson@charter.net

South Central Region Advisor

Paul Fuchs psfwho@gmail.com

Northern Michigan Region Advisor

Carl Woodcoc carl.woodcock@scolopax.net

Southern Region Advisor

Todd Shurtz nsp617@gmail.com

Western Region Advisor

Aaron Hislop aaron@houseofhislop.com

Western Michigan Region Advisor

Hal Froot skicrud@ameritech.net

Instructors Needed!! What is the process?



Marie Traska
Instructor Development

I am the new Instructor Development program supervisor for Central Division. I have been an ID instructor and an IT for over ten years. The instructors are a critical aspect of the National Ski Patrol and new instructors are needed each year to step up and help with OEC and OET in particular.

Step 1: Instructor Development Course:

Option 1: The traditional eight-hour course as a group class taught at the region or patrol level.

Option 2: An online course offered through National. This is a course you take at your own pace and then you meet with an ID instructor to present a lesson that you have prepared. You also get to practice giving and receiving feedback on your lesson and presentation.

Step 2: Mentoring in your discipline (OEC, OET, MTR etc)

Mentoring under a strong instructor will give you a personalized path to becoming an instructor in that specific discipline. As a team, you will co-plan, co-teach and practice giving instructive feedback to students. Depending on the instructor candidates past experience and ability to teach and provide feedback, Mentoring can be a short or long experience. It is personalized to the individual.

Step 3: IT Verification

When you are ready to teach and coach others by yourself, a Region IT, from another patrol in your region, will come and observe you lead a class and give you feedback. If the IT feels you are ready to be fully certified as an Instructor, they will end your official mentoring and certify you as a full instructor.

After the proper signatures are acquired it is sent to the ID Supervisor and to National.

Contact your region Instructor Development about upcoming ID courses. Check with your Patrol representative for additional news on ID courses. Your area can also offer to host a class! Learning together is fun!!

This will be a rewarding adventure for you as you help development new leaders for the NSP.

George Gilin
Lolita Barry(Rosebud)
Sharon Crockett
Kim Corrigan
Rick Wayne
Joe Zarek
Robert Iverson
Pat Livingston

Eastern Michigan
North Central
Northern Michigan
Ohio
South Central
Southern
Western
Western Michigan

ggilin@hotmail.com
lbarry@chartermi.net
crockett2@charter.net
kacorrigen@gmail.com
fewayne@gmail.com
jzarek721@gmail.com
iverson043@umn.edu
Livingston-plivingston67@gmail.com

Marie Traska
Instructor Development Supervisor
traska5@charter.net
715-212-2644

Nordic News



Jeff Schmidt
Nordic
Supervisor

Greetings!

Kathy and I recently retired and have been on an extended "road trip" for the past six weeks. This is a beautiful country and as I write this, there is snow falling in the north west. The aspen trees are turning a bright yellow and are decorating the mountain sides. This is a first hand reminder that ski season is right around the corner.

Hopefully you are getting ready for the season and have your refreshers scheduled or completed. I am excited for the coming season. I am looking forward to getting out on the snow. This can be the year that you can improve your OEC skills, or your skiing skills. If you have been thinking about going for your Nordic Sr. or even setting your sights higher and working towards your Nordic Masters certification. Please reach out to me and I can assist you in your pursuit to improve your Nordic skills.

There are a couple of Division events I want to make sure you have on your 2020 calendars. The first is the Division Nordic SES and TES which will be held in Minocqua, Wisconsin on Jan. 11 and 12, 2020 at Winter Park Nordic Center. The second is Monday Jan. 13 at Indianhead for our Tele Ski Enhancement Seminar. Drop me an email if you are interested and I will get you all of the details. The American Birkiebeiner races will be held the week of February 20-22, 2020. If you are interested in more details on how to help patrol these events, send me an email and I will get you all the information. If you are already a Birkie patroller (thanks!). We are always looking for good patrollers so be on the lookout for any patrollers that would be interested in this event. This is always a great time and an awesome event.

I hope everyone has a great season, and I am looking forward to getting out on the snow with you this season.

Ski Safe



Jim's Sportswear is a Screenprinting and Embroidery company owned by Nub's Nob Ski Patroller Jim Arlen. Our email is; jimssportswear@gmail.com.

We offer our services to all patrols across the country.

Check out their website at:
<https://jimssportswear.com/>

PSIA Update for NSP members

Amy Arnold - PSIA / AASI Liaison

Are you needing PSIA continuing education credit this season? Do you want to learn more about PSIA before making a commitment to join the organization? Are you a toboggan trainer who would like some new drills and teaching tips to add to your "bag of tricks" PSIA Central has just the event for you! **The Alpine National Ski Patrol Clinic.**

This Clinic is open to any National Ski Patrol member (You do not need to be a member of PSIA). The location and dates of this event are:

Boyne Highlands - Dec 7-8, 2019

Perfect North Slopes - Jan 11-12, 2020

Cascade Mountain - Jan 25-26, 2020

Afton Alps - Feb 29-Mar 1, 2020

Cost for PSIA Members is \$119.00 for the two day event. Non-members pay an additional \$25.00. Online registration is open at www.psia-c.org click on events.

