



Volume 47 Issue 3

www.nspcentral.org

Summer 2009

**2009 CENTRAL DIVISION MEETING
 MACKINAC ISLAND**

Registration on Page 20



Jim Woodrum, Central Division Director
**CENTRAL DIVISION
 DIRECTOR'S NOTES:**

Whoa!

Whoa, what a season we had! I must start with giving congratulations to all those that went through the training during the season and reached their goals of becoming qualified/credentialed as auxiliary, alpine, senior or certified patrollers, PSIA/AASI Level I, II, III, those that became instructors, instructor trainers, or advisors/supervisors in our programs. Some folks have said: "Hey, I've been doing this for years and I'm too along in my years to keep reaching for the stars!" I had the opportunity to conduct a TES a couple of years ago at a ski area where a number of local patrollers participated. One of those folks that participated was getting along in years, so to speak. Well, Chuck, he knows who he is, completed his Senior level S&T portion this year at 67 years young. When I asked him what he did to get ready he said I went to every SES and TES he could find over the last couple of seasons in preparation for completing this step in his credentials as a patroller. Chuck, my hat is tipped to you for your perseverance and dedication to getting ready and making it happen. It shows one more time we are never too young or too senior to accomplish a goal!

We are going green with the Rusty Parka News! What does that mean to you? Our future will be putting the RPN on line and eliminate the distribution of the paper copy to all our members. That doesn't mean that you don't have to read it anymore, it just means you have to read it on line. We will send out your computer email reminder when it has been posted and you can read it

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**Deadline For
 Fall Issue
 September 15, 2009**

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Division Director's Report

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there or download it to your printer. We won't be sending a hard copy or the RPN in an email, just a reminder to click on the link and take you to the website to see the RPN. Region or patrol webmasters please feel free to create the link to hook into the Division Website as another option for people to find the information. On page 3 of this issue of the RPN there is a clip out to return to Tim Zimmerman if you want to continue receiving the hard copy of the newspaper.

Our yearly calendar is in the RPN. As we are in the summer months it may seem like ski patrolling is a long way off. A turn of the cor-

ner and we will quickly be into the refresher schedule. Please begin filling up your personal calendars with important dates that you need to make in preparation for the next ski seasons.

Also on the back page of this issue of the RPN is the registration information for the Fall Division Meeting scheduled at Mackinaw Island the weekend after Labor Day. Several people are also planning a day or two before and/or after the meetings. It is a great place to vacation and enjoy a little island retreat. Looking forward to those attending and in particular, all our Division and National Award winners! It really makes for an exciting awards

celebration when we recognize the person in front of your peers.

Finally, your leadership team had the opportunity to visit with and participate in every Region Meeting/Banquet this Spring. To our entire award winners that were recognized with local Region Awards and those that go on to other evaluation for Division and National Awards we extend a hardy Congratulation! I was going to announce who the winners of the Division and National levels in this issue of the RPN, but perhaps I will wait until we are all together on Mackinaw Island! Please don't forget to register and make your hotel reservation. Looking forward to seeing everyone there!

Kasten's Korner



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Letters to the Editor

Letters to the Editor must be submitted electronically to tzimmerman@mitchellmetals.com. The RPN reserves the right to publish and withhold letters based on content and length. Letters in excess of 250 words may be edited due to space limitations.

ADDRESS CHANGES

Changes to address should be updated on the NSP National Web Site. Please log on to www.nsp.org and access your NSP Member Page to update your personal information. The Rusty Parka mailing list is downloaded from the National database. All address changes and corrections must be made on the National site.

According to Roger's: Synonymous With...

By: Dan Somalski, Assistant Division Director

As I compose this it is late spring early summer in the landscape business, and all thoughts of skiing are faded into memories. It was a great ski season, I met many great patrollers, went to lots of clinics and tests, and had an opportunity to talk to a few new faces and find out what is important to the "Central Division Patroller".

There are a few reoccurring themes in my travels, patrollers like to have fun, Patrollers like to network, and patrollers love to help others to enjoy the sport that we all love.

What a great organization we are involved in, we have the opportunity to ski and help people

Don't Sit Back

By: Linda Murphy Jacobs, Assistant Division Director

When the ski season ended and the condo was cleaned out my husband and I headed home to start our spring projects in earnest. This year we re-roofed and resided, planted several new gardens, painted porches and took out some trees. (The list is long when the owners of a 100 year old B and B have done nothing but ski all winter). The June first RPN deadline always hits at a wickedly busy time, and I am not a prolific writer. I came up with five great excuses about why I couldn't get my article written while we were spreading 100 gallons of black goo on the driveway. "It's inconvenient, it takes too much time, I've got better things to do, it won't matter any-

at the same time. Can you get the same gratification raising money for the cancer foundation? I think not. The cancer foundation in a great and worthwhile cause, but I personally can't get that excited about sitting in a office and making fund raising calls for fun.

Anyone who knows me knows I love to ski hard and be around people who share a passion for skiing. This passion is the reason that most ski patrol events start late and run late, everyone is standing around b-l-l sh-tting, (According to Roget's Thesaurus, that term is synonymous with networking) and getting the groups started on the actual event task we came together for is difficult.

How many events have you been at where someone shows you a new technique,

way, let someone else do it" all made the excuse list. Then it occurred to me that my excuses were just like the excuses that I hear

"It is way too important to have a solid National board in place, especially in today's world."

from NSP members about why they don't vote in the National elections. "Its inconvenient, it takes too much time, I've got better things to

method, or piece of gear that has "Changed their life"?

We all love to see the passion for our sport shared with all within ear shot, eye shot, or zip code. We all spend money, effort, and time on all who express an interest to improve some or all parts of their skiing, tobogganing, OEC, mountaineering, avalanche, or low angle rescue. We are zealots. We are nuts. We are ski patrol and long may we prosper.

Sometimes we get hung up on small stuff, and nit pick the organization. There are many things we can all agree on and other areas where we never will all agree. Instead of demonizing those who don't agree with our views, let's look for the common passions and build from there. In the long run it makes patrolling even MORE fun.

do, it won't matter, let somebody else do it". The bottom line is that writing an article is one of my ADD responsibilities Just like it is my responsibility as an NSP member to cast a ballot for the National board. Just like it is your responsibility to cast your ballot when the time comes. Our voter participant is dismal, less than 20% and shrinking. We can do better, we need to do better. If you don't have time to run through all of the bios, then get together with some like minded patrollers and split the job up. Ask around for personal referrals. Vote for one or two candidates if that's all you think are worthy. Just don't sit back and let less than 20% of our members make that decision for you. It is way too important to have a solid National board in place, especially in today's world. No excuses.

Rusty Parka News Goes Green

The Rusty Parka News will go green in 2010. The news, information and features instrument of the Central Division will become an electronic, web based method of finding the latest information on events and issues within the Central Division.

The Central Division Board is committed to providing patrollers from throughout the division with a method of receiving news and maintaining contact. Therefore, if you wish to continue to receive a paper copy of the publication, please return the form to the right to the address listed to assure that you receive uninterrupted service.

Consider the reasons to "GO ELECTRONIC"

- Receive issues up to 15 days earlier
- Help the Division control costs and dues
- Get with the Green Movement: reduce waste and conserve energy
- Enjoy full color electronic coverage of Central Division events

Electronic Rusty Parka News Opt Out Form

I wish to continue to receive a paper copy of the Rusty Parka News after the Electronic Roll Out in 2010.

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

My patrol: _____

Complete this form and return to:

Tim Zimmerman
Rusty Parka News
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Schofield, WI 54476





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Division NSP Ski
School
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2009 NSP-C PSIA Ski School Roster

PSIA Level	Last	First	Email Address	Area	Region
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Join the NSP-C PSIA Ski School Today

Patroller 101

By: Jeannine Mogan, Division Patroller 101 Supervisor

2008-2009 NSP-C Ski & Board School Membership Application



_____ **Renewal Membership** _____ **New Member Applicant**

Name: _____

Address: _____

Phone: (H) _____ (B) _____

(Cell) _____ (Pager) _____

Fax: _____ Email: _____

Patrol Name: _____ Region: _____

Check your current disciplines: _____ Snowboard _____ Nordic Downhill _____ Alpine

Level of PSIA/AASI Certification: _____ Snowboard _____ Nordic Downhill _____ Alpine

Are you currently a Senior Skiing/ Snowboard/ Nordic Examiner in your Region at this time: YES NO

Are you currently a Toboggan Evaluator at Senior Exams in your Region at this time: YES NO

PSIA /AASI Membership #: Division: _____ National: _____

*A copy of your current membership card & check must be enclosed with application.

*In the event that you upgrade your certification status during the ski season, a new copy of your card must be submitted as soon as possible.

If you are currently Certified Level 1, 2, or 3 Enclose a check for \$60.00 Non Certified members enclose a check for \$70.00 made out to the NSP-C Ski School. Postmarked on or prior to Dec 1, 2008.

Late fee of \$10 will be charged to members if application is not submitted prior to Dec 1, 2008.

We want to know what your personal goals and objectives are for the coming season.

