



# Rusty Parka News







www.nspcentral.org



**Fall 2016** 

## **Division Director's Report**



John Thomas
Division Director

Thank you for being a Member of the NSP. Without your membership, we would not have a strong organization. With membership comes responsibilities: I need your help in guiding the organization to a place that meets the needs of the entire membership and the needs of our principal customers (Ski Areas and the skiing public). I need you to vote in the National Board election; it is important to you as a member. Decisions are made that effect the way you patrol. The Board decides how to spend your dues, what the education requirements are for not only new members; they also decided what your requirements are to maintain membership. Are you happy with the decisions the Board has made? Here are a few motions that were passed in the last six months: Starting age for OEC was lowered to 14 years old. The new website and its roll out. The content of the OEC refresher. These are just a few of the decisions that were made by your current National

Board. For example, did the Board ask one member, PR, RD, instructor or Region/Division advisor what requirements are needed from the

website to perform their job? The answer is NO. When I asked why, the answer that I received was that they would get too many requests and couldn't handle the requests.

I need you to help me by voting in this election. We need people on the National Board that will TALK to the membership to get the membership's viewpoint and the viewpoint from our primary customer. Here's the deal: I need you to get 10 of your Patroller friends to vote and have them get 10 more to vote. *Please help me get the vote out*.

Some great news is that Powderfall will be at Aspen Snowmass Ski Area and registration is open. The price point is the cheapest you will ever find to be able to ski Aspen. Please join me and other NSP members

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this coming April at Aspen Colorado. Go to the website: http://www.powderfall.com/ to check out the prices, classes offered and register!

In this newsletter is the article that I wrote for the MSAA ownership about what the Central Division has implemented to help with the issues they raised about our OEC program. Please take the time to read it.

We will be on the snow very soon. Please work on your physical conditioning before the season starts! It will make for a safer and more enjoyable season.



Click below to learn about your candidates http://nsp-elections.org/candidates/

Click below to vote starting October 15, 2016 http://www.nsp.org/MemberHome



## Kasten's Korner



Gary Kasten 2016



Chris Raudabaugh ADD

## 2016 National Board Election

Recap 2015: Thanks to everyone who voted in last years election. For those voted for the Central Division Candidates, you helped ensure that our division at least has representation on the board. 40% of the Central Division members voted, that is about 8-9 times higher than in previous elections. Everyone should be proud of the team work! It does make a difference.

2016 Election

What the Central Division Leadership, and our current National Board members wants is diversity. The current National board, Committee Chairpersons, and National Advisors are dominated by 1 or 2 divisions. For our organization to have a healthy process, it needs representation from across the Divisions. CD Leader-

ship is asking the Central Division members to vote. If you wish to have direction, vote for Jay Zedak (CD), Brian Ulrich(CD), Joshua Masur (Far West), Mike Huber (Northern).

#1 important thing this voting brings us is diversity. Certainly the CD candidates increase to number of board members, which could be consider counter to the diversity message. However, we need more of our members to help invoke change for the sake of diversity. Our current board members would be willing to step down if their seat could be filled by a division that is not represented. But that is not possible.

Please keep an eye on your emails from Division and National as the election process fires up. Be ready to get online and vote!





Tom Anderson ADD

## WHAT ARE YOU INTERESTED IN?

As another season approaches what do you want to accomplish? What are your goals for the new year? What advancement in skill level are you going to take? What are you interested in?

Within the NSP there are many opportunities to take advantage of. The Central Division has some of the very best instructors in the entire system. Those instructors started with an interest in a particular program. They got involved with in their own patrols and as they progressed they were tapped for region and division levels. Some even for national program supervisor roles. That may not be your goal however in the process they all accomplished one thing and that was to better themselves in the areas that interested them the most.

So what are you interested in?

## **National Board Members from Central Division**

Brian Rull brianrull@hotmail.com

Ty Damon
Tydamon@me.com



Jim Woodrum jrwoodrum@centurytel.net

# Region Reports E Michigan Region



Mike Schons E MI Region Director Hard to believe that summer is over and it's time to start putting in motion the plans for the 2016 – 2017 season.

I would like to congratulate newly elected Patrol Directors, Jon Banner of Apple Mtn. and Bessie Montante of Alpine Valley, welcome and congratulations! We would like to thank the outgoing Patrol Directors, Fred Herter and Jessie Lewis for their service to the Eastern Michigan Region.

In June the Region hosted a multi-regional OEC conference to support training our Instructor Trainers and Patrol Instructor of Record folks in Teaching OEC 5 and use of the National website for information and material. We had folks from patrols in Northern Michigan, Western Michigan, Ohio and our own Eastern Michigan regions all meeting together.

In October, Jamie Roell, EMR Certified Advisor will be hosting a certified awareness clinic where you will be able to actually work your first aid skills on a Certified OEC scenario. Jamie will also have available other examples of Certified mod-

ules for you to experience. The certified program is an excellent way to be at the top of your game and make new friends along the way. The event will be held in October and sign-up will soon be available on the EMR website. You must pre-register for the event.

The number of Certified Candidates and Certified Patrollers in Eastern Michigan is quite low. Especially when you look at the numbers that the competitive state below us (Ohio) is putting out. Now I hate to say that a team like Ohio (red and gray), is starting to look a bit more superior than us on the Michigan team, so if your interested in becoming a Certified Patroller, contact and use your Certified members in EMR that will help you with your journey.

There is another election this year for the National Board. Thanks to you we got Ty Damon elected and also thanks to all of you, Central Division had the largest voting block of all the Divisions within the NSP! This year we have 2 more Central Division folks running for the board. This is a very important election and we need to actually get out more votes than last year, so PLEASE take the time to participate and have your voice heard.

I Will be visiting some of the refreshers this season along with the Certified Awareness Clinic so I hope to see you along the way.

## **South Central Region**



Steve Paladini South Central Region Director

As many of you know, there has been a changing of the guard - I recently accepted the Division appointment as Director of South Central Region, effective August 1, 2016. I would like to thank Ron Plumer for his service as Region Director for the past two years and his guidance during our transition. The decision to take on this position was not hard. My past experiences and "lessons learned" in the military, fire service and currently as Project Manager for a construction company, are all advantages to the position. I realize that my tenure in the NSP is not long, as compared to many. However, lack of tenure can also be an advantage.

I have recently been on both sides of our programs and witnessed first-hand some of the opportunities we have as an organization. I recognize we must always be striving to make our programs better.

The South Central patrols are all currently working on completing their Instructor and Full refreshers. Along with this, the Region Advisors are establishing dates and loca-

tions for their upcoming programs this season. South Central will also host one of the two Central Division Alpine Skills Development Workshop's at Cascade Mountain on December 16 and 17, 2016.

I look forward to serving as the South Central Region Director and working with the Central Division, whether to improve programs and or on issues that affect us as patrollers.

Have safe season on the slopes.

## N Michigan Region



Richard Jacques N MI Region Director

Ski Patrol Subaru involved in fatal accident at Northern Michigan Region OEC Refresher. Two dead and seven injured.

National Board member Jim Woodrum was nice enough to loan us his Ski Patrol Subaru to stage the triage scenario at Northern Michigan Region OEC Refresher. Over 200 Instructors and patrollers analyzed the scene based on the Case Study in the Refresher Work Book.