The clinic will cover the following (from the PISA-C website)

"NSP certified participants will explore specific tasks and movements to further develop and refine their ski/ride skills as they relate to their transportation responsibilities. The group will review the 5 Fundamentals as they relate to stance and pressure management, and the changes associated with stance and edge angles while managing additional weight during transportation-like exercises. The rest of the day will be spent exploring performance ski/ride skills, and solid technique for managing the steeps.

What: Participants will leave with a renewed understanding of the 5 Fundamentals, the application of those fundamentals as they relate to weight and pressure changes when transporting toboggans, and some specific feedback for better performance skiing/riding.

Why: Performance skiing/riding is critically important to the patroller. Resort guests relate the quality of a patroller's snow sports performance to the quality of their medical care. Reviewing the Fundamentals, having a clear understanding and application of those Fundamentals, and playing and exploring with colleagues will make you a better patroller, as you serve the snow sports industry.

How: This group will engage all of the learning modalities as we seek to discuss, play, explore and refine our ski & ride skills."

Please take advantage of this great learning opportunity to expand your skill set and technical knowledge.

In addition to on the hill events, there are some great E-learning courses available at www.thesnowpros.org For PSIA members who are testing for Level One there are E learning courses for Alpine and Snowboard which are free. Great way to start preparing for the exam before the snow flies.

The First Chair: PSIA-AASI podcasts are also another great resource for exam preparation, teaching tips, and personal development.

Please reach out to me with any questions. Being a member of PSIA certainly has enhanced my journey as an NSP member and allowed me to share my love of skiing with others.

Are You Social?



Darcy Hanley
Social Media



If you visit Facebook you may find some very interesting posts from members.

You may have seen the great folks that helped with the Division meeting in Cleveland.



Or may see some refreshers going on



or



or



Then again you can hear from our sponsors!



So if you have not been to www.facebook.com/skinsp then you may be spending your time in the wrong place. You will get news from around the division, from leadership, about board elections and **Tip of the Week!** So, as part of your pre-season conditioning, **like** our page. You may find all of your friends there. Share with the candidates too! They may think you are really cool!

Have a great season and I look forward to a happy and safe ski season!

Skiing isn't about the skis or the snow, rather, the people you meet along the way

Let us be a part of your journey



MORTAL
SKI CO.

www.skimortal.com

Skills Development Program



Jackie Bottomley
Skills Development

Fall must be here because the leaves are changing color, OEC Refreshers are in full swing and it's time to think about the Central Division ASDW events scheduled for December.

Central Division Region Directors were asked to pull together their patrollers to send to either the Boyne Highlands ASDW on Dec. 7-8 or Big Snow ASDW on Dec. 14-15. By the time you read this, all participants should be registered, waivers signed and getting ready for a full weekend of training, recertification, calibration and fun with fellow patrollers. Our theme this year is: **Think Towards Tomorrow**. We have 7 sessions this year with one of them geared to prepare toboggan trainers who want to sharpen their teaching and demonstration skills with Division staff. We are excited about offering this prep clinic to pass along our Division instructor's knowledge down to local area and Region new trainers.

Here are the 7 sessions:

Session 1 – Senior Alpine Evaluator Certification for new Senior Alpine Evaluator certification, Senior Alpine calibrator certification, and recertification of existing Senior Alpine Evaluators.

Session 2 – Snowsports Trainers Workshop for Region level Snowsports trainers and Region evaluators who do not require recertification.

Session 3 – PSIA/AASI Workshop for NSP Trainers for Region trainers who already have their L1 or L2 certification and preparing to go for L2 or L3.

Session 4 – Senior Toboggan Evaluator Certification for new Senior Toboggan Evaluators certification, Senior Toboggan calibrator certification, and recertification of existing Senior Toboggan Evaluators.

Session 5 – Toboggan Trainers IT Certification for new IT's and recertification of existing IT's

Session 6 – Hybrid Version for Senior IT evaluators who expect to become a Region calibrator and need to recert their Toboggan IT

Session 7 – Toboggan Trainers Prep Clinic for local area and Region trainers who want to sharpen their skills. Do not need to be at Senior status but must be an active toboggan trainer or on that path.

The ASDW team consists of:

Amy Arnold – PSIA/NSP Liaison

Marty Blazskowski – Snowsports School

Jackie Bottomley – Skills Development Supervisor

Tracy Buchanan – OET Supervisor

Jeff Jurcak – Senior Program

Guy Day – ADD

Anne Blaedow – ADD

We have an outstanding ASDW team and many Division instructors that will be helping with the ASDW at Boyne Highlands and Big Snow. I won't even guess how many years of ski patrolling knowledge this group possesses. Come be a part of the ASDW training and gain some valuable knowledge and fellowship. See you soon! Feel free to reach out to me for more information at jbottmley@charter.net

What Opioid Crisis?



Stephen Werner MD
Medical Advisor

In my home state of Michigan, in the year 2017, more people died from drug overdoses than car accidents. The number of overdose victims was nearly 2000 in 2016, compared to 115 deaths recorded in 1999. I find these statistics staggering.