- _____ To obtain a Certification Level or Increase to the next Certification Level
- _____ To increase Depth of my disciplines knowledge
- _____ To Instruct Senior Candidates this Season
- _____ To Evaluate Senior Skiing or Boarding Candidates
- _____ To Instruct Basic Candidates and other fellow patrollers

- What means of support would you like from your NSP-C Ski & Board School
- _____ Suggested Reading Material
 - _____ Suggested Video Programs
 - _____ Group Clinics at Region Level (Ski & Board Enhancement Seminars)
 - _____ One on one lesson
 - _____ Other: _____

Submit application w/payment to: NSP-C Ski School
c/o Jay Zedak
1822 Weymouth Drive Phone: (330)-650-2858
Hudson, Ohio 44236 Email: jay@bugbusterinc.com

Did you know that the National Ski Patrol is in the beginning process of updating the Patroller's Manual? Although some of the information in the current manual is out of date, it contains a wealth of general information that every patroller should know. The Patroller's manual exam that has been used in the Central Division has been updated. You can find a copy of the updated exam on the Central Division web site. One effective way to use this exam is to give it to candidates as a take home test with a copy of the Patroller's manual. A follow up session to go over the exam, will instigate a great conversation about NSP history, policies and procedures.

Another patrolling season has come to an end. As you look back on the past year and plan for next season, be sure to include the Introduction to Patrolling program in your review and planning.

Last year, Central Division leadership encouraged all patrols with candidate classes to enroll their candidates in an Introduction to Patrolling course. The number of patrols participating in the program almost doubled! If your patrol ran an Introduction to Patrolling class last season, be sure that the Instructor of Record closes the course. To do this, simply visit www.nsp.org for a Course Completion Record. This form can be sent by fax, email or postal mail.

As you plan for next year, encourage your patrol to have new patrollers enroll in the Introduction to Patrolling course. It will ensure that the new patrollers are versed in ski area management, the National Ski Patrol, rope and belay skills, guest services, risk management, toboggan handling and adapting to the outdoor environment. Some regions within the Central Division have a "Patroller 101 advisor" on staff. These regions have a higher percentage of patrols using the program. Ask your Patrol Representative or Region Director if you are interested in finding out more about involvement of the program at your region level.

Questions/comments – Email Jeannine Mogan jmogan@threeriversparkdistrict.org

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[PSIA-C Events & Schedules](#)

Western Region MTR Season Revisited

By: Derk Renwick, Buck Hill Ski Patrol

The 2008-2009 Western Region Mountain Travel and Rescue Program (MTR) proved to be a great success. This year's participants have endured some of the harshest weather the upper Midwest has to offer and survived—thrive, even—despite the challenging conditions. This year rain, sub-zero temperatures and wind-chill advisories contributed to extreme training environments that have prepared MTR graduates for whatever conditions Mother Nature can dish out!

The 2008-2009 MTR sequence began with Mountain Travel and Rescue—Fundamentals (MTR—F) held September 20-21 at the Western Region Meeting at Welch Village. A small group of instructors and students (with a 1:1.5 ratio) formed a relaxed environment in which concepts of cold-weather survival, mountain travel, wilderness navigation, and Search and Rescue were introduced. West-



ern region MTR courses typically have a relatively small teacher/student ratio, which allows for a more personal, in-depth educational setting with many opportunities for Q & A.

The MTR—II course began with a successful classroom session held at R.E.I.'s Bloomington, MN flagship store on November 1st. The state of the art, professional facility provided convenient access to an array of essential equipment required for a cold-weather, backcountry practicum. Classmates shared experiences and techniques under the direction of the instructors (again, a 1:1.5 ratio) and began tailoring their knowledge and equipment to meet the demands of the course.

On the mild, winter Minnesota morning of January 3, the group gathered at the Travel Center in Wild River State Park, near Wild Mountain Ski and Snowboard Area for an overnight shakedown. Our group was led by Daryl Coons, Western Region MTR Advisor, and featured a visit from Jeff Hedberg, Southern Region MTR Advisor, and John Wachter, Central Division MTR Advisor. It was a welcome reassurance to have so much leadership and support available to us on our first night out.

We also had a lot of diversity on the trail, and that is what makes this program so special. The experiences we bring and the equipment we choose provide opportunities for students and instructors to demonstrate new skills to the group. We had snowshoes, cross-coun-

try skis, and backcountry equipment including randonee (the latter afforded us the opportunity to construct skins out of parachute cord while on trail—education in action!). Our group included experienced mountaineers and Nordic Patrollers, as well as individuals with experience in Search and Rescue and military survival—all knowledgeable outdoor enthusiasts.

After a short trek through the woods (during which many Patrollers experimented with navigation skills and new equipment—the guys from down south tried cross-country skis for the first time with entertaining results!), lunch, and a successful Search and Rescue scenario, the rain began falling. Many Midwesterners would

welcome 28-degree weather in January—even with the rain—but the mercury dipped to 0

degrees overnight as the winds gusted to 20 mph. Rising from our icy cocoons with frozen clothes and a biting wind was downright rotten! Still, we were well trained to protect ourselves from the elements and to stoke our internal fires with a little morning exercise and a warm drink.

The group met again on January 23 at Jay Cooke State Park, near Duluth, MN, and hiked/skied 4k to the remote campsite near Lost Lake—a favorite of Western Region instructors. The conditions were relatively mild, and the group practiced navi-

gation techniques as they spent the day enjoying winter sports. Two members of the group arrived that evening, which allowed for the opportunity to practice stellar navigation techniques. The once remote campsite bustled with activity as group members erected shelters, constructed cooking areas and formed comfortable lounge chairs in the snow. The various mounds of colored snow and ice looked as though the winter carnival had come to town.

On the morning of the 24th, high spirits became tepid as cold weather began to take its toll. Overnight the temperature had dropped to -17 below with a wind-chill of -40, which resulted in wind-chill advisory condi-

tions that would last for two days. Two of our colleagues chose to end the trip early. As Patrollers, we have all learned that the best way to treat an emergency is to avoid it, and these Patrollers acted intelligently and bravely in the face of adversity. The team applauds our friends for recognizing a dangerous situation and acting in foresight to prevent an emergency. They deserve our respect.



The rest of the morning was spent staying warm: eat, melt snow for water, feed the fire and repeat. There was plenty of time to relax and enjoy the scenery. One student gave a presentation on fire-craft and one instructor led the class in a discussion on declination and orienteering. After lunch the group marched to Ash Ridge in order to practice low-angle rescue techniques. We had ample materials to build a Mission Ridge Ski Patrol Rescue Sled, and practice C- and Z-line pulley systems. Afterwards we returned to camp and the instructors led an honest conversation about the conditions, the difficulty in sticking to planned activities and events due to the cold, and an admission that evening activities would be limited to the art of keeping warm.

With that they dismissed the class and offered any student who chose to stay the opportunity to spend a second night. Two students and two instructors remained, and four friends had an educational conversation about the history and culture of the Western Region MTR program.



Our group now shares the kind of camaraderie that only comes from working together in adverse situations. Emails discussing our accomplishments and kudos from our instructors arrived immediately in our in-boxes and there has been a flurry of internet activity centered on sharing photos and making plans for a follow-up trip. The MTR program has this effect on people: when faced with a challenge we learn to rely on our training, trust our fellow Patrollers, and share the experience together. Look for an MTR course in your region and join us next time!

MTR Supervisor Revisits Season

By: John Wachter, Division MTR Supervisor

What a great season. I had the privilege of joining in on a few MTR courses this season and would like to thank all those that helped out.

One thing that was brought to my attention this year was that an MTR course can be held anytime of the year. I was able to take part in both extremes this season with one being at the beginning of the ski season and the other being held just after we had closed for the season. One course was held at Wild River in Minnesota on Jan. 3rd. Where we cross country skied into camp followed by a great search and rescue... (You will be able to read more about this in Derk Renwick article on page 7).

Another one of the courses was in the Ohio region. They typically hold their classes before or after ski season. We met at John Bryan State Park, Yellow Springs, OH April 3rd. We had great weather and a nice attendance. The weekend contained a number of good hands on activities including a map and compass course followed by terrain recognition walk and fire building. We took a hike and found a nice spot to do a low angle rescue in which the group went over and practice setting up z-rigs for pulling people up the hill. Finishing up the day by hiking into the woods and build an emergency shelter from there ten essentials they were allowed to bring.

A few things that I keep hearing over and over are:

Where are the classes held? The classes are normally held at your local ski resort or a state park but, can vary per region and instructor. We try to find an area that gives you feel of being in the back county but, with the ability to get somewhere warm if it gets too cold or wet during the course. While in the MTR II class we try to find something a little more remote for applying skills learned while still maintaining a level of safety. Examples would

be: back pack camp site at your local state park or a wilderness preserve, this again depends on your region and instructor.

When are they held? The course can be held during any part of the year. Some area/ regions have them in the fall, winter, spring or a combination of all. Due to this you get a wide range of temperatures and conditions to deal with. I have often seen the MTR I class held off season while the conditions are more favorable for everyone to take their time and go through outdoor skill stations. Then holding an MTR II course during the middle of the season to expand upon what you have learned and applying it to the winter environment.