Participants encountered Polly Gray as the pregnant woman and Marilee "Stranger Danger" Kartje as the child who caused the incident with her runaway

ski. Ian Case, the "Scene Manger", and Candy Jacques kept everyone

moving to increase the sense of urgency for rapid analysis. Candy also scared off a Michigan State Trooper who ventured into the parking lot. When she explained the scenario, the Trooper decided it was "much too intense" for him and he went back to road patrol.

Several Boyne Mountain Ski Patrol OEC Students



played other roles replacing manikins with live patients. Sorry Jim, your driver did not survive.

The refresher was a huge success with over 2/3's of NMR Patrollers getting the cobweb's out, practicing and demonstrating skills in preparation for the new season.

Changing topics, the 2017 Central Division Meeting will be held at Boyne Mountain in Northern Michigan Region. The region introduced the site for next year's meeting with a video at the end of this year's awards banquet at



Hyland Hills in Bloomington, Minnesota. Click below to see the video. https://vimeo.com/183113132?utm\_source=email&utm\_medium=vimeo-cliptranscode-201504&utm\_campaign=28749

Meeting planning started with an examination of what we expect of patrolling. Three words kept coming up Refresh, Explore and Enhance.

- \* We REFRESH ourselves on the hill during every shift escaping daily routines and miles of suburbia.
- \* We EXPLORE new terrain, new techniques, new areas. In the off season Northern Michigan has woods, lakes, historic small towns and nature, near its purest form.
- \* We ENHANCE ourselves both on and off the hill through clinics, classes and refreshers, developing friendships and networking with other patrollers.

We have adopted this theme as the guide for planning next year's meeting.

Initial plans call for a tour of Shaggy's Copper Country Skis and learning about Adaptive Snow Sports equipment with Northern Michigan's Premier Snow Sports Center, Challenge Mountain.

Watch this space for more information as plans develop.

Congratulations to the Northern Michigan Region 2015-16 Division Award Winners:

- \* Chris Moe-Herlick First Runner-up Outstanding Instructor
- \* Meghan Walls Outstanding OEC Instructor
- \* Schuss Mountain Ski Patrol Outstanding Small Ski Patrol
- \* Boyne Highlands Ski Patrol Outstanding Large Ski Patrol and National First Runner-up



Northern Michigan Region OEC Instructors pose with Jim Woodrum's NSP Subaru.

## **North Central Region**



Les Robinson NC Region Director Thanks to Western Region for hosting the division meeting and awards good job.

It's going to be a great year in the Midwest according to Farmers Almanac, we better be working on our conditioning to help us make our winter a success.

Also its time to consider who to vote for the National board election. We need to see a larger voter turnout for the division this fall that is critical to give a fair voice for all patrollers nationwide. So with that said get online and check to make sure your information is up to date at national and you will be able to vote. If anyone needs help for getting online; <a href="mailto:support@nsp.org">support@nsp.org</a>

We do have many events at the region level please look them up at the division calendar http://www.nspcentral.org/calendar.php Some of which are toboggan en-

hancement seminars, ski enhancement seminars, senior clinics and evalu-

ation, senior is near and dear to my heart as that is the Segway to becoming a patrol leader on your patrol and helping not only the customers of the area but also helping the other patrollers of your area, so please think about senior it is a great bunch of people that are all here to have fun and help YOU.

If you're not having a good time, You're not going to learn a thing. People fail because the teacher didn't make them laugh.

– Chad Hymas



## **Central Division Meeting Winner**

The winner whom was chosen for the Central Division is Jane Blyth from Timber Ridge Ski Patrol! She has won a Gift Certificate to the NSP Online Store.

Remember to sign up for Powerderfall at: http://www.powderfall.com/



## **Division Director and the OEC Program**



John Thomas
Division Director

The NSP Central Division along with the NSP National Board is working actively with NSAA and MSAA to address the concerns that were raised about the OEC Program. As Fred Seymour outlined in the Summer 2016 issue, action and progress has taken place.

One of the NSP Strategic Objectives is to make our curriculum-based programs current, accessible, and easier to learn. Another objective is to continue to protect the independence of the OEC Program, and enhance the NSP value to our principle customer, "YOU", the Ski Area Management/Owner.

By the statement, "Protecting the Independence of the OEC Program", we want to maintain NSP's authority over the OEC Program. This will continue to help keep Government Regulation in check and from increasing the expenses due to regulatory control for Ski Area operators and patrollers.

NSP OEC Committee and the NSP Board agree that the content and delivery of the OEC 5 needs to remain current with the demands of our principle customers.

NSP Central Division Board engaged in strategic planning and commitment of considerable financial and personnel resources to address the delivery of OEC 5. We began by holding 2 OEC seminars this summer to roll out the use of web-based learning, objective-based content delivery and strongly encouraged Instructors to use it. The focus was on objective-based teaching to ensure the knowledge and skills content vs. hours and lecturing. One of the changes stressed is the entire OEC 5 book does not need to be taught and that the course can be taught over multiple seasons if needed. The course timeframe is flexible in order to meet the needs of the students and areas. There is content for the seasoned patroller to enhance their knowledge of Emergency Care. The enhanced knowledge is not a requirement to be a patroller. Objective-based teaching should eliminate lectures and focus on hands on skills practice during class time. This should allow us to optimize class time and instructor resources for skills acquisition while a candidate is able to use their own time to focus on the content.

Multiple webinars have been held to assist instructors in building their own hybrid courses. A course was created to assist in this process to standardize and simplify the development of the course they use. We also revisited the concepts of adult-learning and strategies of effective skill instruction.

NSP Central Division sent three representatives to the National OEC Supervisors meeting last spring to rewrite and reword the questions for the written exam. A goal was to ensure that all of the questions in the exam were well-written, grammatically correct and based on the objectives.

The Division is committed to check-point this process quarterly to monitor and evaluate and make necessary changes to our process. We are looking at better ways to deliver the OEC content by investigating video content, better utilizing our resources, and ways to make the course more accessible. We are also working with Pearson (the provider of the Learning Management System) for education on Hybrid course development. We are providing direct feedback on usability and have an active working relationship with their Representatives.

Watch for future articles on Outdoor First Care and the Mountain Host Program.

## **Consider the End Goal**



Troy Southwick Toboggan Supervisor

The season is fast approaching, and the skills development team is busy putting together a curriculum for our December events. For the Toboggan Program it is all about teaching and training in a manor where everyone is getting the best information available. We want to send a consistent message across the division.

Here are two definitions that need to be understood while teaching anything.

Progression: Multiple drills that lead the student to the end goal.

Crutch: A task that is taught that aids the student in the end goal, but will have to be unlearned to perform the skill as originally designed.

As instructors we need to understand when we are teaching a progression verses giving someone a crutch. You should never teach an alternative method to your end goal! Your students will find their own crutches that you will have to deal with.

Example: You should not teach someone to insert a wedge into a pivot slip transition, although they may feel comfortable in the temporary wedge position, this leads to difficulties in completing the pivot slip properly, and will eventually have to be unlearned to progress in their ability to perform this task.

I'm looking forward to an early start this year, and I hope Mother Nature will provide plenty of good skiing weather for us!