Opioids are compounds that resemble opium in addictive or physiological effects. This includes legally prescribed painkillers such as codeine, hydrocodone, or oxycodone and illegal drugs such as heroin and cocaine. How does this problem come about? I can't tell you why many people turn to these drugs, but I know that in some cases it starts with prescribed pain medications. I was told recently by a colleague specializing in addiction Medicine that if someone takes an opioid painkiller daily for a week, there is a 10 percent chance of becoming addicted. If painkiller treatment extends for a month, there is a 25 percent chance of addiction.

So what are we to do? Patrollers are active people who are sometimes good at hurting themselves. In other cases, we are at a level of maturity that leads to "wear and tear" problems or other maladies. I have learned a pain relieving strategy from one of my hand surgery colleagues that has helped me personally, and has helped many, many, of my patients. Combining an NSAID (non-steroidal anti-inflammatory drug) with acetaminophen (like Tylenol) in your body inhibits pain far better than either medication would do alone. I think of this remedy as treating the pain at the source where it is generated, not a cover-up that clouds your mind in the process. For me, this strategy has worked for one hip replacement and four arm surgeries with absolutely no opiates. So, exactly what do I recommend?

If my patients are already on an effective dose of an NSAID, I have them continue that and add a long acting (8 hour delayed release) version of acetaminophen, such as Tylenol Arthritis, or the generic version from the drug store. The acetaminophen is taken every eight hours (hence, three times daily). I take an NSAID (Celebrex) daily. If my patient is not on an NSAID, I recommend naproxen 220 mg. (such as Aleve, or the store brand) every 12 hours (thus twice a day). I have my patients start this regimen before leaving the house for surgery, and tell them to continue for about two days (whether it hurts or not). Some patients want some hydrocodone "just in case", but most of these return to the office a week later and tell me they only took one, or none, of the opiates.

If you or someone in your family is going to have surgery, try this regimen and reduce or avoid the unpleasant effects of opiates. For those people who are told to avoid all NSAIDs by your doctor because of an ulcer, blood thinners, or renal disease, have a discussion with him/her about the risk of such as a short course of treatment (2 or 3 days) versus having to use an opiate. For more information on this, please visit the website of my colleague, Dr. Dave Nelson. <http://www.davidnelson.md/PostOperativePain.htm>

Opiate Overdoses in Michigan

Kevin Decker
Mt. Brighton Ski Patrol

On September 14th, Michigan pharmacies were giving out free Narcan nasal spray kits to anyone who wanted one. I picked one up for Ski Patrol, then I spoke to some of the Mt. Brighton Ski Patrol board members and asked their opinion on placing one in Mt. Brighton's Central Dispatch. Everyone thought it was a good idea. During Mt. Brighton's OEC Refresher, I spoke with our direct Mt. Brighton manager, Mike Waning, about this idea. He was on board but needed to run it by our resort General Manager and the Vail Safety Director. During the Refresher, Joey Bickerstaff and I informed everyone that this may be approved by local management. We went over signs and symptoms of an opiate overdose as well as the administration of the medication and potential effects.

On Wednesday, October 2nd, Mike Waning called to tell me that this idea was approved by our General Manager and Safety Director. With the AHA, HHS and NIH all promoting the use of opiate reversal interventions, and given the age of the majority of our patrons, it just makes sense. On average, 130 Americans die of opiate overdoses every day. With over 20 years of experience in EMS, I have seen the results of opiate abuse, even in affluent neighborhoods. I have personally administered Narcan and seen the results. I hope that Vail will continue reviewing this idea at the corporate level for consideration at other resorts. I am very pleased that Mt. Brighton has agreed to move forward with this idea and that they will be obtaining additional Narcan kits for various locations at the resort.

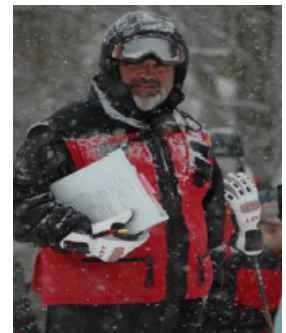


Applications for Dan Somalski Memorial Fund

The application window for the 2018 – 2019 season Daniel Somalski Memorial Fund is open until December 1st, 2018. The fund is an educational grant for any Central Division patroller with membership in good standing. Activities for potential fund reimbursement include:

- Any National Ski Patrol Education
- PSIA/AASI Certification

Applications can be located on the Central Division Website via the following link <http://www.nspcentral.org/docs/somalski/SomalskiApplication.pdf>. Once complete, please email to Tom Anderson at tpanderson@charter.net. For more information, please visit <http://www.nspcentral.org/somalski.php>.



This trust was set up to honor a very special friend, patroller and mentor, the late Dan Somalski. Dan, as many of us know, dedicated much of his 25 year patrol career to helping others attain their goals both on and off of the mountain. As a long time Certified (#426) and PSIA level 3 he was legendary both inside and outside of the traces. It is in memory of Dan's example that the trust was created to ease the burden of a patroller's credentialing costs while encouraging advancement.

Awards



Dick Jacques
Awards Supervisor

Fall refreshers are done, fall colors are emerging, temperatures are dropping, and snow guns are being moved into place. What does all this mean? It's time to start thinking about awards. National Ski Patrol offers a variety of awards to recognize member service.