And finally my favorite subject GEAR! What do I need?? Depending on the region you are in and the time of year you are taking your class this question can have a wide scope but, the bottom line is that you do not need to go out and buy anything just to take a course. The instructor giving the class will provide you with a list of stuff you can bring to the class if you have it. A sleeping bag - I have a couple different set ups which can be used during any of these courses. I typically use a 20 degree sleeping bag and if the temps dip down low I wear more clothes to bed and use a few other tricks that you can learn in the course. I have seen and even tried using rectangle sleeping bags from Wal-Mart and have even taken two of them and put one inside the other with favorable results. For shelter - When possible I like to build a snow cave or a snow trench but, some parts of the region do not always get a chance to do this so I will often carry a nylon tarp. A poly tarp from you local store will also work very well. Tarps are lighter to carry than a tent and because of the season we do not have to worry about bugs. In some areas your instructor may recommend a tent in which you can use a three season one and DO NOT FORGET your ten essentials!

Updated Ten Essential

1. Navigation
2. Sun protection
3. Insulation (extra clothing)
4. Illumination
5. First-aid supplies
6. Fire
7. Repair kit and tools
8. Nutrition (extra food)
9. Hydration (extra water)
10. Emergency shelter

Classic Ten Essentials

1. Map
2. Compass
3. Sunglasses and sunscreen
4. Extra clothing
5. Headlamp/flashlight
6. First-aid supplies
7. Firestarter
8. Matches
9. Knife

As ski patrollers most of us have all the gear we need to stay warm and dry in the winter environment and through the MTR courses we hope to show you how to minimize your gear while maximizing it's benefits.

No Job is Done Until the Paperwork is Finished

By: Tom Worley, Division Toboggan Supervisor

The Toboggan Enhancement Seminar program for 2008-09 is well behind us but unfortunately many of the courses are not yet closed out. The IOR's for the most part have done a great job in completing the necessary paperwork to close out the course they registered. Thanks to them, most of you will receive credit for taking a TES. Unfortunately, for those people who have taken a TES but the IOR did not/has not completed the paperwork, no credit will be provided. If you are a Senior candidate and took a TES this season as one of your electives and the IOR has not completed the paperwork you did not (yet) get credit.

If you are concerned that your IOR completed the paperwork and you got credit, you can contact the IOR or better yet go on line at the National web site and review your Personal Profile. Your Personal Profile will list what courses you have taken and received credit. Keep in mind that sometimes mistakes are made. If you took a TES and your Personal Profile does not show it, contact the IOR for

your course or contact your Region Toboggan Supervisor. One way or the other we will get you credit for any TES you successfully completed.

Another paperwork requirement is all Toboggan Instructors and Toboggan Instructor Trainers (IT) need to be providing your Region Toboggan Supervisor a schedule of your training activities for 2008-09. This has been an annual requirement for many years. We have been too lenient on this requirement in the past. This year and all years forward you will need to provide this training schedule to your specific Region Supervisor. He will in turn check off your name on the list of active Toboggan Trainers and IT's and then forward onto the National Office and myself.

If you fail to do this before October 1, 2009, you will not be listed as an active instructor or IT for the 2009-10 season. Each year all of the Toboggan IT's are either renewed or dropped from this toboggan instructor roster. Once every three years each instructor is likewise renewed or dropped. Both of these lists are validated by your submission of the train-

ing schedule you fulfilled for the past season. **If you fail to submit your toboggan training schedule you will be dropped from the active toboggan instructor list.**

Don't assume that you will be reappointed to the toboggan instructor list for the Central Division. The only way we have to document your activities is the training schedule **you** submit each summer. If you have any questions, contact your Region Toboggan Supervisor or myself. Either of us will be glad to help.



Come to the Island, Mackinac Island

By: Robert Lechtanski, Northern Michigan Region Director

The Northern Michigan Region invites the members and families of the Central Division, to join us at the Mission Point Resort on Mackinac Island, Michigan for the 2009 Central Division Fall Meeting and Awards Banquet on September 11-13.

Historic Mackinac Island is reachable only by boat or plane and is truly an escape to a bygone era. Perched on the southeastern shore of the Island, Mission Point Resort overlooks the Straits of Mackinaw from the original site of one of the island's first churches. Mission Point is an easy 10-minute walk from town and the boat docks. Resort guests can enjoy seclusion yet still be close to the heart of everything.

Originally settled by Europeans in the early 1600's, the Island's colorful past as a fur trading post and military encampment remains well preserved. Automobiles and other motorized vehicles are strictly prohibited. Transportation around the island is restricted to foot traffic, bicycles and horse-drawn carriages. Scores of original buildings and historic Fort Mackinac are open to the public. Striking limestone formations and mysterious caves pepper the Island. Main Street, downtown, is a quaint mix of old-world shops and storefronts. This is, of course, where famous Mackinac Island fudge is made from scratch and enjoyed by all visitors.

You are only a boat ride away from the many shops and the outdoor water park in Mackinaw City and the Kewadin Casino in St. Ignace. Using the meeting code "NSP", you can purchase discounted ferry tickets online through Shepler's Mackinac Island Ferry. Also check out their website for other deals on Multiple Day Tickets and Shepler's Unlimited Day Passes.

Planned Meeting Events

A variety of activities for patrollers and guests will be available in addition to the Central Division Board of Directors' meeting and other patrol related meetings and educational programs on Saturday and Sunday.

Friday

Motorcycle Ride – For those who arrive by motorcycle and wish to attend, there will be a guided ride through the Northern Michigan countryside.

Golf – no formalized plans have been made for a golf outing. However, there are 2 courses on the Island and several courses close by

for your enjoyment. Check the link to Mackinac Island website below for more information.

Ship Tour – Welcome aboard and enjoy a tour of the retired U.S. Coast Guard Icebreaker Mackinaw in Mackinaw City, Michigan. It's an American hero story. The tour includes the mess deck, engine room, offices and more.

Friday Night Dinner – Join us at the "Bistro on the Greens" for a BBQ dinner and enjoy the evening having fun and conversation with your friends and patrollers from all over the

move out to the field session where you will set up a working LAR. Discuss the differences between a LAR and HAR. The class will be taught by Mountain Travel Rescue instructors.

Writing Awards and Using A Website with Sharepoint – Learn how to enhance your awards writing style, where to get information that you need, where to store the awards information safely while you are working on them and how to use a website to accomplish these tasks.

Central Division Awards Banquet – come join us for dinner and to honor our award-winning members. Dress for comfort – jackets and ties are optional.

Sunday

Patrol Director (PD)/Patrol Representative (PR) Breakfast Meeting – This is a PD/PR or designee only, event. Join Jim Woodrum, the Central Division Director, for breakfast to discuss ski patrol and other related issues. Bring your questions!

Meeting Wear

Two items of clothing with the 2009 meeting logo embroidered on the left front will be available thru advance orders only. Denim shirts and long sleeve full zipper micro fleece jackets

will be available in men's and women's sizes.

For complete up-to-date meeting information and registration form go to the Northern Michigan Region Web Site at <http://www.nspnmr.org>

Hotel Reservation Information

Mission Point Resort
P.O. Box 430
Mackinac Island, MI 49757-0430

Special "National Ski Patrol" room rate is \$99.00 per night
(Reservations must be made before [July29.2009](http://www.missionpoint.com))

Call for reservations at 800-833-7711 or 906-847-3312

www.missionpoint.com

Informational Links

Mackinac Island – www.mackinacisland.org

Mackinaw City – www.mackinawcity.com

Shepler's Mackinac Island Ferry - www.sheplersferry.com



Central Division. The beautiful front lawn of Mission Point boasts a dramatic view of the harbor and lighthouse, with plenty of beach available for stone skipping and kite flying. An 18-hole putting course is just one of the many recreational opportunities available at Mission Point.

Saturday

Central Division General Meeting – Key Note Speaker – Jim Woodrum, Division Director, Central Division.

OEC Instructor Re-certification – Refresh your skills and have the opportunity to discuss concerns with the Division OEC Supervisor. This session will fulfill your requirement for the once-every-three-year update required of OEC Instructors.

CPR Refresher – Get your CPR completed before the fall refresher. ARC and AHA Instructors will be on hand to assist you with your re-certification. This will be a performance driven refresher, not a CPR course. You must present a current CPR card in order to attend this refresher and bring your facemask or face shield. No exceptions!

Low Angle Rescue (LAR), High Angle Rescue (HAR) – What is it? Where do you use it? What are the LAR/HAR systems used here in the Central Division? Learn the physics, types of gear needed and techniques of Low angle rescue in the classroom session. Then

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ADMINISTRATIVE STAFF

The Secret Ingredient is: YOU!

By: Don Loerch, Division Skills Development Supervisor

Summer has finally arrived and I hope this issue finds everyone enjoying the off season. As we shift gears to warm weather activities, it's worth taking a moment to reflect on what a great season we had in 2008-09. Clearly, our Central Division members stepped up giving generously of their time and talents. Countless hours were invested in testing, training and patrolling endeavors, all culminating in our members achieving a higher level of performance on the mountain. Certainly, everyone deserves a collective "pat on the back" for a job well done.

As we enjoy the warmth of the "other" season, please don't forget to consider how important your contribution is to your home patrol, resort and ultimately the public we serve. More importantly, please take a few moments to contemplate how each of us might enhance the investment we have already made in this fine organization. It won't be long before fall is upon us and of course, the season will include

numerous opportunities to participate and advance our collective bag of tricks. Plan now to set aside a bit of your valuable time to train locally or attend one of the many region/division educational events, you won't be disappointed. Stay involved, after all, we need you!

While the memories of toe and hand warmers slowly fade, I offer for your consideration, a few definitions from the skier's dictionary.

Alp

One of a number of mountains in Europe, also a shouted request for assistance made by a European.