Still hopeful for a great 2016-2017 season!!!



## Facebook / Social Media

Submitted by: Darcy Hanley, Division Tip of the Week Contact

Whoop! Whoop! The season is here and the Farmer's Almanac says deep, deep and cold! Keep your snowsports fun up to date by posting on the central division Facebook page and connect with other patrollers in the division. Our numbers continue to grow. Tip of the Week will continue. In addition, information about Powderfall (I am sure you are registered!) voting for board members and updates about the new NSP website will be posted. Don't' forget all of the training opportunities and links to other Division programs. This year the Central Division Women's Seminar has a Facebook page and is promoting the clinic that is being held at Sundown Mountain in Dubuque on January 27-29. Yep snow has started to fall at the higher elevations and ABasin has started their countdown. Get out and "like" the page so you can know what is up! Happy Trails!



## **Time For Your Senior Trip**



Rob Carpenter Senior Supervisor

You may remember last time we explored the benefits of continuing your patroller journey and taking your "senior trip". In case it is not obvious, the "senior trip" is participating in the senior program. Participating in the senior progam is a great way to continue to improve your personal emergency care and sliding skills. On your trip you will be rewarded with a renewed "edge", excitement, and personal satisfaction. Hopefully, you have already at least made a mental commitment to start the senior program this year.

It's time to get serious about planning your trip. If you haven't already you should contact your patrol or region to learn about the details of how the senior program is administered locally. You can also learn more about the senior program from the Central Division Senior Program Manual. A copy of the manual can be found on the Central Division website (www.nspcentral.org/) on the Programs / Senior page. However, the single most important thing for you to do right now is to make your reservation by signing up for the senior program by the December 1st deadline. Prepare to enjoy the trip and look forward to the afterglow!

On a separate, more administrative note, at the fall board meeting the Central Division Board approved a revised scorecard for the skiing portion of the senior onhill test. The updated skiing scorecard now aligns with the PSIA Alpine Technical Manual. If you are involved in the senior onhill program as a participant, trainer, or examiner now would be a good time to start using the revised skiing scorecard. The board also approved changes to the Central Division Senior Program Manual including how senior onhill toboggan and ski/ride examiners are developed and calibrated. You can find copies of the updated manual and scorecards on the Programs / Senior page on Central Division website (www.nspcentral.org/).



## YAP's Are Invited to Powderfall!



Jane Bickerstaff YAP Supervisor

The 2017 NSP Powderfall conference in Aspen, Colorado is open to young adults. Officially, YAP registration for 14-17 year olds is only \$179 and includes a 3 day lift pass. This also includes courses specifically designed for YAP's. Not only that, but NSP is offering one YAP scholarship per division to help pay for the event, but act quickly, the deadline for application is November 1st. Further scholarship will be available from our own Central Division to help make Powderfall a possibility for our ski patrol youth. Details regarding this scholarship are not yet available. The Powderfall 2017 conference is sure to be a memorable event for all YAP's involved!

For the NSP YAP Powderfall scholarship, please go to:

https://www.surveymonkey.com/r/YAPpowderfall.



## The Power of Three



Dr. Julie Stone ADD

Hello fall! And certainly may winter and snow quickly follow!

It's time to set the stage so to speak, and get our minds and bodies ready for winter. For me, this means setting goals for myself. These goals may continue from, or build on, last season's goals. Or setting goals may mean that I've grown and transitioned and have new goals all together. The important thing about goals, though, is that you not get too lofty, or have too many, or set goals that are unreasonable. Each person's goals will also be very individual – even though we may share some commonalities. And PLEASE you do NOT have to have a Division appointment, or some such thing, to have goals! Everyone – from candidates to seasoned patrollers - should have goals! But, don't overwhelm yourself, just 'Think in Threes.'

Having three goals works well. I can remember 3 things. People are somewhat hard-wired to remember three things. I can teach students / candidates three things (which turns into more than 3 things) but overwhelm them when I try to present too much without this organization. Let's take the example of an

instructor (in any discipline) but I'm going to go with hands-on OEC. Let's consider the topic of shock. What are the 3 most important things to evaluate when assessing an injured person for shock? We would probably most of us say 1. decreased perfusion, 2. altered mental status, and 3. changes in respiratory status. OK, now let's focus on perfusion – again ask, what are three signs of decreased perfusion? A candidate may answer increased heart rate, slowed capillary refill, decreased blood pressure, dusky skin color, cool temperature, etc. Next you can ask about 3 priority interventions. Now you can ask about more about each of these signs. All of a sudden you have an exponential amount of information flowing and happening based on chunking the data into segments of 3.

This works for me too in setting my personal goals. For 2016-17 here are my goals:

- 1. Continuing to be a positive resource to Patrollers, to Hidden Valley and its customers, and to the NSP (including Southern Region and Central Division).
- 2. Meeting more of you all by visiting your Patrols and seeing you at national, Region and Division events.
- 3. Working on my PSIA Level 2.

Within each of these 3 goals, there are, of course, sub-goals and activities to help me move toward these accomplishments. For example, on goal number 1: I am IOR for OEC at Hidden Valley this fall and in the process mentoring new OEC instructors for our Patrol, I attended the MSAA meeting this summer, attended Southern Region's Leadership Conference and helped facilitate the instructor clinic. I have already registered for Powderfall. But now that it is October, very top of my list is to exercise my responsibility to vote and have a say in the direction of the NSP by helping choose our newest NSP Board members.

Now that I've told you how The Power of Three works for me, I challenge you to set three goals for yourself for this season. These are YOUR goals so keep them simple. Keep them achievable. Keep them measurable. When you look back in March I want you to feel a sense of pride in what you have accomplished this winter.

## Powderfall 2016

Check it out: https://vimeo.com/169614021

Powderfall 2017 is an event designed to fuse top tier education, entertainment, and a 5 star resort experience together to form a unique and producive conference atmosphere. This year's event location will be Aspen Snowmass at the wonderful Westin Hotel and Resort. Whether your a current volunteer, professional patrol-

ler, or someone interested in what patrolling has to offer we encourage you to come and participate in the events and activities! There are 320 registrants already! Central division has 99 of those registrations, keep it up!

April 6, 2017 - April 9, 2017 Westin Snowmass, Aspen, Co. Snowmass Village, Colorado

For more info visit http://www.powderfall.com/



## What's Our Relationship?



Dan Moss PSIA / AASI Liaison Have you ever wondered what the relationship between the NSP and the Professional Ski Instructors of America (PSIA) / American Association of Snowboard Instructors (AASI) is?

First, both organizations are housed in the same building in Lakewood, Colorado. Both have boards and staff located there in order to serve their various memberships. Both organizations have local distribution centers for all the materials and gear that you purchase through your online/paper catalogues. Both use the same Divisional boundaries for the US, and they both exist to serve the ski/ride public at our local ski areas.

With those few things in common, they are very different.

The PSIA/AASI exists as an educational organization to introduce the ski/ride public to the sport and provide instruction for learning the sport of skiing/riding. They

are a Credentialing organization that provides on-going education and certification process (Levels I, II, III). They have a Division educational faculty and a National Demonstration Team that also serves the same overall purpose of education. Most instructors are paid.