Awards are divided into two categories:

- Individual Awards including
 - Certificates of Appreciation
 - Merit Stars
 - Distinguished Service Awards
 - National and Leadership Commendation Appointments
 - Outstanding Awards including
 - Outstanding Patroller and Nordic Patroller
 - Outstanding Large, Small and Nordic Patrols
 - Outstanding OEC and non-OEC Instructors
 - Outstanding Patrol Representative
 - And others

Applications for **individual awards** can be submitted at any time. Processing time varies depending on the award and time of year. Instructions on the application forms indicate that 45 days is required for processing at the National level. Processing at the Division level can take up to two weeks. Therefore, I recommend submitting individual award applications to me at least eight (8) weeks prior to the desired presentation date. Additional time may be required for Region Processing. Individual awards are generally presented at the Region Awards Banquet.

The Outstanding Award process starts with nominations by individual patrols. Region's process and select the best of these applications as the Region's Outstanding Recipients then submit those applications to the Division. Region submissions are scored by the Division Award Judges using the system defined in the National Awards Manual. Division Winners are submitted for National judging. Region Outstanding winners are announced at Region Banquets while Division and National winners are presented at the Fall Division Meeting. **The deadline for Regions to submit Outstanding Award Applications to Division for the 2019-20 Season is March 25, 2020.**

Central Division has an additional award available to Patrollers who lead the care of critically injured patients. I encourage patrols to look at accident reports from last year and monitor this year's accidents looking for those incidents with potentially life-threatening injuries and submit the responsible patroller for the Critical Care Award.

OK, I hear the call, what are all these awards, where do I start, aw it's just too much. I'm working on a WEB Conference and other how-to aids to demystify the process and help get you started. Please contact your PD/PR or email me at awards@nspcd.org with your interest. I'll email Region Awards Advisors and PD/PRs with the date and time of the WEB Conference.

General Notes:

- All Award Nominations must be submitted on the current Award Form. Current forms are available on the NSP Member WEB Site
- Nominations must be submitted as MS Word Documents. A separate scanned signature page should be submitted.
- All Applications should be attached to an email to awards@nspcd.org
- If you need help writing an award contact your Region Awards Advisor. I'll be glad to answer general questions at awards@nspcd.org.

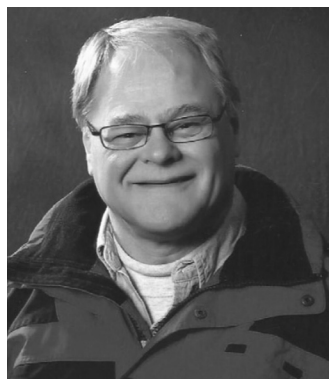
Did you Vote?

**Click here
to vote!**



<https://vote.associationvoting.com/nsp/index.php>

New Structure for Central Division Alumni Program



**Mark Holtan
Alumni**

At the Central Division meeting held last month in Cleveland, we met to finalize the geographic responsibilities between Division Alumni Advisor (DAA) - East and West respectively as follows:

DAA - East, Bob Knox: Northern Mich., Western Mich., Eastern Mich., Ohio, East side of Southern - Northern Indiana, East ½ Illinois.

DDA - West, Mark Holtan: Western, North Central, South Central, West side of Southern - West ½ Illinois, Iowa, Missouri.

This split is based on geographic size of Regions, number of patrols and patrolers/alumni respectively. Alumni program inquiries, questions and assistance by RDs, patrol directors and patrollers/alumni should be directed through your Region Alumni Advisor or respective Division Alumni Advisor, Bob Knox or Mark Holtan.

All alumni should be receiving a periodic "NSP ALUMNI E-NEWS" via email. The October publication will have registration / renewal reminder. If you are not receiving this, please advise us with your correct email address and we will follow up to see that you receive this email publication.

Renewal notice – You should have recently received a renewal letter from NSP. Your 2020 Alumni dues are up for renewal. Alumni dues for 2020 are \$35.00 as of last Spring's national Board meeting held at Powderfall. To renew, "**login**" to the NSP website, **click on your name** in the **upper right corner**. This will take you to your profile. Once there you will see a "**Renew Now**" button on the **left side of the screen**. **Clicking on it** will take you to the shopping cart to complete the transaction. If you wish to mail in your dues, please print the renewal email dated Oct. 2, 2019 you received from NSP and mail it with your check to:

National Ski Patrol,
133 South Van Gordon Street, Suite 100
Lakewood, CO 80228

Please also review all information in the "**About Me**" section of your profile. This includes address, email, gender, phone number, and birthdate. Having this information current and accurate will help ensure you receive all communications from your region, division, and national office.

In addition, if you have not done so, we recommend alumni also register as secondary with their affiliated patrol. All you need to do is advise the patrol director that you would like to be added as secondary which is advantageous to both you and the patrol, whereby you will receive communications from your patrol to be included in patrol activities and your availability to assist the patrol with some of their activities. The PD will need a copy of your member profile which confirms you are current and has all information needed to add you as secondary.

We have a great group of Region Alumni Advisors, however, if any RDs are aware of personnel changes, or if you do not have an Alumni Advisor, please plan to have this position filled as we move forward with our new direction. Please advise if you have any questions or need assistance in fulfilling these positions.