Avalanche

One of the few perils skier's face that needlessly frighten timid individuals away from the sport. See also: Blizzard, First Aid, Fracture, Frostbite, Lift Collapse.

Pre-jump

A maneuver in which an expert skier makes a

controlled jump just ahead of a bump. Beginners can execute a controlled pre-fall just before losing their balance and, if they wish, may precede it with either a pre-scream, a few pre-groans or simple profanity.

Thor

The Scandinavian god of acheth and paineth.

Traverse

To ski across a slope at an angle; one of two quick and simple methods of reducing speed.

Tree

The other method.

Tree

Alternate method of either Traverse or Stopping.

Stay safe over the summer months, we'll see you soon.



Supervisor Loerch submits this photo as proof of ski patrolling great evolution since the days of the Austrian military canteen patrol.

The Avalanche Program 2009 - 2010

By: Dale R. Mihuta, Central Division Avalanche Supervisor

People ask me why we don't go somewhere else other than Utah for advanced avalanche training. The answer is that I have developed numerous connections that save us a lot of money in lift tickets and other expenses. Furthermore, the snow pack in Utah gives us the entire spectrum of snow conditions and the ski areas are in close proximity to each other. I'll bet you thought I was going to say the powder is better in Utah. All powder is heavenly. In order to take the Level 2 course you first need to complete the Level 1 for Rescue Personnel. The classroom session for the Level 1 course is very similar to the old AFR (Avalanche Fundamentals and Rescue) course. The Level 1 course can have the following outcomes:

- You may take the classroom session in your local region and then take the snow science session at a later date at Mt. Bohemia or Whiteface Mt. The snow science portion is one day long. After the snow science portion you will have completed the Level 1 course.
- You may take the classroom session in your local region and then take the snow science portion that is embedded in the Level 2 course. At the completion of the Level 2 course you will also have completed the Level 1 portion.
- You may take the classroom session in your local region and do nothing more. At the end of the season I will show a course completion for an ASR (Avalanche Safety and Rescue) course. The ASR course does not qualify as a prerequisite for the Level 2 course. This year the Central Division Avalanche group

will have a travelling teaching group that will visit each region. The training will start in late summer and continue into the fall. For avalanche training opportunities in your region contact me at: dmihuta@fuse.net (513) 919-3129 ©

Also keep an eye out for course advertising in your local regional newspaper. Watch for course dates and locations on the Divisional website.

- Some dates to remember:
- Snow Science session at Whiteface Mt. 2/13/10
 - Snow Science session at Mt. Bohemia 3/6/10
 - Level 2 Avalanche Course 3/12/10 thru 3/20/10

Thank You and Beyond

By: Darcy Hanley, Division Senior Program Supervisor

This is the time of year that you have other things on your mind than snow and skiing but the Senior Program never stops! Plans are underway for next season so we can hit the snow "skiing"! Thank you to all the region and local patrols for your support, encouragement and training of the senior candidates this year! You were all amazing, each and every region.

As you start moving toward preparing for the upcoming season be sure to visit the Division website to get program updates, review the senior manual and become familiar with the electives. Set a goal for YOUR region: send ten candidates from each patrol to a senior evaluation! The rewards for your patrol will come back to you ten-fold! Congratulations to those candidates who earned their Senior

certification this year!

So beyond last year and going forward, we will once again provide three STW's around the Division! So start getting your group together (trainers, evaluators, senior advisors) to attend. Dates and locations will be confirmed after the Division meeting in September. Please be sure to check the Division website for Senior program updates and to download the senior manual.

If you are planning to work with Senior Candidates for this upcoming season there are a couple of things you can do so you are prepared. Read the senior manual carefully. Plan to attend one of the STW's so that the information you have about the Senior program is current. Make sure you are training candidates on senior terrain for the toboggan and alpine maneuvers. The success of the se-

nior candidates relies on trainers being confident about the program.

This season all senior events will be QA'd. The QA program will be proposed in September to allow more senior patrollers to get involved in the process. A new addition to the QA will be feedback from the senior test evaluators about how the QA process worked and suggestions for improvement. This will help strengthen the senior evaluation and promote consistency throughout the Division. As part of the QA process, please have available at the senior evaluation the candidates that will receive their Senior certification. This will be so helpful when compiling end of the year report.

Enjoy your planning time for the upcoming season. If I can be of assistance or you have questions, please contact me. Thank you for a great season!

Make Preparations Now for Women's Clinic

By: Sandi Hammons, Division Women's Clinic Supervisor

Ladies mark your calendars, January 30 and 31st 2010 is our weekend at Perfect North Slopes. We will offer Ski Enhancement Seminars and Toboggan Enhancement Seminars on each day. You choose what you would like to do. Learn a new technique with the toboggan and or brush up your skills on the

steps or in the bumps. Share your experiences with the ladies in the Central Division. Maybe you are looking to take your skills to a higher level, Senior or Certified. Come join us and learn about the different programs.

If you haven't attended this weekend clinic before I truly encourage you to check it out. We all have a great time together. Our staff is made up of Certified and Senior Patrollers

all qualified trainers with the NSP and others with PSIA Certification at Level II and III. My first experience with the Women's Clinic was back in 2002, I was working on becoming a Senior Patroller. Since then I have attended 3 other clinics and in 2008 I did join the staff. Now my goal is Certified Patroller, so we on staff have higher levels to attain that can challenge all of us. I personally have gained so much from being an attendee and a staff member. We all share and learn from each other. Maybe that is what you need, a new challenge or are just looking to put the fun back in your skiing/riding and patrolling. Whatever you want new techniques, improving your current skills. This is your weekend. Please watch for more detailed information about this weekend in the next edition.

I really want to thank Anne Blaedow for her nine years heading up the Women's Clinic. She has given so much to so many women in the Central Division and I am one of those women. I also want to thank Anne for all of the support and confidence she has in me to take the program over. I have big shoes to fill but, with all of the other ladies on staff and Anne's assistance this program will continue to be a success. Check it out, come visit Perfect North Slopes and enjoy your Perfect Weekend with the Ladies.

Please feel free to contact me with any question you may have about this clinic.
hammons@insightbb.com
859 466 8496

Central Division Awards Selection Process

Central Division is composed of approximately 6,600 active patrollers serving 140 Alpine patrols and 23 Nordic patrols

Each year, all Regions of the Central Division are invited to send in submissions for 11 Traditional Outstanding categories ranging from Outstanding Young Patroller to Outstanding Large Alpine Patrol.

Each Region supplies two judges to judge our submissions.

Each Outstanding Submission is graded by seven different judges and the submission in each category with the overall highest score is chosen as our Central Division Outstanding.

Our winners are then sent to National where a judging committee composed of two judges from each Division eventually selects the National Outstandings.

This year the Central Division Awards Program started a new tradition by recognizing our Central Division Outstanding First Runners-Up.



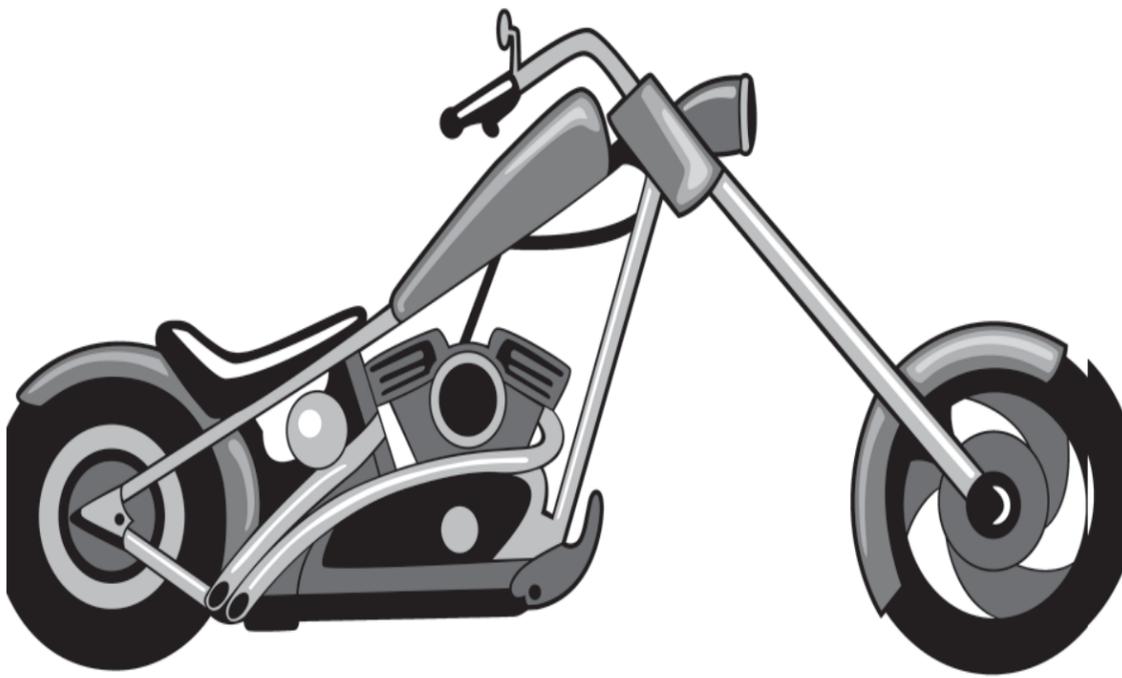
Many Have Talked About It

By: Jim Woodrum, Division Director

Many have talked about it, but few have braved the potentially cold, wet, miserable drive to a Fall Central Division Meeting on top of a motorcycle. We had a few brave souls start this by driving to the Fall Meetings a couple of years ago. Then a few more were added to the trip the trip to Wausau, WI. A couple more were added and made the route to Kalamazoo, MI. Last year we had a little over a dozen bikes ride into Milwaukee, WI. After the cancelled ferry rides across Lake Michigan because of remnants of the Hurricane, we persevered and motored through the driving rain and wind, through traffic in Chicago and up to Milwaukee. It's all about the adventure! And what an adventure we had!