The NSP exists as you know as an educational organization that provides medical care and transportation for ski/ride areas. We have a three-fold charge; to ski/ride, provide first responder medical care, and transport off the mountain. Patrollers can be paid or volunteer.

It's important to note here, that the NSP does **NOT** credential any members in ski/ride certifications. Only those staff that are members of the NSP-C Snowsports School, may instruct fellow colleagues. Our NSP-C Snowsport School Instructors are credentialed through the PSIA/AASI, just like any Ski/Ride Instructor at your local area.

- •The NSP needs the PSIA/AASI for credentialing.
- •The PSIA/AASI needs the NSP to provide care for their staff and clients.
- •Ski Area Management needs us both to provide a full service experience for the paying public.

Like any relationship, it's important that we honor and provide the best service we can within our particular spheres of responsibility.

The NSP-C Snowsports School is always in need of more colleagues. "We need you!" Please consider growing in this area, and adding another dimension to your level of development. You can access all the information you need by going to the PSIA/AASI central division website.

### http://www.psia-c.org/

The PSIA/AASI Central Events calendar is up and ready for reservations!

It's important to review the calendar now so that you can plan ahead and register for the courses or exams that you desire for the 2016-17 season.

From the home page, you can go to "Events" to review the season's calendar and get course explanations for your particular discipline.

For those interested in Certification, from the home page click on "Education & Certification." There you will find descriptions of the journey, the national standards and portfolios which journal your progress.

It's an exciting chapter in a skier/rider's life. I hope you will join us! If I can answer any questions related to the PSIA/AASI, please contact me.

## **Greetings Central Division Women Patrollers!**



January 27-29, 2017 is the date!! Fun is the attitude!! Leadership is the focus!!

It is my pleasure to announce that the 2017 Division Women's Clinic will be held this year **Sundown Mountain** near Dubuque, IA!!! They have invited us to ski/ride their area and be our host for this season's clinic. They are very excited to have us enjoying their area!

Hotel accommodations will be at the Hampton Inn – Dubuque under "Central Division Women's Clinic." A link and more registration info will be on the registration page by mid-October.

Kerstin Hammarberg Women Seminar

The mission of the Central Division Women's Program staff is:

- •To share their passion with the purpose of encouraging and supporting other NSP women in a nurturing environment.
- •To build participants' confidence to accept the challenges of leadership roles and improve their personal skill set.
- •To encourage active recruiting of women in the NSP.

As a result of the awareness of the women's focus program there is a conscious effort to see more women step up into instructor roles, mentoring and leadership roles. The building of confidence, expansion of horizons and mentoring in leadership roles provides a strong role model of women in the NSP. These women carry on the mission of the program, develop more leaders and promote the recruitment of new women members in the NSP.

Mark your calendars for January 27-29, 2017 as we explore Sundown Mountain in the Southern Region!! Also look for us on FaceBook! Registration will be on-line and coming before the end of October! We are working out a few IT issues before we can post registration.

We can't wait to have you be a part of the fun!



Did You sign up?

Sign up now by clicking below:

http://www.powderfall.com/

## **Certified Update**



Patrick Perlman Certified

"Certified is a national skills development and verification program that provides a readily identifiable resource of highly motivated, skilled, and knowledgeable patrollers to better serve NSP, ski area management and the outdoor recreation community."

This is the year to start your Certified journey. Submit your application prior to January 1st. Participate in a qualification clinic in January. Attend the annual Certified evaluation and pass all of the program modules within the allotted three year window

Not quite sure yet, your still welcome to learn more about the program by attending any of the events on the calendar below. If you have any questions about the certified program please feel

free to contact me, your region advisor or any certified patroller

### 2016-2017 Certified Calendar:

Date	Location	Event	Contact
October 16	Pine Knob	Awareness Clinic	Jamie Roell
January 1	email	Application Deadline	Patrick Perlman
January 7,8	Perfect North Slopes	Qualification Clinic, Recertification	Eric Massanyi
January ?	Nubs Nob	Qualification Clinic, Recertification	?
January 14	Lutsen	Qualification Clinic, Recertification	Kerstin Hammarberg
January 21	Marquette	Qualification Clinic, Recertification	Tom Anderson
January 21-22	Chestnut	Qualification Clinic, Recertification	Tom Shurtz
March 2-5	Marquette	Annual Evaluation	Patrick Perlman





### Region Advisors:

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Southern	Todd Shurtz	847-309-7408	nsp617@gmail.com
Ohio	Eric Massanyi	440-227-6576	ezmassanyi@yahoo.com

## **Nordic Update**



Peter Wollan Nordic Supervisor

The snow isn't here yet, but the season is beginning. For Nordics, here are some highlights:

The Division Nordic Workshop, January 7,8, and 9. January 7 and 8 are at Minocqua Winter Park. Saturday is multi-purpose, including a Senior Ski exam if someone needs it; classic and skate ski clinic, with CD instructors; and work with emergency toboggans. Sunday is a group lesson with Dan Clausen, covering classic and skate. Together, the Saturday and Sunday also serve as an instructor refresher and an IT refresher. Monday, we go up to Indianhead for a day of telemarking, with Dan. There is a \$25 fee for the Saturday-Sunday portion, and a separate \$25 fee for Monday. With the new NSP system, each part will have its own course number, and you must register for a Nordic Ski Enhancement Seminar (Saturday and Sunday skiing, \$25 fee), a Senior Ski exam if you want it, a Toboggan Enhancement Seminar, an Instructor Refresher, and an IT refresher, if you want those. And a separate Nordic Ski Enhancement Seminar for Monday telemarking (\$25), if you wish to attend that. Actually, you will have to register twice: once on the National site, where you will not be charged, and

once on the Division web site, where you will be charged, and where you can sign the liability release. The reason is that the National system can't yet route money to the Division, except for dues.

You can't yet register. In setting up the NSP's new system, all the Nordic ITs got deleted. Since any course requires both an Instructor of Record and an Instructor Trainer – enforced by the software, there has to be someone chosen from the menu – we can't list any Nordic courses, at the moment. This is a problem, but it will probably get fixed. When we get it going, you should be able to start at the Division web site and then get referred to the National one, but you'll still have to check a bunch of boxes on both.

As in the past, we will have a cabin for lodging. We'll be staying at a new place, out next to the ski trail. It will be less elegant than where we were, but it's inexpensive, and much more convenient for skiing. There are bunk beds for eight, and floor space for more. If you want to stay with us, let me know (peter.wollan@gmail.com).

**The Birkie, February 24-25:** this premier event, which has been something like a weekend-long party with an exhausting race in the middle, is going to be even longer. The Korte will be on Friday, the Birkie on Saturday, and there are auxiliary events on Thursday. I'll be going up to Hayward on Wednesday and staying through Sunday morning, but others may want to come for certain parts. We need more patrollers than in the past, and as always we invite Alpine patrollers as well as all Nordics. Floor space (with showers!) is available. Put it on your calendar now – more information in December.

**Nordic Refreshers:** every Nordic patroller, whether primary or secondary, needs to have a Nordic Toboggan refresher, and skiing and Nordic Skills (MTR skills) should be a part of that. The Nordic Skills have a three-year cycle, like the OEC Cycle. If you need the list of topics, let me know.