We have guidelines and promotional material to assist newly established advisors and programs. A Region Alumni Advisor DOES NOT need to be registered as alumni. We recommend Region Directors solicit or select a patroller who is a self-starter, interested in the program and the desire to get involved at this level

for your Region and fellow patrollers. Any RDs or patrollers who may be interested and have questions can feel free contact us.

Thank you,

Mark Holtan
Division Alumni Advisor – West

Bob Knox
Division Alumni Advisor – East

Mountain Travel and Rescue



Jon O'Dell
Mountain Travel & Rescue

Well it's getting that time again for another ski season. I have a few things to inform you on as the MTR program is running strong as ever. In fact we have a new manual that we will be incorporating into the MTR program.

Our current MTR (2e) we are using now will be phasing it out in a few years, but we can still use it until 2022. We are replacing that manual with the Freedom of the Hills (9e) and Mountain Travel and Rescue (2e) for the SAR content.

There will be a article in the Ski Patrol Magazine put out by Myron Allen the National Mountain Travel and Rescue Program Director. He will explain the up coming changes in the MTR program.

The MTR Region Advisors have already been informed about the change and will be working it into there program and informing the new candidates of the change.

If there is any questions please contact your Region Advisor or myself the Division Supervisor and we will get the question answered.

If you are thinking about taking a MTR class, you should, it is very informative you will learn a lot from the class, from Rope handling, to Navigation and Search and Rescue.

Get with your Region Mountain Travel and Rescue Advisor for more info and he will get you hooked up with a class.

NSP-C Snow Sports



Marty Blaszkowski
NSP-C Snowsports School

The NSP- C Snow Sports School is free to join. If you are on a local patrols staff, region staff and alumni you can join at no charge. The NSP-C Snow Sports School is registered with the PSIA/ AASI . This allows its members to list it as their official school when taking any PSIA/AASI events

Our goal at the NSP-C Snow Sports School is to help it's members achieve their PSIA/ AASI goals. To help in your efforts we are offing an award of \$50.00 for passing Level I, \$100.00 for passing Level II and \$300.00 for passing Level III. There will be an application on the division web site. It must be filled out and returned by December 1, 2019 in order to qualify. Upon passing your event you must sent a copy of the award certificate and expense report to me. Instructions will be on the web site in further detail.

This season we're bringing the workshops to you. If you have a group of skiers, boarders or telemark that wants to sharpen up on your skills, help with testing or ASE, we can send a group of instructors from the NSP-C Snow Sports School to help. Get with your region advisor and they can get with me to work out the details. We're here to help you achieve your goals.

Bike Patrol

The Bike Patrol program is coming into its 3rd year of existence within the NSP, yet still in its infancy stage of development. There are still many things in process as far as the program. We have identified that there are essentially 2 different kinds of Bike Patrols. The Resort based Patrol and the Geographical based Patrols. Both having strong similarities, yet some distinct differences.

My name is Jeremy Verbeke and I am the newly appointed Bike Patrol Supervisor for the Central Division. A little of my background. I am a full time FireFighter/Paramedic. In 2012 I joined the Michigan Mountain Bike Patrol (which consisted of 6 members). Seeing the potential of the patrol and organization, I started the Clinton River Area Mountain Bike Association (CRAMBA) Mountain Bike Patrol in 2013. The Patrol was a program of the International Mountain Bike Association (IMBA) National Mountain Bike Patrol (NMBP). Our patrol quickly grew from 12 patrollers in 2013 to 72 patrollers in 2017 covering 14 trail systems and 7 land managers.



In 2018, our patrol voted to join the NSP. Almost half of our roster was already OEC and primary on other Ski patrols, so it was an easy decision. This year we trained our non-OEC members to the OFC level. Our patrol has great growth potential.

The goal of this position is to continue to build on what Aaron Hislop started in the division and help define the program and promote the organization of new Bike Patrols whether Resort based or Geographically. We know there are many former IMBA Bike Patrols that did not make the transfer to NSP, and there are quite a few Resorts that are looking to expand into summer activities on their hills. We are here to be a resource, sounding board and guide to patrols or potential patrols. Collectively, from the local patrol all the way thru National we will assist in any way possible. Also assisting the National Bike Patrol Committee with information and input on the program development including the Bike Patroller 101 and Modules with feedback and best practices from the bike patrols currently established.

If you have questions, comments or input on the Bike Patrol program, please contact me at bike@nspcd.org





Looking for Young Adult Patrollers



Jane Bickerstaff
YAP Advisor

What is a young adult patroller? A young adult patroller or YAP is a member of the National Ski Patrol between the ages of 15 – 18, that have completed OEC training and passed their alpine skills test, or are in the process.

If we are to keep these new young patrollers, we will have to create a setting where they feel challenged, relevant, and valued. When reading contest essays a few years ago a theme I heard several times was that YAPs felt like they weren't taken seriously. Getting together with others their own age is an opportunity to connect and feel on equal ground.

If you have YAPs at your ski area, please let me or your region YAP supervisor know. The National Ski Patrol is in a continual process of obtaining current up to date YAP metrics. We need to know these details so that we can build events tailored around their skills with comradery within their own age group. It is important

to obtain 2 pieces of information from your YAPs: cell phone numbers and parent email addresses. These two items are critical for maintaining contact with YAPs and improving event participation.