This year will be no different and below are the particulars for this year's adventure. We

If you are interested in yet another Ski Patrol Adventure Tour, please contact Brian Cobble or Jim Woodrum to reserve one of the few unlimited positions in this event. Brian and Jim's contact information is available on the Central Division Website. Best way to ensure we have your position reserved is via email. There is no registration form or fee associated with this event. Your fuel, those that use hotels and meals are at your expense. It will be yet another trip to put in the memories of our adventuresome souls!



decided to make it an annual event/tour and we will make the swing around Lake Michigan and up to Mackinaw Island. A few of us are driving down from the Northern Michigan area, up from Ohio and Indiana to Valparaiso, IN, our first nights stop; local hotels or your sleeping bags on the floor of the Cobble's. We will pick up a few more hardy souls and make our way up the West Side of Lake Michigan. We will pick up a few more people that take the ferry system over the lake vs. driving through the Chicago traffic and those that want to meet us from the western part of the Division. I already know a few from Iowa and Wisconsin, howbout them folks from Kansas and yonder? Anyway, those that want to join us from the western side, please plan to meet us in either Milwaukee or Manitowoc at the ferry arrival/ departure points and time. For those we pick up we will then motor on up to Marquette where we will stop for the evening and share bread at a local eatery. People can then make choices about sleeping arrangements; local hotels or your sleeping bags on the Anderson's floors. We will again get underway about 10 AM and arrive in Mackinaw City sometime in the afternoon on Thursday to catch one of the last couple of Shepler's Ferry Boats to the island at either 5:30 or 6:30 PM departures.

Contact Jim Woodrum or Brian Cobble if you are interested in the 2009 Central Division Cycle Trip to the Fall Division Meeting



The "Many Have Talked About It" NSP Central Fall Bike Trip Travel Itinerary

Central Division Pre-Fall Division Meeting Motorcycle Tour, Sept. 9 & 10, 2009
Motorcycle tour from Valparaiso, to Marquette, MI to Mackinaw City, MI

Schedule:
September 9, 2009

Leave Brian Cobble's home in Valparaiso, IN at 9:00 AM
Arrive in Milwaukee, WI about noon; pick up anyone coming across the Lake- Express from Muskegon
(Lake-Express leaves Muskegon, MI at 10:15 AM and arrives at 11:45 AM Central Time)
Collect all additional bikers and drive to Manitowoc, WI to pick up anyone from the SS Badger
(SS Badger leaves Ludington, MI at 9:00 AM and arrives at noon Central Time)
Coming from Milwaukee we will arrive about 1:30 in Manitowoc, WI
Collect all additional bikers and have lunch with new arrivals
Motor on to Marquette which is about 4 hours north, arriving about 6:30 PM
We will have dinner at a local restaurant in Marquette. People can make reservations at local hotels if they wish or bring your sleeping bag and air mattress to crash at Tom & Karen Anderson.

September 10, 2009

Leave at 10:00 AM and drive to Tahquamenon Falls in Paradise, MI arriving about 1:00 PM
Have lunch walk around to view the falls and leave about 3:00 PM driving to Mackinaw City, MI
Arrive in Mackinaw City at about 5:00 PM
Park the bikes in a secured tent at Shepler's Ferry and take the ferry across to Mackinaw Island Ferry leaves at 5:30PM and 6:30PM
Arrive at Mission Point Resort on Mackinaw Island

Return to your home on your schedule, no plans from here. If people would like to stay over Sunday for a motorcycle tour of Leelanau Peninsula, housing will be available at the Woodrum's or Linda Murphy- Jacob's on Sunday evening.

Multi-Generation Families of Bittersweet Patrol



Bittersweet's three generation family. Lyle Main (Father), just retired this year, 199139 Ron Main (Son), 220788 Terri L. Main (Daughter-in-law), 223676 Josh Main (grand son)

176403 **Bill Arnold (Father)**
 220778 **Alicia Arnold (Daughter)**
 222782 **Brian R. Arnold (Son)**
 226791 **Colin M. Arnold (Son)**
 226792 **Glyn T. Arnold (Son)**
 220777 **Ian Arnold (Son)**

130982 **David Corey (Father)**
 214323 **Stefanie Corey (Daughter)**

231768 **Eugene Gavin (Father)**
 220780 **Liam S. Gavin (Son)**

220785 **Dan Hill (Father)**
 231769 **Emma Hill (Daughter)**

184471 **Larry Hilton (Father)**
 195166 **Derrick Hilton (Son)**

167841 **Daniel K. Navis (Father)**
 231764 **Joshua Navis (Son)**
 223680 **Nicole Navis (Daughter)**

230449 **Craig Nelson (Father)**
 231761 **Kyle A. Nelson (Son)**

Thanks to Dan Navis, Bittersweet PR

2009 Ohio Region Report

By: Bill Currier, Ohio Region Director

With the arrival of warmer weather and lots of rain, Ohio Region ski areas closed for the season by mid-March. It was a pretty good season, however, with most areas having been open from mid-December. I am now looking forward to our annual Spring Meeting and Awards Banquet that will be held this year at Alpine Valley on April 25.

Organizationally, I re-aligned the Senior Program Administrator and the Certified Advisor under the ARD Programs thereby relieving the ARD Proficiency of some administrative workload. Also, Pat McCabe, Mad River Mountain, is the new Ohio Region Recording Secretary replacing Cindy Soter, and Orest Melnyk is the new Ohio Region Treasurer, replacing Bev Benzing who became the Central Division Treasurer.

All Ohio Region patrols remain intact and were successfully registered using the Division electronic process. There was no significant change in our membership numbers. The Clear Fork Area is still for sale and did not operate again this season, but all Clear Fork patrollers registered at other Patrols in the Region. The future of the Cuyahoga Nordics as a patrol associated with the Cuyahoga Valley National Park is uncertain as the NPS decided that the Nordic ski patrol is no longer going to be present in the Park. However, most of the present patrollers have been accepted into another volunteer group that provides safety services. Ways to keep the Patrol intact are being evaluated.

As I traveled around the Region from Big Creek in northeast Ohio to Paoli Peaks in southern Indiana, I received many compliments and constructive comments from those who participated in our programs this season. Here are a few highlights

- A MTR class and field session was held in mid-November at Boston Mills/

Brandwine and another is planned for April at Perfect North Slopes.

- A SEM Evaluation was held at Snow Trails in December with 26 candidates and about 50 evaluators participating
- A second SEM was planned to be held at Paoli Peaks in March, but was canceled due to lack of snow and lot's of mud. Spring arrived early in Southern Indiana!
- OEC Refreshers and OEC classes were held at all areas except for one.
- An OECES was held at Mad River Mountain
- An Instructor Development Class was held at Boston Mills/Brandwine
- S&T events included:
 - Division S&T Clinic was held at Boyne Highlands in December with 40 Ohio Region Patrollers participating
 - STW's were held at PNS and BMBW
 - SES's and TES's were held at Snow Trails, Mad River Mountain, Perfect North Slopes, and Paoli Peaks. Also, a TES was held at Boston Mills/Brandwine and a telemark SES was held at Holimont in NY.
 - A Senior Clinic and Senior Test were held at Boston Mills with 20 candidates and as many others who were either evaluators or advocates participating
 - Certified clinics were held at Perfect North Slopes and about eleven Ohio Region Patrollers participated in the Division Certified event at Nubs Nob and Boyne Highlands.
 - PSIA Development Clinics, a first for the Ohio Region NSP-C Ski School, were held at Perfect North Slopes, Mad

River Mountain, and Snow Trails.

Region and National award nominations have been reviewed and winners selected by their respective awards teams. Plaques and certificates are now being prepared for presentation at the Spring Awards Banquet.

Elections for the Section Chief positions in Sections O1 and O4 are in process and results will be announced at the Spring Banquet.

Instructor Development

By: Virginia Rodeman, Division Instructor Development Supervisor

Instructor Development is an NSP course which is the first step in the process of becoming an instructor in an NSP Discipline. It usually is an eight hour class, run in one day or two evenings, which demonstrates and teaches how to make a 6-pack. This 6-pack is the basic lesson plan tool for all NSP classes. There are more components to the class which help define how to be the best instructor you can be!

If you plan to be an instructor in any discipline, you'll need this course first. It is taught by Instructor Development instructors. Step two is the mentoring process. This is the step where you work in classes with an instructor or IT for the discipline you want to teach. Mentoring can take any length of time, one or two years.

We have a new Instructor Development leader at National. He is Doug Howlett and he is replacing Ed Humphrey. Thanks Ed for all your help!