This is what we've always referred to as the Trail Refresher. The new computer system means that these refreshers need to be registered as NSP courses – which, as described above, can't be done right now because of the IT problem. But even when we get that fixed, some Nordic patrols don't have an officially designated Nordic Ski and Toboggan Instructor. This is a long-term problem: we need more instructors. If you have been running your patrol's refresher, we should have you listed officially as an instructor. The National office wants the form to be filled out completely, which involves significant effort, but it might be possible to avoid the process of mentoring and IT-monitoring this year, as fixing a legacy issue. If you're willing to be an instructor, please contact me.

May you get snowed on in deep, clean drifts! Have a great season!

## **Instructor Development**



Virginia Rodeman Instructor Development Supervisor As I write this article, I note that we completed our OEC refresher last weekend. We had 60+ OEC Instructors and helpers. I know for a fact that most of these people were involved in planning and preparing scenarios or skills, moulage, and patient acting more than just that day. It reminds me that the instructor ranks can always use patrollers willing to accept the challenge and join fellow patrollers to help at refreshers, classes, and tests.

Instructor Development is the first step. Take a class either the hybrid or original Instructor Development Class. Use your talents and help your fellow patrollers.

If you need help, contact me Virginia Rodeman rodewoman@yahoo.com

## **OEC Update**



Susan Hayes OEC Supervisor

What an OEC season that we're having in the Central Division! There are so many OEC activities going on simultaneously, a BIG Thank You to all the OEC Region Administrators, Instructor Trainers, and Instructors that are involved in keeping everything running smoothly. All of this at the same time that we are getting used to the various changes going within the new NSP.org website. You are an unbelievable team and so passionate about the great care that we give our injured guests.

Under direction of the Central Division Board, we put on two separate OEC Summer Seminars to bring the focus back to the use of the Objectives in teaching OEC 5. We also spent a fair amount of time getting instructors into the Pearson Course Resources so that they could see all that's available for our students. I urge everyone to spend some time reviewing the Objectives at the front of each chapter in OEC 5 and then finding that content in the book chapters. Many ideas were brought up on how to make our teaching of OEC more "Dynamic" (just like what we strive for in skiing). A resource to bring to your attention, for the teaching nerds out there, is the NEA website (National Education Association) focused on higher learning best practices.

http://www.nea.org/home/33508.htm Thank you to Julie Stone for sharing that website with us. The articles are short and it's easy to find parallels in what we're teaching in the OEC hybrid-style courses. Enjoy!

We brought this information to the Central Division Fall Meeting in Minneapolis, MN to continue the roll out of Central Division's renewed focus on OEC. I am constantly impressed by the enthusiasm that many of you have shown for the NSP OEC Program. The Region OEC Administrators (ROAs) are available for any questions or ideas that you have to improve our delivery of this program.

A quick reminder for all OEC Instructors; as you've probably noticed, NSP sends information solely by email. So please make sure that your email is correct on the NSP website. Otherwise you will be missing out on valuable and pertinent OEC Information!!

On the new NSP.org website, remember that the IOR REGISTERS the course and then the students must go and ENROLL in the course they are taking. This is extremely important to get used to as this is the only way you'll be able to receive the Final OEC Exam. The more accurate you can be with the dates you register, the better the chances that the test will arrive on time to your IT. No SWEAT!!

Good luck to all the new candidates/patrollers out there. Enjoy your Refresher season and I wish you a wonderful sliding season!!

## **Skills Development Program**



Cheryl Raudabaugh Skills Development

What are you doing to develop your skills this fall? Whether brushing up on OEC at your local refresher, participating in an MTR course, or working with friends on some low angle rescue, the opportunities abound for patrollers to develop their skills year round. If you are already thinking skiing, do you have your Alpine Technical Manual yet? It's a great PSIA resource to identify movement patterns, and fundamental mechanics of skiing.

The Skills Development Team is working hard to prepare great programs in Ski/Ride and Toboggan for your region advisors, ITs, and other key training staff to calibrate at the December Alpine Skills Development Workshops (ASDW). This year's ASDW events will be held at Boyne Highlands and Cascade Mountain. Registrations and region planning are in process now. The region members who attend the ASDW events will be tasked to "Spread the Word", our theme this year, to make sure that we get a consistent, clear message out to all patrollers who are developing their alpine skills as part of candidacy, local patrolling, or in working towards senior or certified.

Whether participating in the ASDW, or your own region event, or a local training session – make it your mission to further develop your alpine skills this year. Or consider becoming a trainer (or an even better trainer) and help someone else enhance their skills.

The satisfaction of teaching, helping your students move along their alpine journey, and seeing them succeed, is profound. So think about it – what will you do to develop your skills this year? We'll be out there, and ready to help.









## NOTICE OF 2017 CENTRAL DIVISION ELECTIONS



Ken Meldahl
CD Elections
Coordinator

Following the Policies & Procedures of the Central Division, Region Directors for Ohio, Western and Western Michigan will be elected in 2017. One nomination form can be used for all of the elections. The nomination form located in this RPN may be used and sent to me by January 26, 2017 or the easiest method is to go to the Central Division website, find elections and fill out the form and submit, also by January 26, 2017. In addition, Section Chief Elections for Sections 3 and 6 should also take place this season. Section Chief Elections are run by each Region with the results reported to the Division Election Coordinator. All election processes and procedures can be found in the current Central Division Policies and Procedures which can be found on the Central Division website.

**REGION DIRECTOR ELECTIONS** 

OHIO REGION WESTERN MICHIGAN REGION WESTERN REGION

In accordance with the current Policies & Procedures of the Central Division, an election for the position of Region Director for OHIO, WESTERN MICHIGAN AND WESTERN REGIONS will be held in the year 2017. The Region Director serves a three-year term, administers the Region according to the Region's Bylaws and Policies and Procedures and reports directly to the Central Division Director.

### Qualifications:

- 1. Must be a registered NSP member for at least five years
- 2.Must have served as a Section Chief, Patrol Representative, or National, Division or Region Program Supervisor/Administrator for at least two years.
- 3. Must be familiar with National policies and procedures as defined in the current NSP Policies and Procedures manual.
- 4. Must be familiar with the Region's policies and procedures, as applicable.
- 5. Must be registered in the Division as a Senior (Alpine, Nordic or Auxiliary) Patroller or Certified Patroller.

### Responsibilities:

- 1. Supports and fosters NSP mission Statement.
- 2.Promotes and supports all NSP education programs within the Region to maintain the integrity of NSP training standards.
- 3.As a member of the Division Board of Directors, the Region Director is responsible for duties developed and designated by the Division Board of Directors.
- 4. Responsible for all aspects of the NSP programs and activities supported by the Region.
- 5. Promotes the financial support of the NSP and its programs.
- 6. Visits all areas with the Region during their term of office.

- 7. Submits an annual report to the Division Board of Directors.
- 8.Is responsible for communicating National and Division policies to Sections and NSP Registration Units, and is responsible for communicating NSP Registration Unit concerns to the Division Director and/or Division Program Supervisors.
- 9. Writes articles and reports for Division Newsletter.
- 10.Ensures that all Section and NSP Registration Units submit annual reports and financial reports in a timely manner.
- 11.Recommends individuals to the Division Program Supervisors, and in consensus with them, appoints individuals to serve as Region Program Administrators.
- 12. Monitors the performance and effectiveness of Region Program Administrators and recommends changes in concert with the Division Program Supervisor when appropriate.