I would love to see each region offering at least one YAP event this upcoming season. With a little help from you, together we can make this happen.

Women's Program



Kerstin Hammarberg
Womens Program

Greetings patrollers of the Central Division!

Hello from the Women's Program! This year there are new and exciting things that will be coming your way and here's what's happening!

The mission of the NSP Women's Program is to empower patrollers by advancing skills and developing leadership in a women-focused program.

Moving forward with our new leadership team, the Division Women's Program is heading in new DIRECTIONS! The effort before us is to live out the mission of the National Women's Program within our Central Division. The goal set by the new leadership team is to bring programs closer to the local patrols and Regions, while increasing leadership opportunities for more patrollers.

In 2020 to move toward achieving this goal, we will have TWO women's events! One on the Eastern side of the division and one on the Western side. This year there will be two events scheduled on different weekends. Plan to come to one or BOTH!

The eastern side of the Division will include Northern Michigan Region, Western Michigan Region, Eastern Michigan Region, and Ohio Region. The western side of the Division will encompass the North Central Region, South Central Region, Southern Region, and Western Region.

Look for registration to be starting in December for two events:

January 24th-26th - West of Lakes Superior and Michigan – Tentatively scheduled for Tyrol Basin Ski Resort west of Madison, WI in the South Central Region. (Still to be confirmed!)

February 7th-9th - East of Lakes Superior and Michigan – Shanty Resort and Schuss Mountain in northern Michigan northeast of Traverse City, MI.

Our goal is to bring fun and women-focused training to our Division ladies! Some of the topics being presented will be: Toboggan handling, Ski/Ride skill building, Leadership Development, and Team Building! These are exciting events and we want to bring women patrollers together to build skills, build confidence, build friendships, and develop leaders. The training team is looking forward to seeing you this winter!



Central Division Awards 2018-2019

Central Division Certificates of Appreciation for patrollers who were very active in planning and running the fall Division meeting!

Rose DeJarnette
Dave Baumlein
Janet Glaser
Alida Moonan
Tom Ciranna
Scott Griffith
Harold Park

Chris Raudabaugh
Guy Day
Lee Shirley
Mary Day
Bill Currier
Ron Gerdes



New Certified Patrollers

#824 John Mehl
#826 Mark Branham
#827 Erik Rambo
#828 Les Robinson
#829 Tracy Buchanan
#830 Marty Blazkowski



Certificates of Appreciation for Outdoor Emergency

Kim Zambole, Rae Ann Ruddy, Dick Jacques, Julie Stone, Mike Olsen, David Kleinschmidt, Ed Thompson, Kim Durham

Certificates of Appreciation for OET:



Linda Murphy-Jacobs, Tom Anderson, Rob Carpenter, Jay Zedak, Troy Southwick, Chuck Martschinke, Linda Bartel, Erica Krol, Chuck Jonas, Jim Andrews

Division Directors Program Awards are awarded to:

Sue Brann
Senior Program
Timber Ridge
Western Michigan Region

Jeff Jurcak
Toboggan Program
Pine Knob
Eastern Michigan Region

Dr. Steve Werner
Awards Program
Pine Knob
Eastern Michigan Region

Erica Krol
Women's Program
Timber Ridge
Western Michigan Region

David Boboltz
Avalanche Program
Independence Oaks
Eastern Michigan Region



Central Division Outstanding Instructor-Trainer

This award recognizes an Instructor / Trainer (I/T) who has demonstrated skill, service and dedication to the NSP Central Division training ideals, practices and standards.

Joe Zarek
Four Lakes Ski Patrol
Southern Region



Central Division Outstanding Supervisor

This award recognizes a Central Division Program Supervisor who has demonstrated skill, service dedication and the promotion of the NSP Central Division ideals, practices and standards.

Ron Gerdes
Perfect North Slopes
Ohio Region



Division Directors Award

For Outstanding Dedication and Service to the Central Division and its Programs For serving as Assistant Division Directors for 6 Years

Chris Radabaugh
Tom Anderson

Meritorious Service Award

This award is given to individuals who have preformed extraordinary service to the Central Division and the National Ski Patrol

Assistant Division Director
Chris Raudabaugh

Assistant Division Director
Tom Anderson

Assistant Division Director
Julie Stone

Skills Development
Cheryl Raudabaugh

OET Program
Rob Carpenter



Meritorious Service Award Continued



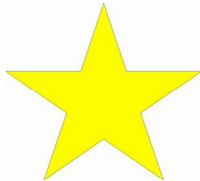
Safety Supervisor
Mike Huser



Senior Program
Troy Southwick

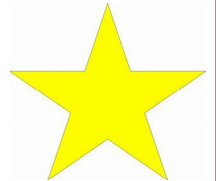


Instructor Development
Virginia Rodeman



Yellow Merit Star

Distinguished Service Award
Martin Fahje



Yellow Merit Star

For Serving the Central Division as a
Division Director

John Thomas



Distinguished Service Award

Mike Huser

National Number Appointments

For Dedication, Demonstrated Leadership
and Service to the National Ski Patrol

12127 - Jane Bickerstaff

12128 – Marty Blaszkowski



Division Lifetime Achievement

A lifetime of dedication and service that truly personifies
the fundamental purpose of the Central Division and the
entire National Ski Patrol