Central Patrollers Attend PEC Challenge

By: John Donnelly, Cannonsburg Ski Patrol

Earlier this year, Don Smith, a Cannonsburg (Michigan) patroller (who also patrols at Boyne Highlands) decided to attend the NSP's Patroller Education Conference (PEC) in Utah. A pilot, Don discussed flying to Utah with Jeff Plantz, a fellow pilot and a patroller from Tyrol Basin (Wisconsin). Don and Jeff also both fly seaplanes and met at the Oshkosh seaplane base. Since Don's plane could accommodate more passengers, he invited several other Cannonsburg patrollers to fly out for the PEC if the group could limit baggage to avoid extra fuel stops. As the plan came together, Don read about the Patroller Challenge and, after discussing it with several Cannonsburg

rain and, with exceptional skill, and was able to land safely (to thunderous applause) despite major turbulence. After the trip from Provo, which included a stop to replenish essential supplies (at the state liquor store), the team arrived at Snowbird (SB) – base elevation about 8,000 feet. Half the team was staying at the Cliff Lodge (main facility for NSP events) and the other half at the Lodge at Snowbird, about 250 yards away.

Snowbird, Day One (Wednesday): After awakening to the sounds of heavy artillery and other avalanche control explosions on Wednesday morning, the team learned about "Interlodge lockdown" – travel between lodges is prohibited while avalanche control is under-

way. With food services outside the Cliff Lodge shut down for the season, a potential humanitarian disaster for the SB Lodge group was averted when the lockdown was lifted early. The SB Lodge group began the 250 yard alpine (uphill) hike to the Cliff Lodge to meet the rest of the team for a hearty breakfast. After breakfast, the team (at least those who had not succumbed early to acute mountain sickness) met at the Tram base. Due to heavy overnight snows and poor visibility, the Tram was

serving only expert runs in the morning. Snow conditions and avalanche danger meant that Mineral Basin, SB's back bowl area, was closed Wednesday as well.

Locals on the Tram marveled at the intrepid souls riding to the top with skinny skis (less than 100mm wide at the waist) that actually had edges and wax. The group walked off the Tram into heavy wind/snow and white-out conditions at 11,000 feet. After leaving the Tram, the "flatlanders" dropped into "Regulator", a black diamond, and the fun began. Rather than famous, light (Champagne) Utah powder, the deep snow was wetter and heavier than usual - not quite true "Sierra Cement" but very close. Although we were in "civilian" coats (patrol coats and vests were not to be worn at the PEC), many "pitchers" were earned that day as the group got re-acquainted with deep snow techniques.

Snow continued to fall heavily all

day on Wednesday and visibility was limited. After lunch, some of our team learned first-hand about tree wells during a long traverse through the trees to return to the Cliff Lodge. Fortunately, our teammate had slipped in upright and did not require serious extraction efforts even though others from our team were nearby had help been needed. After an exhilarating day of skiing, the team had a wonderful Mexican dinner (washed down with plenty of "earned" pitchers) and attended the opening of the NSP PEC conference.

Snowbird, Day Two: Thursday started with an NSP sponsored breakfast for most of the group. A large part of the team then attended an on-mountain NSP seminar called "Dawn Patrol". Snowbird patrollers provided a tour and lecture about avalanche control. Highlights included visiting the "bomb room" in the patrol shack where explosives are prepared and skiing as a group to several permanent gun emplacements (105 mm howitzer, 105mm recoilless rifle, ava-launcher).

Later Thursday, the competition team attended an on-hill toboggan clinic sponsored by the NSP. Taught by division toboggan supervisors, everyone had a chance to run toboggans in the deep snow on interesting terrain. Comparing notes afterward, it was clear that techniques vary greatly between divisions. Wrapping up Thursday, the Cannonsburg competition team, coach and supporters attended a meeting about the Patroller Challenge to be held Friday morning. Cannonsburg was the only team from the Central Division. We also seemed to be the only team with mostly gray hair – several other teams consisting of younger pro-patrollers from Inter-mountain or Pacific NW, a team of Eastern certified patrollers and a couple of other Eastern division entrants.

Day Three: No snow Thursday night but still plenty of deep snow on the mountain for the Patroller Challenge. After a light breakfast, the competition team and their coach/supporters arrived at the Peruvian Express chairlift with the other teams. Eight teams were expected but one dropped out Friday morning leaving seven to compete. After riding up the chair and traversing across several runs the competitors

Please see PEC Challenge Pg. 17



On the way to Utah, the Team picks up fuel and another patroller in Madison, Wisconsin. Left to right: John Donnelly, Jack Katerberg, Jeff Plantz, Don Smith, Tom Mulvihill, Bob Anderson, Mike Patterson and Patrick Mulvihill. (Photo by Jeff Plantz).

teammates, decided to put together a team to compete in the challenge. (The Patroller Challenge involved teams of three patrollers competing in toboggan handling and OEC skills.) As the departure date neared, the Challenge team members were decided: Don Smith and John Donnelly, both new senior patrollers and senior patroller Bob Anderson would represent Cannonsburg for the Challenge.

On April 14, the Cannonsburg team departed from Ionia, Michigan (just east of Grand Rapids). The group consisted of the Challenge Team (Anderson, Donnelly and Smith) as well as Jack Katerberg, Mike Patterson, Pat Mulvihill and Tom Mulvihill. Last minute fuel considerations required weight adjustments as not everyone was within the 50 lb. baggage limit. Some sacrifices were necessary and non-essentials, such as radios and extra-layers, were left behind but the liquor "locker" needed for the long flight was saved. After a stop in Madison, Wisconsin, to pick-up Jeff Plantz, we topped-off our fuel tanks for the long leg to Provo, Utah.

After an uneventful flight, weather became an issue as we approached Provo. Information from Provo just thirty minutes earlier reported a 9,000 foot ceiling, 10 miles visibility and calm winds. Don planned for a visual landing. As we neared our destination, it was obvious that the conditions were much worse and a last minute instrument landing would be needed: less than 1,000 foot ceiling and visibility of barely one mile with shifting winds and turbulence. Despite the unwelcome surprise, Don was able to locate the runway in the fog and



The Cannonsburg team on the scene of the OEC part of the challenge. John Donnelly (on left next to patient) attempts to get vitals from a semi-cooperative/intoxicated patient; Bob Anderson (center, pointing) attempts to clear the area in order to move a toboggan into position; and Don Smith (right) readies oxygen and other equipment before retrieving the toboggan. (Photo by Jeff Plantz.)

2009 Central Division Fall Meeting



2009 CENTRAL DIVISION MEETING
MACKINAC ISLAND

September 11 -13, 2009 Register Today!

Registration form on back
cover

PEC Challenge from Pg. 16

arrived at the designated toboggan course, a double-black run that funneled into a narrow chute above a cliff band. The competitors took a "warm-up" ski run as the evaluators and toboggans were moved into position.

As the competitors skied to the base to catch the Peruvian Express again, several of our group (Pat and Tom Mulvihill and Jeff Plantz), who had gathered to watch the toboggan competition, became potential targets of run-away toboggans. Riding snowboards in deep snow, they were shocked to hear a commotion above and look up to see two "orange missiles" (two sets of stacked Cascade toboggans) coming towards them through the fog. With the toboggans taking an erratic path and the group having limited mobility in the deep snow, they waited until the last minute to take evasive action. Fortunately, the toboggans came to rest without further drama and were secured until help arrived.

A few minutes later, the competitors arrived again at the top of the toboggan course unaware of the recent toboggan "drama". Cannonsburg's team was to go first. In the lead was Bob ("I don't need no stinkin' chain") Anderson. Our intrepid aviator, Don ("slow down, pleeee..ese slow down") Smith was on tail rope. John ("where are we? is it over yet? please let it be over!") Donnelly was in the toboggan along with powder skis and three sets of poles. Visibility continued to be an issue with radio warnings about where to turn to stay on the toboggan course (and not run over a cliff) coming from the on-course judges. The first pitch, though really steep, was handled well. When the team turned left and entered the chute, the pitch increased and the

build-up of thick snow made it difficult to maintain proper position. Though control was not completely lost, the toboggan slipped around a bit and with the extreme pitch and snow accumulating in the toboggan, the passenger slid up into the tracers. Not a perfect run but impressive for a team running a sled in those conditions for the first time.

The Cannonsburg team then had a minute to catch their breath (and collect their wits) and ski down to the OEC portion of the challenge. Bob Anderson took the lead as the first responder and skied down yet another chute to assist a "skier who hit a tree". Working in deep snow (we went first on this part of the Challenge as well), Bob took care of scene safety and initial assessment. After Bob's "radio call" and a standard three minute wait, Don Smith and John Donnelly were released to ski down to the scene to help. Bob had determined that the "victim" had two lower leg injuries (right knee and left tib-fib) and seemed to be intoxicated. Our initial body survey also found two beers and half a bottle of Kahlua as well as the aforementioned injuries

The victim, while responsive, was not very helpful as he was mumbling and vague when asked questions - shortly after the rest of the team arrived, the victim was found to be a diabetic and glucose was provided as his symptoms suggested potential insulin shock. Despite having to "post-hole" a path to a poorly placed toboggan (10-15 feet away) and open up all the equipment (most new in original boxes: e.g. BSI gloves, oxygen regulator), the team stabilized the victim and had loaded the toboggan within the 20 minute time limit. After completing the Patroller Challenge, the group had lunch at the Tram base and spent

the afternoon skiing. Exhausted from their adventure and skiing extraordinary terrain, part of the afternoon was spent attending to sore muscles in various hot-tubs.