#### NOMINATION PROCEDURE:

Nomination may be made by any Region active patroller in good standing or by self nomination. The nomination form can be found in this issue of the RPN or can be downloaded from the Central Division website: <a href="https://www.nspcentral.org">www.nspcentral.org</a>. Nomination forms must be received by the Division Election Coordinator by January 26, 2017. Nominees will be sent a "Candidate Information Sheet" that must be returned by February 9, 2017. All nominees must follow "Guidelines of Conduct for Candidates" found in the current Central Division Policies & Procedures.

### **ELECTION PROCEDURE:**

The Division Election Coordinator will verify qualifications of nominees, notify nominees of any deficiencies and collect nominee's resumes and/or position statements which will be distributed to the electorate along with voting instructions by February 15, 2017. Ballots must be returned by March 8, 2017. Tabulation of ballots by the Division Election Coordinator and validated by the Election Review Committee by March 19, 2017. Election results will be announced to the electorate and posted on the Division website by March 27, 2017.

### **ELECTORATE**:

The votes for the election of the Region Director shall consist of the following:

One vote for each Section Chief and Patrol Representative; one additional elector for patrols with 51 to 100 members, two additional electors for patrols with 101 to 150 members, and three additional electors for patrols with over 150 members. The number of members is based on the June 30th membership of the previous year.

Each elector must be an active member of that patrol with two or more years of service in the Division. The names, addresses and email of these electors shall be made available to the Division Election Coordinator no later than January 15, 2017. Compliance shall be the responsibility of the Region Election Coordinator, or the Region Director if no Region Election Coordinator is appointed.

Or

One vote for every registered member of the Region. If the one patroller one vote option is selected, the entire cost and operation of the election will be borne by the Region. The process and timing for the election

must be pre-approved in writing by the Central Division Election Coordinator. The process will be monitored and certified by the Division Election Coordinator.

Whichever population is used, the election outcome will be determined by a simple majority of the votes cast. If a tie occurs, it will be broken by the Division Director.

### 2017 CENTRAL DIVISION ELECTION NOMINATION FORM

1	, () of		Region,
(Name)	(NSP ID #)	(Name of Region)	
Email (nominator)			
Nominate	) of _		Region for the
(Name)	(NSP ID #)	(Name of Region)	
Email (nominee)			
Position of:			

OHIO REGION DIRECTOR
WESTERN MICHIGAN REGION DIRECTOR
WESTERN REGION DIRECTOR

This form must be emailed or sent to the Division Election Coordinator (DEC) by January 26 (postmarked) of the election year.

MAIL TO: Ken Meldahl

**Central Division Elections Coordinator** 

63 North Ave. Fox Lake, IL 60020

Or nominate on-line at HYPERLINK "http://www.nspcentral.org"www.nspcentral.org

ALL NOMINATIONS MUST BE RECEIVED NO LATER THAN JANUARY 26, 2017



Marty Jarvi Treasurer

## Treasurer's Report

Treasurer's reports for all the Central Divisions regions are being consolidated for a November 15th filing to the IRS. I want to thank all region and patrol treasurers for their efforts. Without your timely work we couldn't make the IRS deadlines. For all staff and supervisors please remember expense vouchers are due 30 days after the close of an event. When submitting expenses and receipts electronically please rename any scanned information files to include the name of the person and type of expense (ie. Marty Jarvi Receipts or Marty Jarvi mileage). This will facilitate a more efficient and cost effective handling for payments and annual audits. Starting this year all programs run through the Central Division will require an income and expense report to be filed with the Central Division Treasurer after the program is complete in order to assure continue Division support.

## The Snow is Coming!

By: Marty Blaszkowski NSP-C Snow Sports School

The snow is coming! Several inches have already fallen out west and hopefully that will translate into a great season for us in the Midwest. This up coming season the NSP-C Snow Sports School is gearing up for the Alpine Skills Development Workshop's (ASDW). This season we are focusing on getting back to the basics and working on those foundation skills that make us all great skiers.



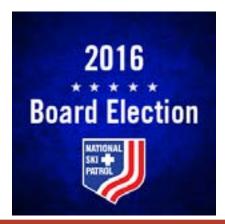
It's not too early for everyone to get ready. Start by looking at some video of yourself and identify areas of opportunity in your skiing. Sit down with other patrollers and go through the Alpine Technical manual, work on some teaching progressions and share those drills that worked well for you last season.

Joining us at the NSP-C Snow Sports School we can help you with all of this. It's a great place to call home. We provide the opportunity to bond with other patrollers by offering a team companionship to help develop skills. At the same time it will help you develop your own skills. We will help develop some teaching progressions, exercises to add to your bag of tricks and develop your movement analysis skills.

The NSP-C Snow Sports School registration is up and running. Please reach out to your staff to ensure they sign up. Go to http://www.nsp-cskischool.com/application14.php to register. The general liability policy now includes ski instruction when you are member of the NSP-C Snow Sports School. Membership to the Central Division NSP-C Snow Sports School allows teaching of skiing fundamentals to patrollers and candidates. If you weren't able to attend one of the ASDW's please check with the nearest region snow sports school.

Eastern MI MIke Taylor nuggetone@charter.net Ohio Jim Seeger jseeger2@gmail.com Western Mi Kevin Fultz kevinfultz@aol.com David Dahl North Central dcdski@hotmail.com Western Jill Northwehr jillnorth@gmail.com Northern MI Brvan Holcomb bah58@comcast.net Southern Dale Malhiot dmalhoit@yahoo.com Tim Weinand South Central timothyweinand@gmail.com

## Don't forget to vote!



## **Central Division 2014-2015 Awards**

Division Awards from Central Divison Meeting: Martin Fahje Awards Supervisor



Western Region Certificates of Appreciation for patrollers who were active in planning and running the fall Division meeting:

Jeannine Mogan, Jim Ruzicka, Mark Rafn, Deb Endly, Vicki Zierden, Ken Liddell, Mark Holtan, Jocko Curtin, Ashley O'Rourke, Vicki Young. Scott Young, Paul Botnen, Rich Krause

**Certificates of Appreciation for National Board Staff attending the Division Meeting:** 

Bill Sinykin Melanie Hood

Certificates of Appreciation for patrollers for QA for the 2015-2016 Senior program:

Sue Hayes, Kim Zambole, Ken Liddel, Rod Kivell, Rae Ann Ruddy, Mike Olson, David Kleinschmidt, Julie Stone, Troy Southwick, Eric Gesteland, Jim Woodrum, Rob Carpenter, Linda Barthel, Amy Arnold, Les Robinson, Tim Weinand, Daren Lukes, Andrew French





### **Division Directors Program Awards**

Chris Moe-Herlick Women's Seminar
Jerry Rodeman Instructor Development
Rob Carpenter Senior Program
Ed Thompson OEC Program
Mark Loesch Nordic Program
Karen Loesch Nordic Program
Martin Fahje Awards Program
Ron Gerdes Certified Program