Richard Jacques

A lifetime of dedication and service that truly personi-
fies the fundamental purpose of the Central Division
and the entire National Ski Patrol

Virginia Rodeman

Jerry Rodeman



Central Division Outstanding Awards

Young Adult Patroller
Thomas Wiggins
Boyne Highlands Ski Patrol

Patrol Representative
Lisa Neimi
Mt. Brighton Ski Patrol

OEC Instructor
Alida Moonan
Boston Mills/Brandywine/
Alpine Valley Ski Patrol

Alpine Patroller
Muareen Busche
Powder Ridge Ski Patrol

Instructor
Daniel Fay
Snow Trails Ski Patrol

Large Alpine Patrol
Granite Peak
Marie Traska, Patrol Representative

Paid Patroller
Don Galloway
Giants Ridge Ski Patrol



Outstanding Patroller Award

This award recognizes a patroller who has given extra time and service to their Patrol, Region and the NSP beyond the regular duty shift requirements.

Thomas Meitzler
Pine Knob Ski Patrol

Outstanding Alpine Patroller Award

Alex Herrmann
Perfect North Slopes Ski Patrol



Outstanding Large Alpine Patrol Award

This award recognizes the Patrol that has excelled in training, community service, guest relations, OEC services and support of the NSP.

Mt Holly

Thomas Black - Patrol Representative

Central Division Outstanding Instructor Award

This award recognizes an Instructor in the Non OEC disciplines who has demonstrated skill, service and dedication to the NSP training ideals and practices.

Katie Flanagan

Mt Brighton Ski Patrol



Central Division Outstanding Paid Patroller

This award recognizes a patroller who has given extra time and service to their Patrol , Region and the NSP beyond the regular duty shift requirements.

James DeWeerd

Granite Peak Ski Patrol

Central Division Outstanding OEC Instructor Award

National Ski Patrol's Outstanding

OEC Instructor 1st Runner up

This award recognizes an Instructor in the OEC discipline who has demonstrated skill, service and dedication to the NSP training ideals and practices.

Jane Bickerstaff

Mt Brighton Ski Patrol



Outstanding Young Adult Patroller Award
National Ski Patrol's
Outstanding Young Adult Patroller 1st Runner up

This award recognizes a young adult patroller who has demonstrated exemplary service to their Patrol and Region beyond the regular duty shift requirements.

Isabella Vazquez
Wild Mountain Ski Patrol

Outstanding Patrol Representative
National Ski Patrol's Outstanding Patrol Representative

This award recognizes an outstanding Patrol Representative who has demonstrated dedication and representation to their Patrol, the public and the NSP

Tom Ciranna
Boston Mills/Brandywine/Alpine Valley



Outstanding Administrative Patroller
National Ski Patrol's Outstanding
Administrative Patroller

This award recognizes a patroller who has donated time and service beyond the regular duty shift requirement. This patroller has exhibited outstanding administrative and organizational skills.

Richard Jacques

Schuss Mountain Ski Patrol



National Ski Patrol Hall of Fame



Thomas Snyder



Virginia Rodeman



Jim Woodrum

Yellow Merit Star

For Serving the Central Division
as a Region Director

Mike Schons

2020 Division Meeting Hosted by Ohio Region

Mike Vaerewyck
Southern Region Director

See you there!

Thank You to Our Sponsors

DOUBLE BLACK DIAMOND	   
	     
SINGLE BLACK DIAMOND	
	    
	    
BLUE SQUARE	
	  
	     
	
	    
GREEN CIRCLE	
	     
	
	    
FREESTYLE TERRAIN	 
	    

Central Division Calendar

To find the most recent and update version of the Central Division Calendar please visit the link below
http://www.nspcentral.org/?page_id=12

Central Division Staff Roster

Administrative Staff



DIVISION DIRECTOR

Mike Schons

(H) 248-683-0465

schonsm@gmail.com



MSAA/NSAA

Jim Woodrum

(H) 513-310-6434

(C) 563-243-3950

jrwoodrum@centurytel.net



LEGAL & RISK MNGMT

David Schwartz (West)

(W) 608-252-9348

(C) 608-213-8234

Djslaws@gmail.com

LEGAL & RISK MNGMT

Jerry Cavilier (East)