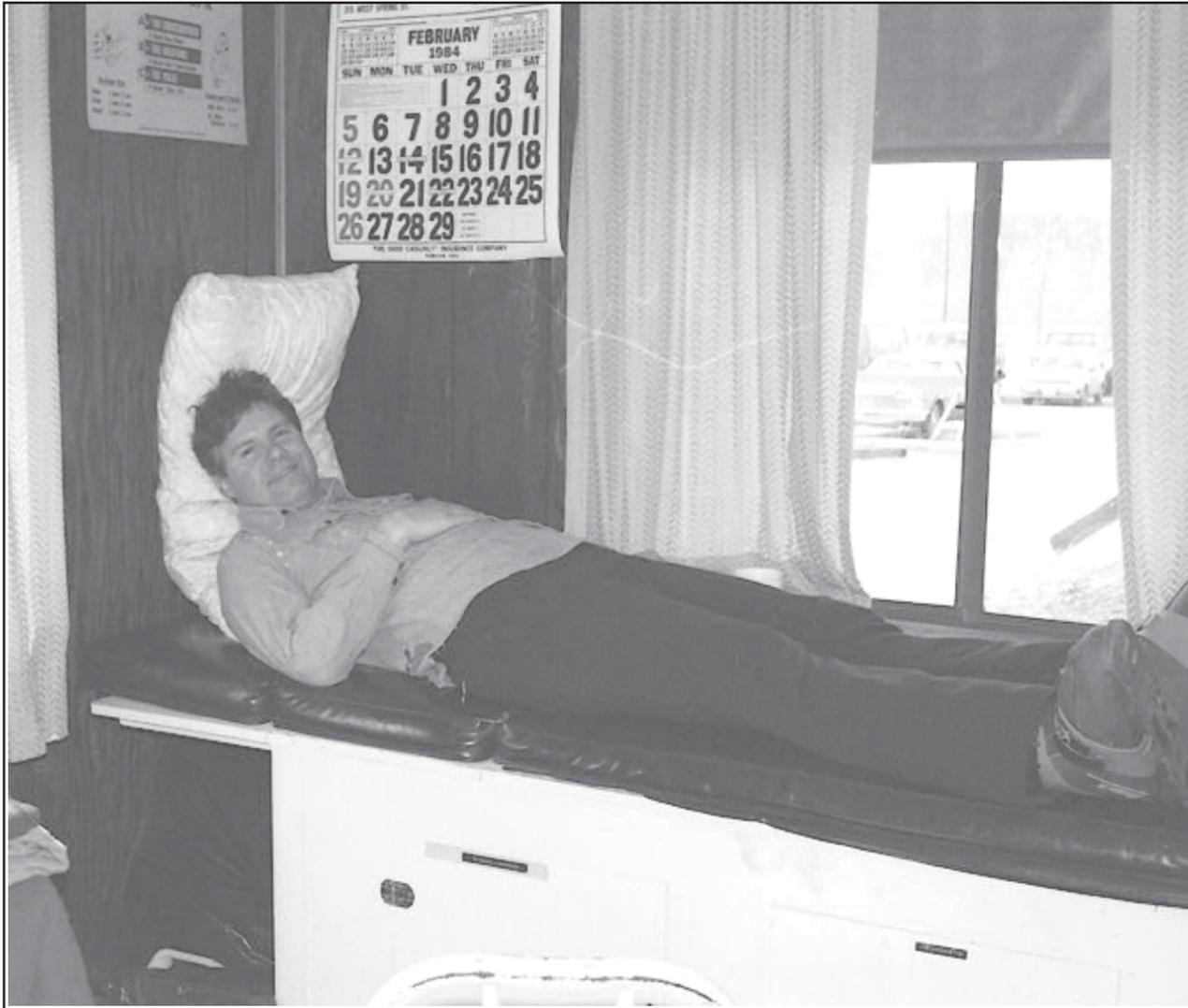
On Friday evening, the NSP Awards dinner was held and the results of the competition were announced. First place went to a team from Snow King, located near Jackson Hole (pro patrollers and smoke jumpers, average age 25). Second place went to a team from Payette Lake (Idaho). Third went to a team of Eastern patrollers (the "Dream Team" - certified patrollers pulled from several areas). After the banquet, we learned that Cannonsburg (average age about 49) had finished fourth - out of the prizes but extraordinary given the terrain and competition.

Snowbird, Day Four: Saturday was a free ski day. The NSP PEC was over and the team had breakfast and hit the slopes early as the temperature was expected to be near or above 50 degrees. After re-visiting the toboggan course for the Challenge, exploring more runs and some experimenting with new on-mountain "hydration techniques" (clearly, some of our group needed to learn key mountain travel techniques such as "don't eat the yellow snow"), the team finished their trip properly "re-hydrating" in the bright sunshine at the Tram base.

On Sunday morning, it was wheels up just before 10 AM (Mountain time) for the return trip. After an uneventful flight with a stop to drop off Jeff in Madison, the team returned to Ionia early Sunday evening - grateful for the adventure and awesome skiing as well as meeting other patrollers and NSP leaders.



Tail Rope



Dave Cobb takes a break from the slopes on a patrol room exam table at Mad River Mountain, OH in February 1984. Check out the cutting edge boots! Thanks to Rick Schieltz for this submission.

Remember to Look Back

Send a digital copy of your favorite old patrol photo to the RPN
 tzimmerman@mitchellmetalproducts.com

**Have not seen your submission featured in Tail Rope?
 Fear Not! Response has been tremendous. Many more photos will be featured
 in future editions, including your favorite!**

2009 - 2010 Central Division Calendar

AWARDS

Date	Region	Location	Description	Contact
2010-02-07	North Central		Major award applications due	Marcia Locher 715 341 8943 rlocher@charter.net
2010-02-21	North Central		Region Awards Electronic Voting Complete	Marcia Locher 715 341 8943 rlocher@charter.net

BANQUET

Date	Region	Location	Description	Contact
2010-04-18	North Central	Waters of Minocqua	Region Spring Meeting and Banquet	David Dahl david.dahl@greenheck.com
2010-05-01	Western Michigan	Cannonsburg	Region Awards Banquet	ajcwwolfer@chartermi.net

DEADLINES

Date	Region	Location	Description	Contact
2009-07-01	North Central		Patrol Reps compile patrol reports	Sarah Hull
2009-08-03	North Central		Patrol reports due to Section Chiefs	Sarah Hull
2009-08-07	North Central		Patrol/Section Section Chiefs to Treasurer	Sarah Hull
2009-08-10	North Central		Treasurer Section report to Region report	Sarah Hull
2009-09-11	North Central		Region report due to Region Director	Sarah Hull
2009-09-15	North Central		Powder Lines Deadline	Tim Zimmerman tzimmerman@mitchellmetalproducts.com
2009-10-11	North Central		Region Report due Division Treasurer	David Dahl 715 536 4705 dcdski@dwave.net
2010-06-01	North Central		Powder Lines Deadline	Tim Zimmerman tzimmerman@mitchellmetalproducts.com

2009 - 2010 Central Division Calendar

MEETING

Date	Region	Location	Description	Contact
2009-10-17	North Central	Ski Brule	Fall Region Board Meeting	David Dahl 715 536 4705 dcdski@dwave.net
2010-04-09	North Central	Chicago	Central Division Spring Meeting	David Dahl david.dahl@greenheck.com

MTR

Date	Region	Location	Description	Contact
2009-09-12	Western Michigan	TBD	MTR 1/Fundamentals	Isnedeker@sbcglobal.net
2010-03-06	North Central	location TBD	MTR 1	Randy Tufts 1 651 330 1052 randytufts@yahoo.com

OEC

Date	Region	Location	Description	Contact
2009-08-02	North Central	Granite Peak	OEC Classes begin	Les Robinson 715 213 2918 llrobins@wctc.net
2009-08-31	North Central	Mt Ripley	OEC Classes begin	Aaron Lalonde 906 482 6091 adlalond@mtu.edu

REFRESHERS

Date	Region	Location	Description	Contact
2009-08-23	North Central	Big Powderhorn	Big Powderhorn Refresher (tentative)	Earl Halverson 1 906 932 0110
2009-09-11	North Central	Bruce Mound	Bruce Mound Refresher	Kaare Tinglestad or Les Robinson 715 213 2918 llrobins@wctc.net
2009-09-12	North Central	Indian Head	Indian Head Refresher (tentative)	Walt Hess
2009-09-19	Western Michigan	Caberfae	Fall OEC and chair evac refresher Open by permission	timkirch@dow.com
2009-09-19	Western Michigan	Bronson Hospital, Kalamazoo	OEC Refresher Timber Ridge / Bittersweet	SFurrow@bangorvikings.org
2009-09-26	North Central	Mich Tech	Mt. Ripley/Mt. Bohemia OEC refresher	Patty Asselin 906 289 4956 paass@mtu.edu
2009-09-26	North Central	Marquette Mtn.	Marquette Mtn. OEC refresher	Jim Grundstrom 1906 228 7194 jimgrundstrom@freichevy.com
2009-09-26	North Central	Ski Brule	Ski Brule OEC refresher	Joe Matuszak 1 920 865 7608 jmt00z@aol.com
2009-10-10	North Central	UW Stevens Point	Section Four OEC Refresher	Keith Robinson 715 569 3831 kbrobins@live.com
2009-10-10	Western Michigan	Cannonsburg	Section II Fall Refresher	Jack_Katerberg@urscorp.com
2009-10-11	North Central	Granite Peak	Section Four Chair Evac Refresher	Keith Robinson 715 569 3831 kbrobins@live.com
2009-10-17	Western Michigan	Crystal Mountain	Crystal Mountain OEC /Chair Evac refresher Open by permission	ghoppe@chartermi.net
2009-10-24	North Central	Norway Mnt	Norway OEC/CPR refresher	Martin Olsen 920 585 0430 molson.wingbone@gmail.com
2009-11-01	North Central	Minocqua Winter Park	Winter Park OEC Refresher	Betty Adams 715 588 7731 mbadams@newnorth.net
2010-01-09	North Central	Granite Peak	Sec 4 On Hill refreshers	Les Robinson 715 213 2918 llrobins@wctc.net