### **Division Outstanding Instructor Trainer Award**

Jerry Rodeman, Schuss Mountain, Northern Michigan Region

Ed Thompson, Coffee Mill, Western Region



### **Division Outstanding Supervisor Award**

Cheryl Raudabaugh Mad River Mountain Ohio Region



### **CD** Certificates of Appreciation for retiring CD Supervisors

Britt Gustafson - Skills Development Supervisor 2014-2016 Dave Bramel - Toboggan Supervisor 2013-2016

### **MSAs for Retiring CD Supervisors**

Daren Lukes - Senior Coordinator 2013-2016



Dean Brandt - Registration 2013-2016



Gregg Reese – Awards Advisor 2002-2016



### **Central Division Lifetime Achievement Award**

This honoree joined the NSP in 1965, as a Junior Patroller, 52 years ago, and received his National Appointment in 1983. Throughout his illustrious career, he has served as Assistant Patrol Director, Patrol Director, Section Chief, and a Region Director. As a Patroller he has been active in 6 Patrols in the Western Region of the Central Division and 3 Patrols in Montana.

Mark Holtan Powder Ridge Ski Patrol, Western Region.



## 2015-2016 Central Division Outstanding First Runners-up

Alpine Patroller Tim Thomas Welch Village, Western Region



Young Adult Patroller Maddie Dodson-Garrett Caberfae Peaks, Western Michigan Region

Instructor: Chris Moe-Herlick Nubs Nob, Northern Michigan Region

Administrative Patroller: Mark Rafn Lutsen Mt., Western Region

OEC Instructor: George Gilin Alpine Valley East, Eastern Michigan Region



Large Alpine Ski Patrol: Three Rivers, Jeannine Mogan P.R., Western Region



Small Alpine Patrol: Navarino, Mike Olson P.R., North Central Region



### 2015-2016 Central Division Outstandings

### **Outstanding Alpine Patroller**

The first Outstanding Patroller joined the National Ski Patrol in 1976 and became a Senior Patroller in 1984. This Outstanding Patroller has also received a National Appointment.

This Patroller is involved in instructing at the Patrol level for Ski and Toboggan Refreshers, Chair Evacuation, and Accident Investigation. And is involved with Patrol administration on the Patrol Board of Governors and liaison with the area management. This Patroller has served an average of 230 hours on hill and 50 hours off hill the past 2 seasons.

This Patroller will also receive a Yellow Merit Star for being selected Central Division Outstanding Alpine Patroller.

Mark Klein of Granite Peak Ski Patrol

### **Outstanding OEC Instructor**

This Outstanding Patroller began her NSP career in 2008, becoming a Patroller that same season. This Outstanding Patroller became an OEC Instructor shortly thereafter and served as the Instructor of Record for OEC classes from 2 Regions. She was also the Instructor for CPR and AED refreshers the past several years.

This Outstanding Patroller is an OEC IT and has also served the past 4 years as a Patrol Representative of a newly formed Patrol, and on the Region Board. This Patroller has regularly attended Region Meetings, Division Meetings, and PowderFall. This Patroller has served an average of 360 hours on hill and 430 hours off hill the past 2 seasons.

For all her work in testing, training, and administration we are proud to recognize as the Central Division Outstanding OEC Instructor for the 2015-2016 season from the Northern Michigan Region. This Patroller also received a Yellow Merit Star for being selected Central Division Outstanding OEC Instructor.

Meghan Walls of Hickory Hills Ski Patrol

### **Outstanding Patrol Representative**

This Outstanding Patroller joined the National Ski Patrol in 2001, becoming an Alpine Patroller. He has completed a Senior Ski & Toboggan, and Senior OEC, Instructor Development, and Emergency Transportation Instructor classes. He has been the IOR for OEC classes and Refreshers for several local Patrols including being the IOR for the CPR and AED classes and refreshers. This Outstanding Patroller is also the OET for the candidate class, and the Patroller 101. He has served as the Patrol Representative for the past 3 seasons. This Patroller







has served an average of 200 hours on hill and 250 hours off hill the past 2 seasons.

For all his service and devotion to the NSP we are proud to recognize as the Central Division Outstanding Patrol Representative for the 2015-2016 season from the North Central Region This Patroller also received a Yellow Merit Star for being selected Central Division Outstanding Patrol Representative.

Jay Van Zeeland of Pine Mountain Ski Patrol

### **Outstanding Small Alpine Patrol**

This patrol was activated in 1967 and servers an area with 7 operational lifts. The 40 volunteer Patrollers in the Patrol consist of 5 Patrollers, 12 Alpine Patrollers, 23 Senior Alpine Patrollers.

Members of this Patrol have received Region Outstanding Awards, Division Outstanding Awards, and National First Runners up in multiple categories. This Patrol is also well represented in many administrative positions in the Region and Division. Members also have participated in Region and Division meetings, seminars, and training & testing sessions.



For their work and devotion to the NSP, the Central Division is proud to honor the Central Division Outstanding Small Alpine Patrol from Northern Michigan Region

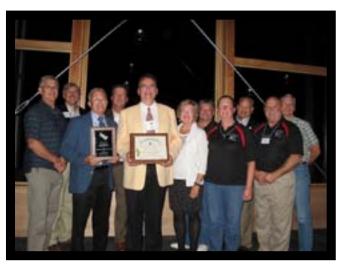
Schuss Mountain Ski Patrol Dave Germond Patrol Representative

Schuss Mountain received a National Unit Citation for being selected as the Central Division Outstanding Small Alpine Patrol.

### **Outstanding Large Alpine Patrol**

This Outstanding Patrol was activated in 1963 and serves an area with 4 Quad chairs, 3 Triple chairs, and 2 conveyors. The 79 Patrollers of this Patrol consist of 6 Patrollers, 24 Alpine, 38 Senior, 5 Certified Patrollers. Of these 79 Patrollers 26 are OEC Instructors, 6 are OEC ITs, 10 are CPR Instructors, 14 Toboggan Instructors, and 3 of them are OET ITs. The Patrol hosts many OEC classes, Region seminars, Senior events, and Certified events.

This Patrol is very active with administrative positions at the Region, Division and annually is represented at both Region and Division meetings.



For their work and devotion to the NSP, the Central Division is proud to honor the Central Division Outstanding Large Alpine Patrol from Northern Michigan Region

Boyne Highlands Ski Patrol Randolph Frykberg Patrol Representative

Boyne Highlands was also named the National Ski Patrol's Outstanding Large Alpine Patrol First Runnerup and for their outstanding efforts, the Patrol been awarded this Silver Unit Citation.

### **Outstanding Administrative Patroller**

This Outstanding Patroller joined the National Ski Patrol in the year 2000. This Patroller became a Senior in 2005, Certified in 2015, and has received a National Appointment. He has instructed Ski and Toboggan Refreshers and training for the local area and Senior Ski and Toboggan events for the Region.

This Patroller organized and instructed many Ski Trainers Workshops for the Division and has served the Division as the Senior Program Supervisor for the past several years. This Patroller has served an average of 200 hours on hill and 200 hours off hill the past 2 seasons. This patroller's devotion to his patrol, his Region and Division have been recognized many times and this season we are very pleased to recognize as the Central Division Outstanding Administrative Patroller from the North Central Region.