jpcavellier@gmail.com



Election Coordinator

John Thomas

2212 300th Ave
Lake City, MN 55041

(H) 651-345-5160

(C) 507-254-9067

jttheskibum@gmail.com



ADMIN. ASSISTANT

Allison Lavene

allison.lavene@gmail.com



TREASURER

Marty Jarvi

(H) 262-377-6447

marty.jarvi@gmail.com



RUSTY PARKA NEWS

Katie Flanagan

(C) 248-767-4146

rustyparka1@gmail.com

REGION DIRECTORS



E MI REGION

LJ LaVene

(H) (586) 668-9663

lj.lavene@gmail.com



NC REGION

James Hughes

(H) 608-249-7699

(W) 608-246-3876

Farwell839@charter.net



N MI REGION

John Wiley

(H) 810-629-9514

(C) 810-610-4567

jdwyli@chartermi.net



OHIO REGION

Chris Raudabaugh

173 Tar Heel Drive
Delaware, OH 43015

(C) 614-581-4954

chris@raudabaugh.net



SC REGION

Steve Paladini

1700 Carriage Lane
Appleton, WI 54914
(W) 920-740-6222

scrsection4@gmail.com



SOUTHERN REGION

Mike Vaerewyck

(H) 574-272-3325

nsp461@msn.com



WESTERN REGION

Scott O'Connor

(H) 612-584-1876

sjozac@comcast.net



WESTERN MI REGION

John Donnelly

(C) 616-893-5302

Director@NSPC203.com



ADD

Guy Day

3149 W 165th Street
Cleveland, OH 44111
(H) 216-221-9617
(W) 216-695-0714
gcd@sbcbglobal.net



AWARDS

Dick Jacques

(H) 248-398-3379

rjacques@smsp.us



SKILLS DEVELOPMENT

Jackie Bottomley

(C) 231-878-3570

jbottomley@charter.net



TOBOGGAN

Tracy Buchanan

(H) 330-703-3431

tracybuchanan928@gmail.com



CERTIFIED

Ron Gerdes

rjgerdes@gmail.com



TELECOMMUNICATIONS

Paul Botnen

H) 612-860-3033

botnenp@gmail.com



WEBMASTER

Kent Anderson

H) 763-577-0843

C) 612-730-6324

kjanderson@labycon.com



NORDIC

Jeff Schmidt

nordjas@aol.com



ADD

Les Robinson
751 Blue Ridge Lane
Nekoosa, WI 54457

(H) 715-325-3025
lrobbins@wctc.net



OEC

Kim Zamble

kimzamble@gmail.com (C) 989-245-3248
JF4seasons@aol.com



INTRO TO PATROLLING

Jodi Fuller



MEDICAL

Stephen Werner MD
PO Box 368
Clarkston, MI
(H) 248-625-2730
(C) 248-408-4313
steve.werner@usa.net



MT TRVL RESCUE

John O'Dell

(C) 586-718-4503
bikenski1@yahoo.com



PUBLIC RELATIONS

Russ Livermore

(H) 248-761-8371
(W) 248-761-8371
livermore.russ@us.sika.com



Social Media

Darcy Hanley

(C) 303-927-9437
drhanley@gmail.com



Mountain Bike

Jeremy Verbeke

jer091@gmail.com



ADD

Anne Blaedow
W. 258N6882 Victoria Cir
Sussex, WI 53098

(C) 262-617-8809
ablaedow@wi.rr.com



INSTRUCTOR DEVELOPMENT

Marie Traska

traska5@charter.net



WOMEN'S SEMINAR

Kerstin Hammarberg

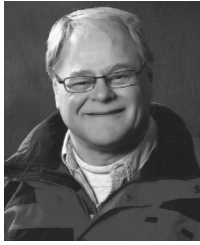
(H) 612-600-5082
(W) 612-600-5082
bhsp-pd@hotmail.com



SAFETY TEAM

Kevin McQuillan

kevin@mcq-law.com



ALUMNI - West

Mark Holtan

1304 W Medicine Lake Dr.
Plymouth, MN 55441
(H) 763-541-9962
marko@iphouse.com



NSP-C SNOW SPORTS

Marty Blaszkowski

(H) (248) 393-0973
(W) (248) 393-0973
mjb8804@yahoo.com
nsp@ccrventures.com



YAP Advisor

Jane Bickerstaff

janebic@yahoo.com



SENIOR

Jeff Jurcak

jeff808nsp@gmail.com



PSIA LIAISON

Amy Arnold

luciawave@mac.com

ALUMNI - East

Bob Knox

knoxr@acm.org



The official e-newspaper for the
National Ski Patrol®, Inc.
Central Division

The Rusty Parka News is published three times annually.

2019 NATIONAL SKI PATROL®, INC. CENTRAL DIVISION
All rights reserved. The words “Ski Patrol” and “National
Ski Patrol” are trademarks registered in the U.S. Patent
Office

Division Director
Mike Schons
248-683-0465

Editor
Katie Flanagan
248-767-4146

EDITORIAL STATEMENT

The appearance of advertising material in the Rusty Parka does not imply that the National Ski Patrol endorses any product, service or company unless specifically stated. Statements or opinions expressed in the Rusty Parka reflect the views of the author(s) and are not necessarily the views of the National Ski Patrol, its officers, staff, board of directors or members. The Rusty Parka will assume no loss or liability for loss or damage to any material submitted for publication including manuscripts, photographs, or art work. All contributions and submissions are subject to revision or editing at the sole discretion of the Editor. The act of mailing, submitting or transmitting materials to the Rusty Parka shall constitute an express warranty by the author or contributor that the material is original and in no way an infringement upon the rights of others.

Letters to the Editor

Letters to the Editor must be submitted electronically to:
rustyparka1@gmail.com

The RPN reserves the right to publish and withhold letters based on content and length. Letters in excess of 250 words may be edited due to space limitations.



ADDRESS CHANGES

Changes to address should be updated on the NSP National Web Site. Please log on to www.nsp.org and access your NSP Member Page to update your personal information. The Rusty Parka e-mail list is downloaded from the National database. All address changes and corrections must be made on the National site.