SENIOR

Date	Region	Location	Description	Contact
2009-10-17	North Central	Ski Brule	Optional SEM Workshop	Greg Kerwin 906 226 2431 gkerwin@juno.net
2009-12-01	North Central		Senior Applications Due	uptelegirl@gmail.com
2010-01-10	Western Michigan	Caberfae	Senior Hill Warm Up	MFickSr@steelcase.com
2010-01-16	Western Michigan	Cannonsburg	Senior Emergency Mangement Workshop	Greg Kerwin 906 226 2431 gkerwin@juno.net
2010-01-17	North Central	Ski Brule	SEM Mandatory Pre test for SEM Candidates	Greg Kerwin 906 226 2431 gkerwin@juno.com, Les Robinson 715 213 2918 llrobins@wctc.net
2010-02-20	North Central	Indian Head	Senior SEM and S&T	uptelegirl@gmail.com
2010-02-27	Western Michigan	Crystal Mountain	Senior Hill Bump Clinic	uptelegirl@gmail.com
2010-02-28	Western Michigan	Crystal Mountain	Senior Hill Evaluation	mficksr@steelcase.com
2010-03-07	Western Michigan	Cannonsburg	Senior Emergency Mangement Evaluation	

TESTING/ TRAINING

Date	Region	Location	Description	Contact
2009-11-14	North Central	Granite Peak	OEC Final	Les Robinson 715 213 2918 llrobins@wctc.net
2009-11-21	North Central	Ski Brule	Early Season SES	Joe Matuszak 920 865 7608 jmt00z@aol.com
2010-01-16	North Central	Ski Brule	North Central SES/S&T	Jim Grundstrom 906 228 7194, Joe Matuszak 920 865 7608
2010-01-17	Western Michigan	Bittersweet	Toboggan Enhancement Seminar	strhoda@aol.com
2010-01-24	Western Michigan	Timber Ridge	Ski Enhancement Seminar	dennissueob@aol.com
2010-02-07	Western Michigan	Caberfae	Toboggan Enhancement Seminar	strhoda@aol.com
2010-02-14	Western Michigan	Pando	Toboggan Enhancement Seminar	strhoda@aol.com
2010-02-20	North Central	Ski Brule	Candidate Evaluation	Joe Matuszak 920 865 7608 jmt00z@aol.com
2010-02-21	Western Michigan	Cannonsburg	Section II Basic Hill	Jack_Katerberg@urscorp.com
2010-02-27	North Central	Granite Peak	Sec 4 S & T Evaluation	Keith Robinson 715 569 3831 kbrobins@live.com

OTHER EVENTS

Date	Region	Location	Description	Contact
2009-07-04	North Central	Minocqua Winter Park	Muggy Buggy Run	Betty Adams mbadams@newnorth.net
2009-08-02	North Central	Devils Head	MSAA Meeting	
2009-09-25	Western	Afton Alps ski area	Western Region Fall meeting at Afton Alps	Tom Long
2009-09-26	North Central	Minocqua Winter Park	Wife Carrying Contest	Betty Adams 1715 588 7731 mbadams@newnorth.net
2009-11-21	North Central	Granite Peak	Granite Peak Opens	Les Robinson 715 213 2918 llrobins@wctc.net
2009-12-12	North Central	Ski Brule	Brule Ski Swap	Joe Matuszak 920 865 7608 jmt00z@aol.com
2010-01-30	North Central	Marquette	Nokamegon Ski Race	Jim Grundstrom jimgrundstrom@freichevy.com
2010-02-27	North Central	Hayward, WI	Birkebeiner	Barbara Wheeler bawheelerski@msn.com
2010-03-03	North Central	Minocqua Winter Park	Lakeland Loppet	Betty Adams 715 588 7731 mbadams@newnorth.net
2010-03-14	North Central		Great Bear Chase	Barbara Wheeler 1 906 487 9695 bawheelerski@msn.com
2010-05-17	North Central	Iola, WI	Bump 'n Jump	Keith Robinson 1 715 569 3831 kbrobins@live.com
2010-05-31	North Central		Tesomas Crystal Lake Classic	Keith Robinson 1 715 569 3831 kbrobins@live.com
2010-06-07	North Central	Wausau, WI	Nine Mile Big Ring Classic	Steve Konkel 1 715 675 9263 steven.konkel@gte.net
2010-06-25	North Central	Marquette, MI	Superior Bike Festival	Jim Grundstrom jimgrundstrom@freichevy.com
2010-07-25	North Central	Wausau, WI	Nine Mile 24 Hour Bike Race	Steve Konkel 1 715 675 9263 steven.konkel@gte.net

Calendar Information is Downloaded from The Central Division Web Site at RPN Publication Time. Please Confirm Dates Listed Prior to Participation in Events. The Most Up to Date Division Calendar is Always Available at www.nspcentral.org





2009 CENTRAL DIVISION MEETING
MACKINAC ISLAND

2009 CENTRAL DIVISION FALL MEETING MACKINAC ISLAND, MICHIGAN

September 11-13, 2009

REGISTRATION FORM

Patroller: _____ Patroller Spouse/Guest: _____
 NSP Office: _____ NSP Office: _____
 Home Patrol: _____ Home Patrol: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Cell: _____ e-mail: _____

(All meeting registration confirmations will be sent by e-mail)

	Cost	Quantity	Total \$
MEALS			
<i>Friday Night BBQ Dinner - "Bistro on the Green"</i>	\$35.00		
Saturday Awards Dinner	\$40.00		
<i>Saturday Breakfast & Lunch and Sunday Breakfast are on your own.</i>			
ACTIVITIES AND LOGO WEAR			
Saturday - CPR Refresher	\$15.00		
Saturday - Low Angle/High Angle Rescue	\$10.00		
Saturday - OEC Instructors Recertification	N/C	Please mark the column to the right of each meeting(s) which you plan to attend	
Saturday - Writing Awards and Using Website SharePoint Server	N/C		
Sunday - PR/PD/Breakfast with Division Director	N/C		
Meeting Logo Wear			
Denim Shirt - Women Sizes			
SM _____ MED _____ LG _____ XL _____ 2X _____	\$23.00		
Denim Shirt - Men Sizes			
SM _____ MED _____ LG _____ XL _____ 2X _____ 3X _____ 4X _____	\$23.00		
Fleece - Women Sizes Black <input type="checkbox"/> LakeBlue <input type="checkbox"/>			
SM _____ MED _____ LG _____ XL _____ 2X _____ 3X _____	\$42.00		
Fleece - Men Sizes Black <input type="checkbox"/> Lake Blue <input type="checkbox"/>			
SM _____ MED _____ LG _____ XL _____ 2X _____ 3X _____ 4X _____	\$42.00		
Registration Fee <i>Post Marked Before August 12, 2009</i>	\$15.00		
Late Registration Fee <i>Post Marked After August 12, 2009 - NO EXCEPTIONS</i>	\$15.00		
Please make checks Payable to: NSP - Northern Michigan Region		Total Due	\$

Meeting Logo Wear

All meeting merchandise must be ordered prior to the meeting. There will be no logo wear sales available at the meeting.

Long Sleeve Denim Shirt

The Long sleeve light blue denim shirt is 100% cotton which runs true to size. The mens' shirt has button down collar and left chest pocket. The women's shirt does not have chest pocket or button down collar.

Long Sleeve Fleece

Perfect for those chilly nights on the Island. The long sleeve full zipper front micro fleece jacket is made from 75% recycled polyester fabric. The shoulder and side panels are trimmed with woven recycled fabric and comes with a front zippered pockets. The fleece is sized to wear over a first clothing layer. Available in two colors, Black or Lake Blue.

Mail Your Registration and Check To:

Central Division 2009 Meeting
c/o Candy Jacques
222 S. Dorchester
Royal Oak, MI 48067

For More Information

Contact: Candy Jacques
E-Mail: centraldiv09mtg@aol.com
Phone: 248-398-3379

For Meeting Updates Go To:

www.nspnmr.org

We Look Forward to Seeing
You on Mackinac Island!!!

TRAVEL INFORMATION:

Arriving: (Please check one)

Car Airplane

Arrival Information:

(Transportation will be available from and to the airport)

Date: _____

Arrival Airport: _____

Airline: _____ Flight #: _____ Time: _____
AM PM

Departure Information:

Date: _____

Departure Airport: _____

Airline: _____ Flight #: _____ Time: _____
AM PM