This Patroller also was awarded National Ski Patrol's Outstanding Administrative Patroller First Runner-up and for his outstanding efforts, he has been awarded this Silver Merit Star.

Daren Lukes of Granite Peak Ski Patrol

### **Outstanding Nordic Ski Patrol**

This is a Patrol that was activated in 1969, and currently has a total of 19 registered members.

Members of this patrol fill Region positions of Mountain Travel and Rescue Advisor, and Region Nordic Advisor. Section positions of Section Chief, CPR Advisor, and PSIA Level II Instructor. This Patrol has previously received first runner up for Outstanding Nordic Patrol in the Division.

For their work and devotion to the NSP, the Central Division is proud to honor the Central Division Outstanding Nordic Ski Patrol from Western Michigan Region.





West Michigan Nordic Ski Patrol Mike Oliver Patrol Representative

West Michigan Nordic Ski Patrol named the National Ski Patrol Outstanding Nordic Ski Patrol and for their outstanding efforts, they have been awarded this National Outstanding trophy and Gold Unit Citation. Each member of the patrol also receives a pin commemorating the selection of West Michigan Nordic Ski Patrol being named Outstanding Nordic Patrol.

Mike Oliver is awarded a Yellow Merit Star for being the Patrol Representative of West Michigan Nordic Ski Patrol.

### **Outstanding Instructor**

This next Outstanding Patroller began her NSP career in 1991, becoming a Patroller in 1993, Senior Patroller in 1996 and Certified in 2000. This Patroller has received a National Appointment.

This Patroller has instructed Senior and Certified Emergency Management Examiner and Training sessions, Division STWs, Region TESs, Division Women's SESs and TESs.

This Outstanding Patroller has held positions of Toboggan Instructor, Toboggan IT, Region Certified Advisor, and several committee memberships at local, Region, and National levels.

For all her work in testing, training, and administration we are proud to recognize as the Central Division Outstanding Instructor for the 2015-2016 season from the Eastern Michigan Region

Linda Barthel of Mt Brighton Ski Patrol

Linda also named National Ski Patrol's 2015-2016 Outstanding Instructor. For this outstanding accomplishment, Linda has been awarded with a National Outstanding Trophy and a Gold Merit Star.



### **Outstanding Young Adult Patroller**

The next honoree joined the NSP in 2013, and became an Alpine Patroller in 2014.

This Young Adult Patroller actually began volunteering as a patient for OEC classes and Refreshers before they were old enough to join the NSP. This patroller has assisted with new candidate OEC and Ski and Toboggan instructions. Has also assisted with OEC evaluations. This Young Adult has twice been honor by the local Patrol by being named their Outstanding Junior Patroller.

As an example of her work and devotion to the NSP and other organizations she has volunteered her energy towards at least a dozen organizations.

For the 2015-2016 season we are proud to recognize as the Central Division Outstanding Young Adult Patroller from the Western Region

Christina Busche of Powder Ridge Ski Patrol

Christina also named National Ski Patrol's 2015-2015 Outstanding Young Adult Patroller.

For this outstanding accomplishment, Christina has been awarded with a National Outstanding Trophy and a Gold Merit Star.



## What does 45 years of patrolling look like?

By: Chuck Martschinke

Change and Opportunities

I have been thinking a lot about what I have done and seen over the last 45 years or patrolling. Lots of change, some great, some good and some I am not sure about. Opportunities were abundant, both in patrolling and personal.

In the change category, our first aid has gone from the American Red Cross 249 page Green Book, to our 1197 page Outdoor Emergency Care text. While some things have changed in emergency care, if one compares the content of the Green Book to the content of the OEC book one will see that we do not do the basic first aid any differently. Sure we have new types of equipment to help us apply our skills but the basics are the basics.

Yes, we have a lot of other skills and knowledge we are required to demonstrate beyond the basics. While some of these new skills come from the changes in skiing and boarding, types of equipment, rates of descent, and obstacles on the slopes (fixed and movable), our skill base is also impacted by the public's perception of what emergency care should be, and has resulted in the legal impact of not being prepared to provide that level of care.

What else? Toboggans, from wood sleds (Sun Valleys) with Stokes litters attached to them and water pipes for handles, to self-contained Cascade toboggans which are about a third the weight of the old rigs. More people are hanging in the air on Triple, Quadruple and Six place chairs verses the singles and doubles we had. That requires more and improved skills to get the skiers down when things do not work as planned. "Moving Carpets" verses rope tows have again required another set of new or modified skills to deal with safety and emergency response.

If all that is not enough, we have weather changes, skier/boarder participation changes and a lot of other activities that lures participants away from the sport we love and cherish.

Not that change is all bad, it is change and change provides opportunities, many opportunities that we can embrace or reject. If we elected to accept these opportunities, they could be applied to our ski patrolling activities and our personal life.

For me, on the patrolling side, it allowed me to learn many new skills; skiing, boarding (yes I did), winter travel, avalanche, teaching and management. I was given opportunities to meet and become friends with some of the most dedicated and committed individuals I have ever had the chance to meet, not only locally, but nationally and internationally as well. I also had opportunities to ski in places other skiers only dream about.

Many of these opportunities allowed me to learn and develop skills that I could apply to my personal and professional life. Learning how to work with and direct volunteer patrollers provided wonderful insights into how to better work with and manage my co-workers on projects, in meetings and dealing with performance issues.

All of the time and energy put into being an active member of the NSP has more than been re-paid in, new friends, new places seen, the opportunity to work on new programs to help members develop and improve their skills, and having BIG FUN along the way.

And, it is not over yet. I still participate in program development, mentoring new organization leaders, teaching where I can, patrolling my shifts and bringing to leadership teams a usable knowledge of what happened

in the past and how we got to where we are - an institutional history of the organization and its development.

I encourage all our members to get involved beyond just the patrol and help improve and strengthen the organization while at the same time gaining knowledge and new skills. Have fun and to quote US Army, "Be the best you can be".



## Calendar

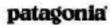
To find out what is going on in the Central Division check out the calendar online at: <a href="http://nspcentral.org/calendar.php">http://nspcentral.org/calendar.php</a>

# Have a great ski season from the Central Division Staff!



## **Thank You to Our Sponsors**































































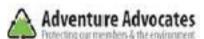






































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DIVISION DIRECTOR

John 'JT' Thomas 72212 300th Ave Lake City, MN 55041 H) 651-345-5160 C) 507-254-9067 jttheskibum@gmail.com

### **Central Division Staff Roster**

2014 - 2015 Administrative Staff



ELECTIONS/
MEETINGS/MSAA

Ken Meldahl 63 North Avenue Fox Lake, IL 60020 H) 847-587-2397 C) 847-204-0634 kmeldahl@comcast.net



LEGAL & RISK MNGMT

Kevin McQuillan 916 Spindletree Avenue Naperville, IL 60565 H) 630-357-6979 W) 630-960-1242 kmcquillanusa@hotmail



**TREASURER** 

**Marty Jarvi** 

(h) 262-377-6447

marty.jarvi@gmail.com



REGISTRATION

ADMIN. ASSISTANT Laurel VanSoest

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